

		CONTENTS
		CEO Message4 FIN
SEINE IN TORY	FACTO FACTO	GOVERNANCE Governance & Ethics Committee 7 Audit, Finance & Risk Committee 8 High-Performance Management Group 10 People & Culture Committee 11 Youth Working Group 12 Technical Working Group 13 Advocacy & Participation Working Group 14 High Performance 15 Safeguarding & Anti-Doping 18 Safeguarding 20 Anti-Doping 23 Boa Partcipation 24 Events 32 Membership 34 Coach Education & Development 36 Marketing & Communications 38

FINANCE

Audited Accounts	43
Financial Overview	7 3
Provinces & Commissions	83
Leinster	84
Ulster	8
Munster	80
Connacht	8
BMX Commission	8
Off-road Commission	90
Paracycling Commission	9
Track Commission	9
Women's Commission	94
Leisure Commission	90
College of Commissaires	9
Board Attendance	99



It was an honour to be appointed as CEO last June and now ten months in the role, I feel Cycling Ireland is moving in the right direction with the support of its members, volunteers, staff and Board.

Going forward, I want us to be a value led organisation. In the coming months we will commence a process to build a new strategy which I believe needs to highlight what we, as an organisation, stand for.

To me, the most important of area of the organisation in the last ten months that has stood out is the passion and commitment of the volunteers we have within Cycling Ireland. The volunteers in each discipline are so dedicated, it's clear the organisation owes every one of them a debt. I have seen this first hand at every event, commission meeting and provincial meeting I have attended. I want to pay tribute to all who support Cycling Ireland. My commitment is to be open and transparent by listening to any issue that comes up. As a team we will do our best to improve as we move forward.

I also want to thank my staff team who have had a couple of tough years and we have been rebuilding steadily in the last six months. Some talented staff moved on last year, but I believe the staff team we have and are building, will move us to the next level in terms of supporting the organisation in the years ahead.

I also want to acknowledge the work of the Board, subcommittees, provinces and clubs without their support and challenge we would not be moving the right direction.

My initial role when I started was to try and stabilise the financial situation and support governance improvement. With the help of the Board, support from provinces and members we achieved unanimous support for the new constitution last October. Thanks to all provinces for advice and robust discussion. Our aim is the same, we want to support members, clubs and to grow our membership. By implementing a new constitution and commission changes it will allow Cycling Ireland to modernise and improve our processes and governance. It will also allow us to expand and grow in the years ahead. Thanks to all the members who contributed in some very heated and passionate debates, the aim always is to try and achieve the best for Cycling Ireland and its members all over the island.

A lot of my work has been focused on system improvement and creating leadership in the organisation. I believe by taking this approach it will strengthen us in 2024 and beyond. There will be some exciting support announcements in the months ahead such as development officers in each province. We have updated numerous systems and processes and while not everything is where we want it yet, it is moving the right direction in all departments.

I know we have a challenge to improve communication and get all our membership to have confidence, but we are listening and looking to improve every day. I want to give all members a sense of ownership of the organisation in the years ahead. I can assure you that the staff team we are building will make us one of the top NGBs in the country.

2024 is a big year in sport in terms of the Olympics and Paralympics and I wish everyone well at those events and all other competitions events in 2024.

I also want to give a commitment that we are engaging with government agencies in areas such advocacy, road safety, education and Coilte land issues. Road safety is a key area we will be advocating for in 2024 and an advocacy group is now in place, and we want to support all cyclists to feel safer on the roads in the years. We will actively engage with all other stakeholders to give cyclists a proper voice. This includes working with the Garda, PSNI, RSA and government department north and south.

Another area I wish to mention is our schools' programs which delivers courses to over 30,000 schoolchildren, this is something we wish to highlight and grow further in 2024.

I hope you will support me and my team as we build a stronger quality and more efficient organisation in 2024 and beyond.



James Quilligan Chief Executive



GOVERNANCE & ETHICS COMMITTEE

Where requested by the Board of Cycling Ireland, the Committee have been available and provided opinion on Governance and Ethical related matters for consideration by the Board of Cycling Ireland in line with the agreed Terms of Reference.

The committee also assessed nomination forms for Board Director positions for the 2023 EGM and the 2024 AGM to ensure completeness and compliance with the requirements as set out in the Cycling Ireland Constitution.

The next steps for the Committee are to review and update the Dispute Resolution and Disciplinary Procedures and work with the Cycling Ireland Executive and Provincial Associations in ensuring their own Governance Structures and Procedures compliment the Cycling Ireland model.

Gary McIlroy

Chairperson, Governance and Ethics Commitee

Following on from the September 2023
AGM where the new Cycling Ireland
Constitution was unanimously adopted by
the delegates present, the Governance and
Ethics Committee have been monitoring
the organisation and ensuring enough
time was being allowed to allow the
policies and procedures to bed in ensuring
the organisation was comfortable
operating under the new requirements.

The Committee provided oversight over the proceedings of the EGM in November 2023 and assisted the Executive in the preparation of the follow up governance audit by the KOSI Corporation on behalf of Sport Ireland in March 2024. At the time of writing the audit process is still underway.

MEMBERS OF COMMITTEE

POSITION	NAME
Chairperson	Gary McIlroy
Secretary	Myra McGlynn
Member	Marian Lamb (Resigned January 2024)
Member	Helen Kerrane (Appointed June 2023)
Member	Aillil O'Reilly (Appointed July 2023)
Member	Niall Buckley (Appointed July 2023)
Member	Catherine Mahoney (Appointed March 2024)

AUDIT, FINANCE AND RISK COMMITTEE (AFRC)

TERMS OF REFERENCE

The Audit Finance and Risk Committee was established by the Cycling Ireland Board on the 25th of April 2022. The Committee's Terms of Reference were reviewed and updated earlier in 2024. All members of the AFRC have accounting, finance, governance and/or risk experience garnered in industry and in sport. Under the AFRC Terms of Reference, the role of the Committee is to support the Board in their responsibilities for issues of risk, control and governance and associated assurance through a process of constructive challenge.

FINANCE

During the course of the year, the AFRC was focused on ensuring that there was sufficient cashflow in the business to enable it to function properly. This concern arouse from both a timing mis-match between membership receipts and operational outgoings as well as the significant professional fees which were expended arising from the governance issues of 2020/21 and resulting litigation. A weekly call with the Interim CEO, CEO, CFO and the Officers was instigated by the Chair of the AFRC to ensure full information was available at all times and that remedial strategies were being developed and actioned. Financial stability was achieved through a number of actions taken in conjunction with the Executive leadership, the most significant of which was the attainment of a five year loan facility from Bank of Ireland. Strategies to avert a similar position have been put in place.

FINANCE STRUCTURES

The latter half of the year was focused on bringing further structure to the Finance function and embedding a more stringent financial controls process and a new budgeting process within the organisation, which involved education of staff on the new methodologies together with the benefits they could bring. The outflow from that work meant that the company achieved a better understanding of its inflows and outflows and the timing of obligations. The benefits of this work were seen immediately in the better-than-expected financial position at year end 2023 and with the early preparation of Budget 2024. Departments are now better empowered to manage their own budgets and with that comes appropriate corresponding accountability and the staff have risen to the challenge. Similar budgeting mechanisms were also rolled out to the Commissions and Provinces who have been very supportive. Work continued on improving other internal controls and the Finance Department is now at full strength again with the engagement of a new Finance Manager.

AUDITED ACCOUNTS 2023

An AFRC meeting was held on April 18th to review the Financial Statements. The external auditors, OSK, were present at the meeting.

