

**OFFICE USE ONLY**

**Grantee Number**

**Age & Opportunity Active National Grant Scheme 2022**

**To Welcome Older People Back to Sport and Physical Activity**

**All relevant sections of this application form MUST BE COMPLETED in full and in CAPITAL LETTERS. We reserve the right not to consider incomplete applications.**

**Late Applications Will Not Be Considered Under Any Circumstances**

*Please read attached terms and conditions carefully. If you require assistance in completing this form, contact* ***Age & Opportunity’s******Active team****.*

*You can also contact your local Health Service Executive Coordinator, Local Sports Partnership (see page 8) or in the case of a sports club, your national governing body* [*https://www.sportireland.ie/national-governing-bodies*](https://www.sportireland.ie/national-governing-bodies)

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| --- |
| **GRANT APPLICATION FORM** |
| **ORGANISATION NAME** |  |
| **CONTACT PERSON** |  |
| **POSITION/JOB TITLE** | *(i.e. Treasurer, Secretary, Physical Activity Leader, Nursing Home Manager, LSP / NGB Coordinator etc.)* |
| **PHONE NUMBER** |  |
| **ADDRESS LINE 1** |  |
| **ADDRESS LINE 2** |  |
| **ADDRESS LINE 3** |  |
| **COUNTY** |  |
| **EMAIL ADDRESS** |  |

Age & Opportunity recognises the impact that Covid-19 has had on older peoples’ participation in sport and physical activity over the last 2 years. Therefore, within this 2022 Grant there are specific allocations aimed at encouraging older people back to sport and their clubs.

We also recognise the impact Covid-19 has had on those living in nursing homes and attending day care settings so we are opening up the grant this year to all public and private nursing homes and day care settings

Sports clubs may apply for up to maximum of **€1,000.**

Nursing Homes and day care settings, both public and private may apply for up to maximum of **€1,000.**

Other grant allocations (e.g. older people’s groups) will be between **€300 and €700**.

Joint applications or applications from Community Development Programmes (CDPs), Local Sports Partnerships (LSPs) etc. that provide wider access to community groups may be allocated funding outside of these limits.

**About your organisation**

**TYPE OF ORGANISATION**

⃝ Active Retirement ⃝ ICA Group  ⃝ Men’s Shed ⃝ Day Care Centre

 ⃝ Nursing Home ⃝ Sports Club ⃝ LSP ⃝ Other (please specify \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_)

Total number of members (or residents) **\_\_\_\_\_\_\_\_\_\_\_\_**

% members under age 50 years: \_\_\_\_\_\_\_\_aged 50-69: \_\_\_\_\_\_ aged 70 or over: \_\_\_\_

Is your organisation located in a designated disadvantaged area (RAPID 1, RAPID 2 or Clár)?

 ⃝ YES ⃝ NO ⃝ DON’T KNOW

**BANKING DETAILS**

It is essential to supply Bank/Credit Union account details (Note: post office accounts are no longer acceptable)

|  |  |
| --- | --- |
| NAME OF BANK / CREDIT UNION  |  |
| BRANCH |  |
| ACCOUNT NAME |  *Account must be in name of the group / organisation not an individual* |
| BIC*(8 digits required)* |  |
|  IBAN *(Full 22 digits required)* |  |

**PUBLIC LIABILITY INSURANCE DETAILS**

It is essential to have public liability insurance covering the activities proposed.

Please confirm if you have the required public liability insurance in place: Yes ⃝ No ⃝

**These grants are designed to support the work of the Active programme, including the network of Physical Activity Leaders (PALs), the development of the Go for Life Games and other initiatives**.

An active PAL is a group member who has taken part in Active PALs training and is regularly leading or helping to organise physical activities with the group.

