



**CYCLING
IRELAND**

Coach Developer

Application Information

2023

Cycling Ireland Coach Developer

Main duties and responsibilities

Course delivery

- Deliver Cycling Ireland's Coaching and Instructor pathway suite of courses; Foundation, Level 1, Level 2, TCL, MBL, Nightriding, Tandem, Handcycle, Balance Bike, Sprocket Rocket, Rider Leader and CPD courses.
- Prepare and deliver high quality courses in accordance with the Cycling Ireland course content.
- Observe and evaluate coaches/instructors/leaders and provide constructive feedback.
- Plan and facilitate group tasks to help coaches/instructors/leaders discuss, learn, challenge and share knowledge and ideas.
- Use modern delivery methods, IT and resources to deliver the courses.
- Co-deliver courses where required providing structured development to trainee Coach Developers.

Mentoring and Coach/Instructor Support

- Where required act as a mentor to coaches/instructors/leaders to support them post course.
- Provide coaches/instructors/leaders with information and support on developing their personal development plan and pathway progression.

Course development

- Where required provide feedback into the Education and Development Team to help develop Cycling Ireland's courses.
- Where required support the Coach Education Manager in developing CPD Modules and reviewing course content and delivery.
- Attend any coach developer workshops and meetings as required.

Continuous Professional Development (CPD)

- All Coach Developers are expected to continuously reflect on their course delivery skills and develop where necessary.
- Attend any further training provided by Sport Ireland Coaching or Cycling Ireland.
- Cycling Ireland recognises that our Coach Developers are a valued asset and we wish to support progression and development. Coach Developers will have access to Sport Ireland CPD courses and modules and will be entitled to attend any other Cycling Ireland training courses free of charge.

Administration

- Engage with learners during course via the Candidate Management System (TahDah).
- Using TahDah monitor and support assigned coaches/instructors/leaders.
- Marking and assessing assigned coaches/instructors/leaders coursework.
- Ensure all paperwork is completed within the Cycling Ireland course deadlines so that all coaches/instructors/leaders complete the course.

- Submit Coach Developer fees and expense claims on Webpos with one month of the course completing.

Reports to: Coach Education Manager at Cycling Ireland

To apply email Roisin on coaching@cyclingireland.ie

Closing date for application is the 14th of November 2022.

Personal specification

Experience and qualifications

- Current Cycling Ireland licence holder
- Cycling Ireland Level 2 Coaching Course preferred, hold the qualification of the course delivering as a Coach Developer (as a minimum).
- Evidence of significant commitment to best practice coaching methodologies either in Cycling or another sport.
- Sport Inclusion & Disability Awareness [Workshop](#) (Recommended)

Knowledge

- Up to date knowledge of the Cycling Ireland coaching pathway.
- Up to date knowledge of the Cycling Ireland course content.

Skills

- Plan and deliver coaching material to a range of abilities.
- Ability to work with a variety of groups and facilitate group learning.
- Excellent IT skills - CI utilises TahDah for online tasks needed for courses.
- Creative, innovative and adaptable in group delivery.
- Proven leadership and organisational skills.
- Excellent communication skills.
- Evaluate written and practical material and provide constructive and appropriate feedback.

Time commitment

- Most Cycling Ireland courses are delivered on weekends and some weekdays.
- Preparation and coach/instructor/leader support leading up to and during a course is essential and a Coach Developers must be able to dedicate substantial time to this and maintain a high level of communication with Cycling Ireland staff and course attendees.

- Once assigned to a course is it the Coach Developers responsibility to ensure they can attend all course days.
- Coach Developers will be expected to deliver at least 2 courses per year.
- Coach Developers will be expected to provide coach support once a course is completed where required.
- Courses are held nationwide and Coach Developers may need to travel. However, Cycling Ireland will endeavour to allocate courses to those who live in near proximity if possible.

Coach Developer fees and course details

Course Structure as below. Please note that these courses may take place over several weekends or several evenings. Coach Developer course payments will commence once Cycling Ireland has received all paperwork and learners are signed off by Sport Ireland Coaching.