CFO Tom Rushe presented a summary of the accounts along with commentary on the improvements in the process compared to 2022.

OSK then gave a detailed presentation to the committee. This was an interactive meeting with committee members asking several questions of OSK and the CFO. OSK noted that this year's audit process was the most straightforward they had undergone ever in Cycling Ireland.

No significant difficulties were encountered during the audit. A Letter of Representation was signed on behalf of the Directors prior to the audited accounts being issued. The Audit Opinion was unqualified.

The Audited Accounts for 2023 were prepared noticeably earlier than in 2022 as the organisation strives to align with the reporting period to government stakeholders and to bring earlier information to the membership. The structure of the 2023 accounts mirrors those the preceding year with an emphasis on transparency and accountability in line with best industry practice.

Both OSK and committee members expressed satisfaction with the financial results and financial stability of the organisation, confidence in the accuracy of the numbers, and the overall process.

The committee unanimously recommended that the financial statements should be sent for Board approval.

WORKPLAN

The AFRC held ten meetings during 2023. The cashflow issue at the beginning of the year consumed a considerable amount of AFRC time.

Concerted efforts to embed the new budgeting process across the Company are bearing fruit and will continue to be developed and improved as new systems are considered.

A new simplified nominal ledger structure is being implemented in 2024. The existing structure is far too complicated and can result in booking errors. In addition to reducing the risk of errors, the new structure will improve the management reporting process.

Financial policies will be rewritten and consolidated into a much simpler and practical format.

RISK

The AFRC is also tasked with advising the Board on strategic processes for risk mitigation and management, control, assurance, and governance. A new risk framework was agreed which ties into the Risk Management Policy of the Company. There will be an ongoing review of

Company financial policies and procedures during the year as part of the risk management process.

The Finance Department has highlighted the need for an accounting system which is more bespoke for an NGB and could offer potential improved accuracy, efficiency, compliance, and financial transparency. The existing accounting system while relatively new is cumbersome. This matter is being reviewed by the Executive.

The ongoing loan repayment continues to be a priority for the Company and supplemental strategies to increase revenue and manage expenditures will continue to be a priority for the coming year.

AUDITORS

OSK were reappointed as the Company auditors by the Board for the period 2023 - 2026 at the 2023 AGM.

My thanks to all the Members of the AFRC, the CEO, CFO and Finance team for the considerable work done in 2023.

Susan Aheri

Chair, Audit, Finance and Risk Committee

MEMBERS OF COMMITTEE

POSITION	NAME
Chair (CI Independent Board Director)	Susan Ahern
Member (CI Board Director and Treasurer)	William Byrne
Member (Independent)	Paul Sanders
Member (Independent)	Jane Ryan Murphy

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HIGH-PERFORMANCE MANAGEMENT GROUP

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PEOPLE & CULTURE COMMITTEE



The terms of reference for the High Performance Management Group were created in summer 2022 and published on the Cycling Ireland website. Recruitment for the group began at this time also. By Quarter 4, the group had been composed, and all signed the conflicts of interest and Board/Sub Committees confidentiality agreements.

The first meeting took place on 19th November, and in accordance with the terms of reference, has continued to meet quarterly since; 26th January, 17th April, 24th July and 6th November. All meetings have been online via Teams.

Each meeting is preceded with an agenda approximately two weeks prior. Each meeting lasts around two hours, and minutes taken and is also recorded. The group share a Teams channel for files and minutes. Minutes are shared within two weeks of the group meeting.

Each meeting will have an update from the Chairperson, and the High Performance Director (HPD) and is generally followed by the discussion of prevailing key topics that the HPD would like input or feedback on. To date, topics have included HP pathway and talent ID, selection policy, athlete voice, and athlete reviews.

The expertise within the group is extremely significant and wide-ranging across the domestic and international sporting landscape and has proven exceptionally valuable in support of the HPD and the work of the High-Performance Unit.

To date, no costs have been incurred by the HPMG.

Iain Dyer

High Performance Director

MEMBERS OF COMMITTEE

POSITION	NAME
Chair	Pierre McCourt
Board Rep	Conor Campbell
High Performance Director	Iain Dyer
High Performance Admin Manager, Ex-officio notes	Elizabeth Devaney
Member	Simon Jones
Member	Jon Wiggins
Member	Rachael Mulligan
Member	Laurence Birdsey
Member	Paul Doyle
Member	Urban Monks

This report provides a brief summary of the work undertaken by the People and Culture Committee (PCC) since it last reported on its activities in September 2023.

In December 2023, the Board approved the appointment of David Long to the PCC. David is Director Global Learning Solutions at Johnson and Johnson and his specialities include human resources, training and development and organisational development. The PCC was delighted to welcome David to the PCC and to benefit from his considerable experience and expertise.

The PCC carried out a formal performance review of the CEO and reviewed draft KPI's for 2024.

The PCC agreed that a Culture Survey would be completed as part of the Strategic Plan review.

The PCC was delighted with the progress made by the CEO to secure new offices for CI. This was an item previously discussed by the PCC and flagged as an area of concern.

The PCC has organised for Board training in April 2024, which will be delivered by an expert in good governance. The PCC also agreed to offer an additional governance workshop for all Sub Committee and Working Group Members in Quarter 2 2024.

In January 2024, Conor Campbell stepped down from the PCC due to his involvement in other CI committees and the PCC was delighted to welcome Catherine Mahoney, Board Member, who was appointed to the PCC.

Louise Reilly

Chairperson, People and Culture Committee

MEMBERS OF COMMITTEE

POSITION	NAME
Chairperson	Louise Reilly
Secretary	Myra McGlynn
Member	Lauren Myers
Member	David Long
Member	Catherine Mahoney

YOUTH WORKING GROUP



TECHNICAL WORKING GROUP



In the absence of a Youth Commission, it was decided to establish a Youth Working Group, comprising of two staff members and two representatives from each province. The group is tasked with areas concerning members U16 and younger in both the competitive and noncompetitive space, across all disciplines.

The purpose of the Youth Working Group remains as follows:

- To discuss initiatives and ideas that will aim to increase participation in youth cycling.
- To discuss ideas on how we can support of clubs and youth members to retain them as they progress into junior and senior ranks.
- The creation of a Youth National Road Series.
- Assist staff with the promotion of youth initiatives in their regions.

The group continue to meet on a monthly basis to address any issues as they arise.

MEMBERS OF COMMITTEE

POSITION	NAME
Co-Chairperson	Paul Norton
Co-Chairperson	Aaron Johnson
Member	Daire Feeley (Connacht)
Member	PJ McTavish (Connacht)
Member	Liz Roche (Leinster)
Member	Colm Sevastopulo (Leinster)
Member	Anthony Tancred (Munster)
Member	Dan Curtain (Munster)
Member	Pamela Ward (Ulster)
Member	Sean McCourt (Ulster)

Following the confirmation that staff members should not be part of any commissions or appointed groups the Technical Working Group (TWG) was reconstructed to reflect this change – in line with this we have been able to bring the TWG to a 50/50 gender balance which meets with Company Policy and direction.

The purpose of the Technical Working Group remains as follows:

- To provide insight to the CEO, through the Sports and Operations Director, that ensures the management and strategic development of each of the Cycle Sport Disciplines is reflected in their technical regulations.
- To carry out tasks as indicated in the current Cycling Ireland Regulations, including reviewing, and acting on proposed new Regulations, National Championships or National Records.
- The Technical Working Group is a Working Group of Cycling Ireland, made up from knowledgeable experts, and as such holds no voting rights at any Cycling Ireland meeting.