A CarePAL is someone who has taken part in our CarePALs training and is leading physical activity in a care setting

Is there a PAL in your group? Yes ⃝ No ⃝

Is there a CarePAL in your group/care setting? Yes ⃝ No ⃝

* If yes, year completed PALs/CarePALs training \_\_\_\_\_\_\_\_\_\_
* A member of our group/care setting would be interested in taking part in PALs/CarePALs training

Yes ⃝ No ⃝

**2. Grants**

**Please indicate the purpose for which you are applying for this grant**

□ Participation Event e.g. Go for Life Games/sports day

□ Physical Activity Programme for your group or care setting (please outline duration & participant numbers below)

* Note – this can include Online Activity and Outdoor Activity initiatives

□ Purchase of equipment / resource materials

*Short Mat Bowling equipment will only be considered for joint applications, where it will be shared by two or more groups. A separate application form must be completed by each group involved in a joint application. (Age & Opportunity encourage each group to designate a member to be in charge of cleaning and disinfecting any shared equipment before, during and after all sessions/activities. Groups should minimize equipment sharing, and clean and disinfect shared equipment between use by different people).*

*Audio-visual equipment, exercise machines, clothing or footwear will not be considered.*

**See Page 8 for further details about what will and will not be funded**

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| --- |
| **Describe activity or equipment** |
| **Number of older people who will take part**  |  |
| **Outline costs****(i.e. equipment, tutor, transport, hall hire)** | **€** |
| **Total Grant applied for** | **€** |

**3. Signatories**

I declare that the information given in this form is true and accurate and I accept the conditions relating to grant-aid provided by the Active National Grant Scheme for Sport and Physical Activity for Older People.

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| **CONTACT PERSON** |
| Name: Date: |

*In the case of a joint application for bowling equipment, please list below the other group(s) involved in the application.* ***Each group must complete a separate application form.***

|  |  |
| --- | --- |
| GROUP NAME |  |
| GROUP NAME |  |
| GROUP NAME |  |

*Completed application forms must reach the email or postal address below by* ***12 noon*** *on* ***Friday the 25th February 2022***

Email your application to: **active.grants@ageandopportunity.ie**

If emailing your application form it is not necessary to sign the application or send a hard copy. Or post to:

|  |  |
| --- | --- |
| G:\COMMUNICATIONS\Logos\OUR LOGOS\A&O logos\2018 Refresh CURRENT LOGO FOR USE\A&O Logo for STAFF use\5551 A&O logo_Full Colour.png | **Active National Grant Scheme for Sport** **and Physical Activity for Older People****Age & Opportunity** **St Patrick’s Hall,** **Marino Institute of Education****Griffith Avenue, Dublin 9** |

***N.B. Late applications will not be considered. It is the responsibility of grant applicants to ensure that grant forms are received on time with all details completed. Note that due to the volume of applications we cannot acknowledge receipt of postal applications***

**4. Evaluation Form**

**Note: This section applies only if you received a grant in 2019 or 2020.**

* How much did your group receive in 2019/2020? \_\_\_\_\_\_\_\_
* Did your group spend the full amount granted before December 2021? Y N
* Did your group subsidise the grant with other money? Y N

If so, by how much? \_\_\_\_\_\_\_\_\_

* How did you spend the grant received in 2019/2020?

o PALs equipment o Dance o Swimming/Aqua activities

o Go for Life Games equipment o Facility Hire (Hall/Pool) o Tai Chi

 o Pickleball o Walking Football o Walking Programme

o Aerobics o Pilates o Yoga

o Bowling o Pitch & Putt/Golf o Other

o Cycling o Sportsfest/Sports Event o Go for Life Games event

o Online activity. If so what type of activity?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* How many members of your group took part in physical activities enabled by the 2019/2020 grants? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What % of your group are:

Under the age 50 years \_\_\_\_\_ 50–69 years \_\_\_\_\_ age 70 or over \_\_\_\_\_

What % of your group are male? \_\_\_\_\_\_\_

* Did the grant encourage new members to join your group? If yes, how many?