Course	Duration/contact time	Online work	CD fee
Foundation	1 Day (8 hours)	Pre and post course engagement via TahDah.	€250
Level 1 Discipline Combined*	1 Day (7 hours) online delivery, forum support and mid-point assessment/revision. 2 face to face days (16 hours) 1.5 days in-situ assessment (12 hours)	Online modules on Zoom. Significant pre, during and post course corrections and engagement via TahDah, up to 6 weeks post course.	€1,165
Level 2*	TBD	TBD	TBD
Trail Cycle Leaders	3 days (24 hours)	Significant pre, during and post course corrections and engagement via TahDah, up to 6 weeks post course.	TBD
Mountain Bike Leaders	5 days (40 hours)	Significant pre, during and post course corrections and engagement via TahDah, up to 6 weeks post course.	TBD
Ride Leader	1 Day (8.5 hours)	None required.	€250
Sprocket Rocket*	1 Day (6 hours)	None required.	€200
Cycle Right	16 hours of theory - 90mins x 9 2 days practical (16 hours)	Blended learning, online through Zoom.	€50 sessional €250 daily

Tandem	0.5 day (4.5 hours)	Blended learning through Zoom.	€180
Handcycle*	0.5 day (4 hours)	Blended learning through Zoom.	€180
CPD modules	1 day (2 - 8 hours)	Some pre course engagement.	€70-€250

*these courses are currently under review in light of product testing or the development of new programmes

Mileage can be claimed on Webpos for all courses aligned to the public sector guidelines, as below.

Distance band	Engine capacity up to 1200cc	Engine capacity 1201cc - 1500cc	Engine capacity 1501cc and over
Up to 1,500 km (Band 1)	37.95 cent	39.86 cent	44.79 cent
1,501 - 5,500 km (Band 2)	70.00 cent	73.21 cent	83.53 cent
5,501 - 25,000 km (Band 3)	27.55 cent	29.03 cent	32.21 cent
25,001 km and over (Band 4)	21.36 cent	22.23 cent	25.85 cent

Senior Coach Developer fees

Where a more experienced Coach Developer co-delivers a course to help facilitate a Coach Developer in training, an additional €50 can be claimed. For example, at a Ride Leader course, a Senior Coach Developer can claim €300 if a Coach Developer trainee is co-tutoring and that person receives support and feedback.

Sport Ireland Coaching - Coach Developer Training Programme | 2023

The Coach Developer programme is an external course delivered by Sport Ireland Coaching. The Certificate in Sports Coach Development develops the knowledge, skills and competencies needed to develop and support sports coaches as part of a National Governing Body (NGB) coach development programme. You must be available to attend all the course dates. The course is a mixed sport course with a wide variety of other National Governing Bodies attending.

Cycling Ireland will cover the cost of the course itself, travel to Limerick and accommodation if required for the duration of the course. Upon completion of the Sport Ireland Coach Developer programme, Coach Developers will undertake a work placement with Cycling Ireland to gain experience in course delivery and will be expected to support and deliver at several Cycling Ireland coaching courses as part of the Sport Ireland Coaching programme before you are assessed and signed off to deliver courses.

Successful completion of this programme enables a Coach Developer to deliver the entire suite of Cycling Ireland courses.

Sport Ireland Coaching - Coach Developer Programme Dates (Limerick)

The programme will begin on 28th August 2023 with the face-to-face elements taking place on the following weekend dates:

- 16/17 Sept 2023
- 14/15 Oct 2023
- 11/12 Nov 2023
- 9/10 Dec 2023
- 6/7 Jan 2024

Sport Ireland Coaching - Coach Developer Programme Dates (North of Ireland)

Cycling Ireland have been working with Sport NI to deliver a programme in the north of Ireland, the weekend dates are as follows:

- 4/5 Feb 2023
- 18/19 Mar 2023
- 22/23 April 2023
- 6/7 May 2023 (Coach Developer Assessing could run in conjunction)
- 3/4 June 2023

Cycling Ireland – Coach Developer training (online)

Cycling Ireland have also developed online training as preparation for completing the Sport Ireland Coach Developer Programme, the weekday evening dates are as follows:

- 29 Nov 2022
- 13 Dec 2022
- 18 Jan 2023
- 24 Jan 2023

Completion of CI training enables a Coach Developer to deliver courses that do not sit on the QQI framework e.g. Sprocket Rocket, Ride Leader, Tandem, Handcycle and CPD modules.

Application Process

Please send a covering letter detailing how your experience, qualifications, knowledge and skills meet the personal specification. Also, why you would like to be a Coach Developer and which courses you are interested in delivering.

Please send by email to coaching@cyclingireland.ie . Closing date for applications is the 14th of November 2022. Candidates will then be shortlisted and informal interviews are expected to take place via Teams.