The group continue to meet regularly to address any issues as they arise.

MEMBERS OF COMMITTEE

NAME
Anthony Mitchell
Jack Watson
Melisande Reade
Laura Wilson

ADVOCACY & PARTICIPATION WORKING GROUP

The Advocacy and Participation Working Group (AP-WG) was established by the Board in January of 2023 following the adoption of a draft terms of reference. The group has developed an advocacy and participation policy to enable Cycling Ireland to address the topics which members, and the general public, see as barriers to everyday cycling and participation in non-sporting events. These topics are addressed in a charter document which will be continually refined and developed.

The most significant issues addressed and discussed by the group are safety and the low levels of non-sport cycling across the Island of Ireland.

WORK AND ACTIVITIES TO DATE

Across 2023, the group met with the aim of finalising the policy and charter documents. The policy and charter set out the position of Cycling Ireland in relation to topics such as safety, traffic policing, active travel priority, legal protection, speed limits, as well as a variety of other areas. The policy and charter were adopted by the Board of Cycling Ireland in December 2023.

In addition to the work on policy, the group also acts as an advisory group to the board and executive on topics relating to everyday cycling, media advocacy and participation.

The group has also met with Cycling Clubs and continues to encourage feedback and input from members.

FUTURE WORK AND ACTIVITIES

As the Group have now completed the policy and charter documents, we are actively working with the Executive to launch the policy and charter to members, clubs and the public. We recognise that the accelerated deterioration of road safety in Ireland must be addressed, and Cycling Ireland must advocate for their members in this regard. The AP-WG expects that the launch of the policy and charter will attract significant attention as the topics addressed are important to members and the general public.

We are also working on methods to have the charter topics reviewed by experts to ensure all areas addressed have evidence-based actions.

In addition, the group has requested the Executive to assess the viability of resourcing consultation with members, clubs and the public.

The group will also work to assess the viability of a media campaign to support our members and inform road users of the safety issues, language used in the media and other topics of relevance.

Anluan Dunne

Chairperson, Advocacy and Participation Working Group

MEMBERS OF COMMITTEE

POSITION	NAME
Chairperson	Anluan Dunne
Member	Paul Norton
Member	Helen Kerrane
Member	Claire Young
Member	Joanna Gray
Member	John Greene



2023 has been a period of considerable evolution in the High Performance Unit (HPU) following a fresh start in 2022. The HPU is building a stronger organisational structure, and the team has delivered performances to be proud of.

ORGANISATION

Following a 2023 season which saw us strengthen our High Performance (HP) Pathway with the appointment of Michael Black as HP Development Coach, we were delighted to receive funding from Paralympics Ireland for a similar post within the Para-cycling Programme. This four-year sliding funding model is a very welcome initiative backed by Sport Ireland.

Recruitment was a positive experience with some strong candidates and after a two stage process, we were excited to appoint former tandem pilot Marcin (Martin) Mizjasgski who commences his post in February 2024.

Long time colleague Susan O'Mara left Cycling Ireland (CI) at end of 2023 to take up a similar position with UAE professional team. We would like to thank Susan for her hard work for CI and the HPU for the last decade. Just recently we have been able to appoint Sean Lally in the newly defined role of Service Course Co-ordinator, and Sean will start with us in March 2024.

The High-Performance Management Group saw out the year with their final meeting in Quarter 4 2023. The topics of the year under the most discussion proved to be Pathway and long term athlete development, and also strategic vision, mission and values ahead of the strategy refresh for 2024. The group has demonstrated how valuable it's support, and expertise have been for the High Performance Director throughout the year, and the HPU is extremely grateful to the members and chair of the HPMG in giving up their time to contribute to our programme

FINANCE

At the conclusion of 2023 we were very satisfied to deliver the HPU programmes on budget. We could reflect on some very challenging and expensive events that we attended, many part of the Olympic and Paralympic Cycle, and be proud that we delivered strong support to our representative riders and teams.

There's no doubt considerable challenge remains in the forthcoming seasons to budget well and maintain firm control of our expenditure, which will involve difficult decisions regarding event attendances and team sizes.

OPERATIONS

At the time of the last AGM report the season had begun to draw to a close and we were already delivery training and racing activity that was focussing on the 2024 season.

The final championship of 2023 for the HPU was the UEC European Championships in Drenthe, Netherlands, covering Junior, U23 and elite categories for male and females. We had a good number of top 10's within the age group categories and a few more just outside, but in often challenging conditions didn't manage to find the podium on this occasion.

The track team had a very short turn around to be ready for January's European Track Championships, so had a winter training camp followed by a Grand Prix in Grenchen mid-December for the bunch racers.

Led by Martyn Irvine we once again delivered a successful MU23 training camp in Calpe in December with funding secured by the Sport Ireland Impact funding grant earlier in the year.

In the HP Pathway space Michael lead on the pathway stakeholder consultation in Quarter 4 of 2023. We were delighted to have received 98 respondents including riders, parents, coaches, clubs, commissions and provinces. It's been a significant body of work to assimilate the data and compile our findings. The emerging themes will be shared with stakeholders, and working groups formed with the aim of developing a new HP Pathway strategy for 2025.

The Athlete Development Programme (ADP) was refreshed ahead of a new intake for Quarter 4 2023 and sees nine junior riders across different disciplines on board for the year. They get to experience physiological testing and input, nutrition analysis and guidance, advice on performance lifestyle skills, input on psychology and strength and conditioning across a range of activities in person and online. Those that were unsuccessful in their application for the programme also have the opportunity to join for some of the online activities as well throughout the year.

Olympic qualification has concluded in road racing and time trial for Paris 2024. We have earned two male quota spots in the road race, and one in time trial, and for the first time since 2000 we have earned a quota spot for the female road race also. Qualification continues for the track programme through to Quarter 2 of 2024, and the same for the Paralympic Programme in both road and track.



male road race

female road race

JUNIOR RIDERS IN NEW ADP INTAKE

98
RESPONDANTS TO
PATHWAY
STAKEHOLDER
CONSULTATION

All are tracking well towards their projected targets.

STAKEHOLDERS

Much of the conclusion of Quarter 4 2023 was spent engaging with our key stakeholder funding partners including Sport Ireland and Sport Northern Ireland (SNI), and Paralympics Ireland regarding HPU funding applications and carded athlete programmes for 2024 and beyond. SLA's have been confirmed with Sport Ireland Institute and Sport Northern Ireland Sports Institute.

The multi-annual funding from SI remains in place, and the conclusion of our HP funding application to SNI will be known towards the end of Quarter 1 2024. Paralympics Ireland have increased their support to the programme for 2024.

There will also be opportunities to apply for Impact funding from SI during Quarter 1 of 2024, and the potential for additional funding for coaching roles. The HPU at CI is grateful for the continued support of our stakeholders in both the funding and delivery of our programmes, and we greatly appreciate the support and assistance we receive from Spin11, Kinetica, and Gym+Coffee.

2023 PERFORMANCES

There were many outstanding performances in Glasgow and surrounding areas, however most notable were Linda Kelly and Katie George Dunlevy's double Gold in the WB Road Race (RR) and Time Trial (TT), Ronan Grimes' Silver in the men's C4 RR adding to his double bronze in Track Omnium and Scratch Race, Richael Timothy's double bronze in W C3 Scratch and Omnium, Eve McCrystal and Katie George Dunlevy's bronze in WB Track IP, Eoin and Martin's 5th place in the MB tandem sprint, Darren Rafferty's 5th place in MU23 TT and his brother Adam Rafferty 8th in Jnr M TT, Lucy Benezit Minns 4th in the Jnr W TT, Lara Gillespie 9th in the W Omnium, and Oisin O'Callaghan's 12th in elite Men's MTB DH.