If no, please put ‘0’

* Did the grant help the group come back together after Covid restrictions eased? Y N
* Do you think the grant made the group feel?

On a scale of 1 – 5 (1 meaning strongly disagree and 5 meaning strongly agree)

More active 1 2 3 4 5

More likely

to engage in physical 1 2 3 4 5

activity again

More connected 1 2 3 4 5

to other people

More visible 1 2 3 4 5

in our community

More confident 1 2 3 4 5

* Apart from activities funded by the grant does your group take part in regular physical activity together? Y N
* If yes, is this regular physical activity led by a member of your group? Y N N/A

* If yes, how often does your group take part in regular physical activity together?

**Pre-Covid**  **Post Covid**

o Once a week o Once a week

o More than once a week o More than once a week

o Once a month o Once a month

o More than once a month o More than once a month

* Did your grant/initiative target people with disabilities? Y N
* Is there anything else you’d like to share about the grant?

|  |  |  |
| --- | --- | --- |
| **Age & Opportunity Active** isfunded by Sport Ireland and the HSE. |  |   |

**5. Key contacts**

**If you require assistance completing this form, contact the Active Programme team:**

* **Sue Guildea**, Active Programme Manager
* **Paul Gallier**, Active Programme Assistant Manager
* **Ciara Dawson**, Active Programme Administrator
* **T:** (01) 805 7733 / **Website:** [www.ageandopportunity.ie](http://www.ageandopportunity.ie)

**You can also contact your local ●Health Service Executive Coordinator or your ▲Local Sports Partnership:**

**Carlow**
**●**Olive Fanning

(059) 914 3630

▲Deborah Foley
(059) 913 6207

**Cavan**●Colm Casey
087 681 1197
▲Dean McElroy
(049) 437 8582

**Clare**●Geri Quinn
(065) 686 5837
▲John Sweeney
(065) 686 5434

**Cork**●Shirley O’Shea
(021) 492 1641
**▲** Claire Hurley

 (021) 434 7096

**Donegal** ●Lynda McGuinness (074) 910 9114

▲Karen Guthrie

(074) 911 6079

**Dublin Dublin City** ▲Catherine Flood

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**Dublin North** ●Mary Scales (01) 6465077

**Dublin South** **East ●**Michelle Hardie Murphy

(01) 268 3143

**Dublin South ●**Aine Buggy

087 3636084

**Dun Laoghaire-Rathdown ●**Michelle Hardie Murphy

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**▲**Shane McArdle (01) 271 9507

**Fingal
▲**Caitriona Geraghty
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**South County Dublin
●**Aine Buggy

087 3636084 **▲**Thomas McDermott
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**Galway
●**Paul Gillen
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**Galway City
▲**Jason Craughwell
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**Kerry**●Anne Culloty
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**▲**Cora Carrigg
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**Kildare
●**Aine Buggy

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**▲**Syl Merrins
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**Kilkenny**●Teresa Hennessy
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▲ Seamus Kenny
(056) 779 4990

**Laois** ●Clodagh Armitage (057) 935 7824
▲Caroline Myers (057) 867 1248

**Leitrim** ▲Patricia Forde
(071) 965 0498

**Limerick** ●Bedelia Collins

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▲Tracy Mahedy (061) 333 600

**Longford**●Clodagh Armitage
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▲Donal Mulligan
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**Louth**●Carmel Halpin
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▲Triona Faapito
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**Mayo**●Paul Gillen
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**Meath** ●Carmel Halpin
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**Roscommon**●Paul Gillen
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**Sligo**
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**Tipperary**

●Catherine O’Loughlin
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**Waterford**●Susan Scully
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**Wicklow**
**West Wicklow**
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 087 3636084

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●**Michelle Hardie Murphy

(01) 268 3143

▲Denise O’Shea

0404 20100

**please refer to the Terms and Conditions document accompanying this application form.**

**Terms and conditions are also available on** [**www.ageandopportunity.ie**](http://www.ageandopportunity.ie)