At the European Youth Olympic Festival in Slovakia, the team overcame some extremely challenging conditions with a stand out performance **from Conor Murphy with silver in the male TT**.

In Trinidad and Tobago at the same time as the Glasgow World Championships, **Oisin Ferrity achieved a Gold in the Jnr M RR at the Commonwealth Youth Games** in considerably warmer conditions!

The track squad have been busy since the February European Championships with three Nations Cups with all events forming part of the Olympic qualifying journey. The women's endurance squad are tracking to qualify places in Team Pursuit (TP), Omnium and Madison presently.

To underline her return to form following time out with injury, Lara Gillespie made the U23 European Championships her own with double gold in the points race and Omnium. It was also good to see some of the work the HPU have been doing come to fruition with a W U23 TP team taking to the track also.

It has also been great to see former ADP rider Darren Rafferty and Archie Ryan gain professional WT contracts next year following Ben Healy to EF Education. **Archie further underlined his potential recently with a stage win at Tour de L'Avenir** following his return from a long term injury.

26 riders were selected to represent Ireland at the upcoming European Road Championships in Drenthe, Netherlands $20^{\rm th}-24^{\rm th}$ September. Rory Townsend was in the breakaway of the day in

the elite Men's RR but came away empty handed. Ultimately in all the age categories some strong performances missed the podium, but plenty was learned in the process. Following from Glasgow World Champs debriefing, Neill took this event on in a manager type role on the ground and delivered a well-run staff team.

The track team closed out the season at the Grenchen Track GP in Switzerland in December. Highlights included Seth Dunwoody's international debut with a win in the Jnr Men's scratch race and $2^{\rm nd}$ in the Jnr Omnium.

2023 UCI CYCLING WO	RLD CHAMPIONSHIPS	METRICS
Number of accommodation providers booked	Road	1
	Para Road	2
	Track	1
	Para Track	1
	BMX	1
	MTB	1
	Total	7
Number of vehicles required	(BMX & MTB not included)	12
Number of airport	Road & TT	19
transfers for riders and staff	Track & Para Track	9
riuers and stan	Total	28
Number of flights	Road	23 (20 people)
	Para Road & Track	3 (19 people)
	Track	9 (16 people)
	BMX	1 (2 people)
	Staff	11 (9 people)
	Total	47
Number of ferry bookings		9
Number of Chef de Mission briefings		10
Number of UCI Manager Meetings		12
Information gathering	12 hours +	16
and selection meeting time	4 Hours preparation by ED	
Planning meetings on home and on site	Overall Planning Meeting	
on nome and on one	Road	
	Track	
	Para Track	
	Para Road	
	Total	24



SAFEGUARDING

Welcome to our Cycling Ireland Safeguarding Report – setting the standards for keeping young people safe in our sport. This report covers our cycling disciplines from cycling disciplines during 2023.

The major organisational change in Safeguarding in Cycling Ireland in 2023 has been the requirement for all Clubs to appoint a Safeguarding Officer, whether the Club has Child members or not. The Child Care Act 1991 defines a Child in Ireland as someone under the age of 18. This requirement for a Safeguarding Officer in all Clubs has expanded the understanding of Safeguarding in the Sport in Ireland. At the time of writing, there are 423 active Clubs affiliated with Cycling Ireland. 161 of these Clubs as of Sept 23 have members under the age of 18. This year saw the appointment of an additional 260 Safeguarding Officers.

The Childrens First Act 2015 places responsibilities on "Relevant Organisations" offering services to Children. There continue to be regular queries regarding these responsibilities. All Clubs who accept a Child as a member within their Club are subject to the requirements of the Childrens First Act. The Act places responsibilities on Clubs to "Keep Children Safe from Harm". The functions in this regard include:

- Carrying out a "Risk Assessment"
- Adopting a "Child Safeguarding Statement"
- Maintaining a List of Mandated Persons
- Implementing Policies Procedures and Practice to mitigate against identified risks.

The main Functions of Safeguarding Officers include:

- Safeguarding Policy Development and Implementation
- Education
- Supporting Club Recruitment through the Vetting Process and Access NI clearance
- Responding to concerns and supporting Clubs in dealing with concerns as they arise
- Legislative compliance

As always, it is important to acknowledge the hard work carried out by Youth Safeguarding Officers throughout the organisation. I extend my thanks to Provincial Safeguarding Officers, Commission Safeguarding Officers and Club Safeguarding Officers. It is only with the support of persons willing to take on these roles that we can expect to meet our legal and moral responsibilities to Children. These roles are pivotal in ensuring that Cycling Ireland continues to implement the best standards to safeguard the wellbeing of Youth and Children throughout the sport either in the competitive field or the leisure side of the sport. I have spoken with many Safeguarding Officers at one point during the year and remain encouraged that the organisation has these committed Officers in place. That said, I must acknowledge the level of additional work and commitment taking any

Role on a Committee means for those willing to do so.

A further thank you is extended to the various management committees and commissions throughout Cycling Ireland. Both the Interim CEO and now the new CEO have been supportive throughout this year. I look forward to working closely with the new CEO over the coming months in developing a Safeguarding Plan for 2024. The year since the last AGM saw the Board Safeguarding Representative change and my gratitude is extended to both Board members who took on this role. The Board of Directors continue to support Safeguarding within the organisation for Children's functions but additionally supporting the extended Safeguarding Function provided by those new group of Safeguarding Officers previously mentioned. Having a Board Representative responsible for Safeguarding means that the functions of Safeguarding are always present at the highest decision-making point in the organisation.

I wish to mention and pay special thanks to Cycling Ireland Staff and in particular Michael Atkinson who left the organisation at the beginning of the year and previously had the role of Vetting Officer in the office. Michael's support in vetting was invaluable and his absence was felt during the year. This role in the office has now been filled and the Vetting process has returned to a more acceptable turnaround. Sport Ireland continue to support Safeguarding and I extend my welcome to Michael Collins the new Safeguarding Manager. The staff of Sport Ireland Ethics Unit as well as Paul Stephenson in the Child Protection and Sport Unit in Northern Ireland are a constant support and always available for advice.

SAFEGUARDING OFFICERS

This year has been a most challenging one with new Safeguarding Officers requiring support as well as dealing with the difficulties of Staff changes. The main aim of ensuring that all Clubs have a Safeguarding Officer in place was the key priority arising from the will of the membership in voting this motion through at the 2022 AGM. This involved a significant amount of work at the beginning of the year with what was envisaged to be group consultations turning into individual support for Officers in this position. I am delighted to report that all but two Clubs had a Safeguarding Officer in post at the beginning of September 2023. This is something that requires regular scrutiny as Volunteers often change roles or resign from Committee positions during the year which can leave vacant positions. The two clubs have been contacted are in the process of appointing an Officer to this role.

A draft role description has been formulated in respect of this position. The effect of the new position resulted in an increase in dealing with queries in respect of the Code of Conduct. Most of these have been informal queries but the existence of the queries has proved that these Safeguarding Officers are fulfilling the role. There is a requirement for greater clarity in respect of the role. The plans in this regard are to:

- Convene a minimum of four Consultations with these Safeguarding Officers to discuss the role.
- Finalise a Role and have it approved.
- Briefings consistent with the agreed role to all Safeguarding Officers in Clubs not involving Children.

VETTING/ACCESS NI

The turnaround on vetting during the year experienced delays due changes in staff and a delay in being able to get new staff trained through the National Vetting Bureau. These delays and any back log have now been resolved.

Access NI Clearance has continued at a positive rate of return with the support of the Ulster Safeguarding Officer. My gratitude is extended on this behalf.

There was an increase in the number of incomplete applications received in 2023. The increase in incomplete applications has been as a result of incorrect ID validation for the most part. Specific rules govern ID verification for Vetting.

- Vetting in the Republic of Ireland is required as a result of the National Vetting Bureau (Children and Vulnerable Persons) Acts 2012 to 2016.
- Access NI issues criminal record checks under Part V of the Police Act 1997.

These pieces of legislation give us the authority to conduct vetting for "Relevant Persons". CI conducts vetting for those persons in regular and ongoing contact with children or vulnerable adults. When an applicant states that they are not working with children or vulnerable adults we do not have the legislative basis to conduct vetting and as such these applications have been returned.

Many new Safeguarding Officers are in clubs with neither children nor vulnerable adults. These Safeguarding Officers cannot be vetted even they would wish to be. The aim of Vetting and Access NI Clearance is to,

- Speed up the turnaround of vetting in through the National Vetting Bureau with immediate effect
- Clarify the vetting policy through briefing sessions continuing through 2024

The Vetting Legislation in the Republic of Ireland is under review. I attended a consultation regarding this and await the new legislation. This may pose unforeseen changes when it is published.

TRAINING

Training in the Area of Safeguarding is now categorised in two different functions,

- Training for Safeguarding Officers in clubs with children or vulnerable adults.
- Training For Safeguarding Officers in clubs with no children or vulnerable adults.

There has been regular individual support for those new Safeguarding Officers more particularly in the first two quarters of the year. The aim here is to

 Schedule new briefing sessions once the new role has been completed and finalised.

These briefings are being planned for the first half of 2024. It is anticipated that the role will be centralised around an understanding of Cycling Ireland's Code of Conduct and supporting Club members in dealing with grievances. More positively it is hoped that there will be a function in promoting a positive supportive and healthy environment for all Club members.

Sport Ireland Safeguarding 1,2 and 3 and Sport NI Safeguarding Children and Young People continues to be the requirement for persons responsible for Children within Clubs. There has been some internal training throughout the year in both courses with most of the Sport Ireland training being fulfilled through the Local Sports Partnerships.

The Aim in this area is to

- Offer a further six courses to delivered internally.
- Carry out a training needs analysis through with the support of Club Safeguarding Officers.
- Offer a schedule of courses to be published Jan 24 in Sport Ireland and Sport NI courses.
- Identify and train new personnel in this area.



RISK ASSESSMENT AND CHILD SAFEGUARDING STATEMENTS

There is a requirement for all Clubs offering membership to Children to carry out a Risk Assessment and Adopt a Child Safeguarding Statement every two years or more frequently if there are material changes in circumstances. This is a legal requirement brought about by the Children First Act 2015. Cycling Ireland require all Clubs to comply with this requirement. Most Clubs first completed this in 2018 and therefore most clubs will be required to review this in 2024. In instances where a Club first affiliated in 2019 or 2021 they may be working on a different two year schedule. There has been excellent compliance with the requirement for Child Safeguarding Statements throughout the five years since it has become a requirement.

This will form a large part of my work in 2024 and has already commenced.

The aim in this area is to:

- Continue briefing sessions in during 2024 covering Risk Assessment and Child Safeguarding Statements.
- Continue monthly briefing sessions through the first half of 2024.
- Target 100% compliance with the requirement for Child Safeguarding Statements.

CYCLING IRELAND CODE OF CONDUCT

This year has seen a rise in the quantity of queries regarding alleged breaches of the Code of Conduct. The majority of these have been resolved through local informal agreements or mediation where both parties are in agreement.

Where these queries develop into complaints, they are supported by Cycling Ireland's Disputes Resolution and Disciplinary Process or Cycling Irelands Safeguarding Policy.

Should any member feel that they have Reasonable Grounds for Concern (Children First Act 2015) that a Child is being harmed, they should report this to Tusla with immediate effect. Members do not require the approval of a Childrens Officer to do this.

In the first instance where the concern is in respect of a child, a member may consult their Club Children Officer in confidence for support. Similarly, there are Childrens Officers in Commissions and Provinces who provide the same confidential support.

I am available to any member of Cycling Ireland to provide confidential support in this regard directly or through the CEO, who can always contact me when I am not available directly.

There have been a number of Disputes Resolution and Disciplinary Committees formed this year to consider complaints of breaches of the Code of Conduct. I provide administrative support to these committee members. I would like to thank the members of these committees for their professionalism in taking on these roles. They often take considerable time, but it is vital in ensuring that we have a positive environment for all members that we address alleged breaches of the Code of Conduct.

THE AIM IN THIS AREA IS TO:

- Review the Disputes Resolution and Disciplinary Policy with the CEO.
- Review the Cycling Ireland Safeguarding Policy.

FURTHER DEVELOPMENT

Capacity Legislation. The Assisted Decision-Making (Capacity) Act 2015 came into effect on the 26th of April 2023. This law establishes a new legal framework for supported decision-making in Ireland. It allows people to make legal agreements on how they can be supported to make decisions about their personal welfare, property and affairs.

The Aim in this area is to:

- Review its impact on Cycling Ireland responsibilities to its members.
- Define who is considered a Vulnerable Adult within Cycling Ireland.

I continue to sit on the Sport Ireland Children in Sport Group as well as the National Childrens Officers Group which is a source of excellent support and information. These groups, along with Sport Ireland, inform the direction of Safeguarding Practice in Sport in Ireland.

CI is committed to the safeguarding and wellbeing of all its members and recognises that it has a duty of care, to protect all young and vulnerable people and to safeguard their welfare, irrespective of age, disability, gender, racial origin, religious belief, and sexual identity.

If you have any queries, please consult the relevant Safeguarding section of the Cycling Ireland Website.

I can also be contacted on the email below.

safeguarding@cyclingireland.ie

ANTI-DOPING

The Anti-Doping Officer (ADO) roles involves:

- Supporting the functions of administering the Registered Testing Pool (RTP).
- Ensuring all athletes maintain their Athlete Whereabouts requirements.
- Administering any requests for Therapeutic Use Exemptions (TUEs).
- Notifying those tested of the results of any tests undertaken.

Cycling Ireland's ccommitment to Anti-Doping and ensuring the sport of cycling stays clean remains strong, and working with Sport Ireland, there was an increase in in competition testing this year. Information for athletes on Anti-Doping regulations has been provided online and directly on request in addition to the distribution of information via Anti-Doping wallet cards.

Once again, the key message for all cyclists, regardless of discipline, age or ability is Anti-Doping is both a key concern and integral facet of the compliant operation of the Federation – and as such you can expect you may be tested at any Cycling Ireland sanctioned event. As doping offences carry strict liability, you are responsible for the substances with which you fuel your body, and which are detected in your system via testing.

All riders have complied with requests for information as well as the provision of tests both in competition and out of competition. One rider missed the deadline date for a whereabouts return by a few hours - which involved a note by Sport Ireland.

As an ADO, I have supported the exchange of information on request and attended several meetings with Sport Ireland regarding the further development of the Anti-Doping systems both within Sport Ireland and through Sport Ireland to the International bodies responsible for keeping sport clean.

Thanks to all our riders for ensuring that they complied with all policies and requirements of CI, Sport Ireland and the UCI. The staff of the Ireland Anti-Doping Unit in Sport Ireland continue to be a source of support.

Sport Ireland have supported the delivery of Anti-Doping Education on request. Several people have put themselves forward to complete the training for the Anti-Doping Education tutors. We are awaiting dates for this training to take place.

The statistics of tests undertaken from during 2023 appear below also published in Sport Ireland's 2023 Annual Report. A special thanks must go to Janine Merriman of Sport Ireland for working with us in identifying competitions to carry out testing and the professionalism of the testing staff.

Our website has been updated with the most up to date medicines checkers, as has Sport Ireland's website.

CI encourage all riders and those supporting riders to complete the Anti-Doping E-Learning programme on the Sport Ireland website.

If you have any further queries, please contact Cycling Ireland Anti-Doping Officer Donal Gillespie via antidoping@cyclingireland.ie

TESTS FROM IN 2023	
Total Tests	171
Out of Competition	69
Within Competition	36
Blood testing	66
Therapeutic Use Exemptions applied for	1

SOME OF THE EVENTS WHERE TESTING WAS UNDERTAKEN IN 2023

Masters Track National Championship

Cycling Ireland Team & TT Track Championship

2023 Cycling Ireland National Cross-Country Championships

Female and Male Cyclists in Track, Road, Paracycling, across numerous disciplines have been tested.

Donal Gillespie

Safeguarding & Anti-Doping Officer





PARTICIPATION REPORT

The Participation Team in Cycling Ireland encompasses our Programmes, Dormant Accounts Funding, Cycle Right, Community Bike Rides, Get Ireland Cycling and Women in Sport.

The Participation Team seeks to increase the number of people cycling on the island of Ireland across all ages, genders and abilities, whether for sport, recreation, social, health or as a means of transport. Through the below programmes and initiatives and in collaboration with our volunteers, clubs and other external stakeholders, Cycling Ireland (CI) want to embed cycling into the lives of people as a lifelong activity.

COMMUNITY BIKE RIDES



has remained as successful as ever in 2023 following the transition away from its previous title 'AXA Community Bike Rides' last

Community Bike Rides (CBR)

year. Funded by the **Department of Transport** for 2023, CBR has gradually expanded its membership and now has almost **5,000 members and more than 130 trained Ride Leaders.**

The Department of Transport will continue to support CBR with funding in 2024 but to a lesser extent, so a decision was made in quarter four of 2023 to restructure CBR for the following year.

CI has partnered with an app company called Link My Ride that offers a platform where CBR Ride Leaders can advertise and manage their upcoming rides and where CBR members can register for these rides. The app will offer a more connected and interactive offering than the previous platform and it is hoped will help to increase the numbers of active ride leaders, numbers of group rides and numbers of participants.

The app will be rolled out to Ride Leaders and members in the first week of March and will be operational from that date onward. The Marketing and Communications team in collaboration with Link My Ride have a marketing plan in place, that includes social media, newsletter articles, webinars and media packs for external stakeholders, such as Local Sports Partnerships.

Ride Leader courses will still be available and will be rolled out nationwide via the Coach and Education Department. It is hoped that the new platform will encourage more Ride Leaders from more diverse backgrounds to get involved with CBR.

Paul Norton

Participation Manager

GET IRELAND CYCLING



Get Ireland Cycling (GIC) is an initiative of CI, **Sport Ireland and Healthy Ireland.** The primary object of GIC is to increase

and sustain participation in cycling on the island of Ireland. Through engagement and collaboration with a wide range of partners, the GIC initiative aims to introduce cycling to sectors of the community currently underrepresented in the sport as well as supporting life-long participation for those already involved. GIC embraces participation across all cycling disciplines including recreational and competitive cycling as well as cycling for transport.

The ongoing projects, initiatives and programmes that GIC has commenced are as follows:

- New strategy development GIC has engaged
 Otium Leisure Consultancy to develop a new and up
 to date strategy for GIC. This is due to be completed
 in March 2024 and presented to Sport Ireland.
- **Bike Week 2024** this year a large focus of Bike Week will be centred around Grass Track Cycling, as well as come and try sessions at pump tracks, mtb trail centres and BMX tracks. It is hoped that the introduction to Grass Track Cycling during Bike Week will act as a springboard for clubs to host a GTC summer series in their region.
- Community Games Grass Track Cycling is part of the Community Games but lacks in participation. A plan is now in place to assist Community Games with increasing participant numbers in each county in order to run a county championships and to send a full allocation of participants to the national championships. In addition, there will be a demonstration event help at the national championships showcasing GTC with the aim of expanding the number of GTC disciplines/ events within the Community Games offering.
- Link My Ride a partnership has been established between CI and an app company Link My Ride. It aims to attract, engage and retain participants from all over the country across a variety of activities. It's primary function is for clubs to engage with it's members and if required grow membership numbers. However, Link My Ride has also been identified as a platform for Community Bike Rides, Women on Wheels, LGBTQ+ groups and a new concept to create County Youth Cycling Clubs.
- Creating a network of LGBTQ+ cycling groups GIC have engaged and collaborated with LGBTQ+ organisations, Community Bike Rides, third level institutes and LSPs in Dublin, Cork, Waterford, Limerick and Belfast to organize cycling groups for LGBTQ+ people. GIC has put six people through ride leader training in Dublin, Cork and Limerick with the intention of using the CBR platform to grow and sustain participation for these groups. The long-term goal would be to create an all-Ireland LGBTQ+ cycling club as a pathway from the CBR groups.

- BMX and Track programme for youth groups GIC has engaged with Lucan BMX Club, three youth services (Swan, Belvedere and East Wall) and Kishogue Community College and has organised three free coached sessions for each group. Once one group has completed the BMX sessions, they will attend three more sessions at Sundrive track.
- Grass Track Cycling GTC has been identified as a key discipline to grow participation of cycling among the youth population. Following on from the success of the Gorey CC summer series, GIC has taken this model and will be encouraging clubs and LSP's to collaborate and host a Grass Track Series during the summer months. GIC can provide materials and support for clubs and LSP's to get their series off the ground.
- Advocacy GIC was a key member of the newly formed Advocacy Working Group that created a new policy and charter that were presented to the Board of CI in December 2023. This policy and charter are intended to guide the Board and Executive of Cycling Ireland and to inform CI members across the broad area of advocacy for everyday cycling and participation. The topics the charter focuses on are prioritizing active travel, enhancing and revising rules of the road/highway code, new legal protection for vulnerable road users, revision and reduction of speed limits in both urban and rural areas, the language used within the media when reporting on incidents involving cyclists and motorists, a new approach to policing the roads which includes the introduction of a portal where road users can upload video footage of incidents.
- **Para-cycling** with assistance from Marketing and Communications, Club Development (Ulster), Youth Development (Connacht) and Coaching and Education, GIC is collaborating with Vision Sports Ireland to roll out a Vision Sports Awareness Training (VSAT) and Tandem Pilot Training in each province in 2024. In addition, GIC is assisting with identifying locations to place tandem bikes that can be loaned out to participants.

Paul Norton

Participation Manager

CYCLE RIGHT - NATIONAL CYCLE SAFETY STANDARD



As targetted, Cycle Right reached almost 35,000 participants with Stage 1 activity in primary schools across the country in 2023. For the first time, schools designated disadvantaged benifitted from a higher rate of funding from the Department of Transport to take part. This greater level

of support was accessed by 9,000 pupils across the country. At the end of 2023 the department confirmed funding for two additional staff roles to support the programme going forward, a very significant development and input, which will allow strategic growth in the future. The 2024 target for Cycle Right will be to exceed 40,000, a growth of 5,000 participants.

Learn to cycle with a disability activity continues to grow with support from the DoT and in partnership with LSPs round the country, and saw participant numbers pass the **1,000 participant** milestone this year.

The launch of the Cycle Right Management System in 2023 has streamlined administrative procedures and has facilitated management of the growth of the programme over the year. With the built-in link to the Department of Education school lists, identifying DEIS schools is straight forward. It is also a very strong reporting tool, giving immediate access to information for third parties and allowing swift access to details for DoT and RSA funding claims.

- The online Parent/guardian resource, for those wishing to support children outside the programme delivered in schools, was shared with with all primary schools across the country and as well as supporting home-based activities, also introduced new schools to the wider programme;
- The gamefied Hazard Perception resource (core game-based training with supplemental classroom resource material) developed with the RSA will pilot shortly and will allow trainers and teachers to give further essential training to participants;
- Cycle Right **Train-the-Trainer** activity continues to roll out regularly in a blended format (online and practical) with the support of a team of coach developers who facilitate practical training weekends, post-course assessments in schools, and annual registration visits for all trainers, which ensures quality assurance for the programme.

Barbara Connolly

Cycle Right Officer

PROGRAMMES

Cycling Ireland's Programmes provides opportunities to participate in cycling, developing skills and knowledge for both new and experienced cyclists across a range of ages, abilities, and disciplines. Programmes include -Balance Bike, Cycling Skills, Transition Year (TY) Trail Cycling, Gearing Up Off Road and Bike For Life.

- **Programmes review** completed with consideration given to the wider positioning within both Athlete and Participatory pathways and Coach Development Framework. From feedback received from consultation with coaches, it was proposed to reposition and rename Sprocket Rocket, which is no longer just for children 5-12yr, to Cycling Skills which is suitable for all ages and abilities. For Example, Cycling Skills for Older Adults, Women, People with Disability, Confidence, Children. This programme is now a lot more flexible and will engage a wider audience - therefore encouraging more people to cycle.
- New **Balance Bike and Cycling Skills** Coaching Courses have been designed, piloted, content curated, and are now live, special thanks for contributions from Alan Heary, Barbara Connolly and Aoife Guildea. Delivered: two Balance Bike courses with 16 coaches and two Cycling Skills course with 19 coaches. A need for a Learn to Cycle programme has been identified to sit between Balance Bike and Cycling Skills which will be developed in 2024.
- Six current and nine new **Coach Developers** have been upskilled in both Balance Bike and Cycling Skills training courses, with only shadowing and

- To help support the roll out of these new programmes, Cycling Activity Resource Packs for primary and post primary schools, clubs and families have been developed - which includes Cycling Games, Adapt and Modifies activities, Classroom Activities, Obstacle Course, Skills Cards, Developing a Cycling Club Youth Section and much more.
- Working partnerships with Local Sport Partnership **and Club/Groups** for the delivery of a suite of programmes to reach local communities and get more people on bikes, with eight LSP register and 11 clubs/groups - 21 programmes, 293 participants.
- Cycling Ireland supported Active Schools Week this year with the new 'Cycle Round Ireland Challenge' over a four-week period encouraging schools to be active before, during and after school and try out local cycling routes.

INITIATIVES

In 2023, Cycling Ireland was successful in obtaining external funding to develop cycling activity which supports participation and growth. Utilising Cycling Ireland's current suite of programmes and linking in with a variety of clubs, schools, coaches, Local Sports Partnerships, community groups and other stakeholders, the following initiative are being delivered:



DORMANT ACCOUNTS

Dormant Accounts funding is received from **Sport Ireland** which supports the co-ordination and delivery of opportunities to **people in socially, economically and educationally disadvantaged communities or people with a disability.**Over 15,000 participants have been involved in the Dormant Accounts initiative over the last few years, with new strands being developed to help support lifelong involvement in cycling and long-term sustainability for the cycling community.

- Strand 1 Programme Activation Delivered across a suite of cycling programmes (Balance Bike and Cycling Skills) using a team of Activation Officers (16 total, 6 new) equipped with bikes, helmets and supporting equipment which are critical to its success, in partnership with DEIS Primary Schools supporters targeted 3000 participants.
 - In total 3974 participants have taken part during 2023 in 314 Balance Bike and Cycling Skills programmes with support from 49 DEIS Schools including children with a disability.
 - Activation Officer deliver the highest quality programmes continuously upskilling in Balance Bike, Cycling Skills and annual training workshop on - The Essentials of Coaching Success.
- Strand 2 Cycling Hubs Ongoing long term project work with 4 cycling hubs in Waterford, South Dublin, Kilkenny, and Cavan to support the development and provide continued support of Cycling Hubs focusing on workforce development, programme offerings, school hub toolkit including videos resources and equipment, all underpinned from the Cycling Hub Blueprint released last year. Mayo has been identified as a new Cycling Hub for 2024, working

- in partnership with Mayo LSP for site location for fifth cycling hub and training needs assessment.
- Strand 3 Bike Maintenance Research project with Street Games in 2022 highlighted the need for support provided for young people relate to Bike Maintenance. To address this need, Bike Maintenance video resources have been developed with the support of a maintenance packs including all the essential kit which was distributed to 30 DEIS schools. Teacher used the resources to help enable students to maintain on their bikes, therefore taking away the barrier of bike maintenance issues causing participation in cycling to stop.
- Strand 4 Youth Leadership Working in collaboration with local councils and schools will co-ordinate and deliver opportunities, to people in socially, economically and educationally disadvantaged areas, via the Cycling Champions programme targeting TY students in 4th/5th classes.
- The Cycling Champions programme trains young people to become actively involved in climate change measures, specifically sustainable transport and developing a cycling culture, in their own locality. Leadership skills are developed and put into practice and peer support networks fostered. Young children from neighbouring primary schools' benefit from the programme with opportunities to take part in fun cycling activities.
- 72 Cycling Champions have been trained in Kilkenny;
 748 participants have taken part in 62 balance bike programmes delivered. Plans for wider roll out in 2024.

Margo Finnegan

Programmes Coordinator



WOMEN IN SPORT

The Women in Sport Programme, funded by **Sport Ireland,** aligns with the Women in Sport Policy which focuses on four target areas - Active Participation, Coaching and Officiating, Leadership and Governance and Visibility.

The funding from Sport Ireland enables Cycling Ireland to target campaigns and programmes to all women and girls in cycling on an all-island basis. Cycling Ireland wants to encourage girls and women to see cycling as an activity and a sport through the various cycling disciplines. Helen Kerrane took over from Elaine Cahill as Women in Sport Lead in November 2023.

ACTIVE PARTICIPATION

- Women on Wheels continued the success from previous years of the Women's Commission in Ulster looking at Road, Off Road, and BMX.
- Women in Sport Week took place in March with many events held to engage females in different activities across Ireland.
- HER Outdoors Week in August has been jampacked with activities from clubs and a new partnership with Canoeing Ireland.
- Mondello24 entered two Teams of eight riders for Mondello-24 recruited, training plan designed, training and challenge completed.
- Many other activities provided included, Training Days, Race Calendar, HER Moves and Big Day Out.

COACHING AND OFFICIATING

- Women in Sport Coaching Pathway In collaboration with Athletics Ireland, Irish Amateur Boxing Association, Rowing Ireland and Triathlon Ireland. Year Three complete.
- Coaching Teenage Girls Workshop has been delivered with great feedback received and demand for more.
- Female Coaches Networking Day In collaboration with Athletics Ireland, Irish Amateur Boxing Association, Rowing Ireland & Triathlon Ireland took place in September 2023.
- Funding support provided for upskilling Ride Leaders and Foundation Coaches.
- Various Coaching Workshops, CPD training and upskilling have also been offered.

LEADERSHIP AND GOVERNANCE

- Sport Ireland Women in Sport Leadership Programme continue to identify leaders to attend training.
- Cycling Ireland's Women in Sport Charter Added to club affiliation with 235 clubs signed up to receive news and emails. Engagement is up on previous years.
- Support Cycling Ireland's Women's Commission working in partnership with commission to drive forward change, thank you to all the volunteers that give their time to this important piece of work.

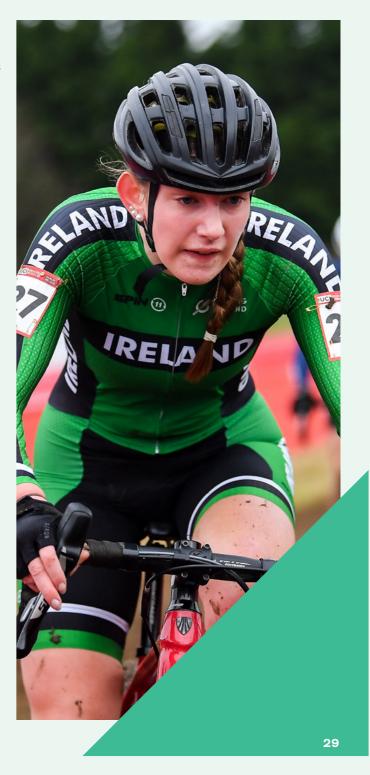
VISIBILITY

 IT'S NOT A RACE* - Campaign continues to go from strength to strength, after the fantastic reception received from the launch.

- Advocates 11 new advocates recruited this year, bringing the total to 31 a mix of women and girls from different backgrounds, provinces, discipline, abilities, and ages.
- Increased media coverage There has been significant increase in both local and national media coverage particularly around females through the IT'S NOT A RACE* campaign.

Helen Kerrane

Women in Sport Lead



DEVELOPMENT

2023 saw a continued focus on development around Ireland.

CLUB SUPPORT

Throughout 2023 there were face-to-face and online meetings with existing and newly established cycling clubs. There was ongoing regular engagement with the clubs and their committees on the key areas of club development, membership recruitment and retention opportunities, club self-assessment, funding opportunities, participation programmes and delivery of programmes and coach education courses for volunteers and the recruitment of volunteers.

CYCLING HUBS

Five of the six Cycling Hubs in Ulster are now operational in the following council areas:

- **1.** Fermanagh and Omagh Council: Location: Eccellesville Centre, Fintona.
- 2. Newry, Mourne and Down Council: Location: Downpatrick Leisure centre, Down.
- Causeway Coast and Glens Council: Location: Jim Watt Sports Centre, Garvagh.

- **4.** Armagh Banbridge and Craigavon Council: Location: Gosford Forest Park, Armagh.
- 5. Antrim and Newtownabbey Council: Location: Valley Leisure Centre, Belfast.
- 6. *Mid Ulster Council: Location: Dungannon Park, Dungannon.

*The hub will go on site in 2024.

The five cycling hubs are currently being utilised and booked for a wide range of activities with clubs and Cycling Ireland from running of club events, coach education courses, cycling programmes and club meetings.

Expansion of Cycling Hubs around Ireland will continue in 2024 with funding from Dormant Accounts. The first of the new hubs will be in Co. Roscommon and is due to open in 2024.

CLUB SELF-ASSESSMENT TOOL KIT SYSTEM

2023 saw the launch of the Cycling Ireland (CI) Club Self-Assessment Tool Kit System.

The new system gives clubs with a comprehensive self-assessment tool kit that will provide a tailored club development action plan as well as an assessment report and a host of resources.

The system's launch highlight's CI's continued support to affiliated clubs and aims to nurture clubs' development for now and for the future. Analytics and reports on the system will also allow CI to identify areas within club development that we can further support.

The club self-assessment system has nine sections for clubs to complete a self-assessment:

- Section 1 Governance
- Section 2 Planning
- Section 3 Finance
- Section 4 Cycling Club Operations
- Section 5 Marketing & Communications
- Section 6 Equipment
- Section 7 Coaches, Safeguarding & Cycling Club Officials
- Section 8 Cycling Pathway
- Section 9 Inclusivity, Equity & Diversity.

When the self-assessment is completed, the system will generate a unique assessment report and an editable club development action plan and will provide clubs with support resources and information for each section.

The detailed assessment report and editable club development action plan can be updated, changed or amended anytime and will help clubs to identify development needs and plan for the future to meet these needs.

Clubs are encouraged to register for the Cycling Ireland Club Self-Assessment Tool Kit here.

CONTINUED EXPANSION

This focus will continue into 2024 with the creation of three new roles. These have been created to aid and assist with the continued expansion and development of the sport within each province.

The positions include a Regional Development Officer for Connacht, Leinster and Munster and a Youth Development Officer for Ulster.

These three positions are all closely linked to one another, and each successful candidate will be responsible for supporting and increasing Cycling Ireland membership and adult and youth participation in each province.

The purpose of the roles will be to work in partnership with the provinces and affiliated cycling clubs within the region to drive participation in cycling activities, initiatives, and events.





EVENTS

In 2023, Cycling Ireland (CI) maintained a record number of sanctioned events, totalling 1487 permits. From this we saw 832 competitive event permits, 631 leisure event permits and 24 others (webinars, conferences etc). After a successful bounce back from the Covid-19 pandemic, the focus on sanctioned events has shifted towards supporting event organisers and volunteers with the tools they need to offer quality events to the ever-growing CI membership base.

Several key improvements were made during 2023 to ensure the long-term stability of events, as we approach the end of the current strategic cycle. Many of these changes took place behind the scenes, through continual improvements and development with the CI Event Management System (Eventmaster). Through the years, CI and Eventmaster have developed a platform which is designed to capture event data from beginning to end – starting with permit applications, through to event analytics. Many improvements to the Eventmaster system take place behind the scenes, addressing potential problems before they arise. As well as essential maintenance to the system, CI introduced cosmetic updates with support from Eventmaster. None more impactful than the revised calendarview, which is set to grow and develop over the coming years.

The CI events team underwent a mid-season change, with the addition of Aaron Johnson as Events Coordinator in June 2023. The events team has also significantly benefited from the extensive work carried by Denise McKenna in her role as Events Officer. Denise has been responsible for providing stability and support to event organisers over the past 12 months. The events team was supported by additional staff input from David Mullin (Operations Coordinator) and Cillian Humphreys (Membership Officer) when required, during periods of high volume.

Structural changes have been made to the Road Racing scene in Ireland, such as adaptions to event grading and the implementation of rankings on the CI website. Additional control measures and operating standards have been introduced to the bidding and application process for the National Championships event. These changes are seen as foundations for further improvements to the competitive structure as we enter an ever-evolving world of cycling, post-pandemic. The emergence of new UCI disciplines, such as eSports and Gravel have shown indications that the cycling community expect a diverse offering from its National Governing Body. Combined with a continued growth in disciplines such as Cyclo-cross and Downhill; have forced CI to improve its governance structures in Road Racing, or risk falling behind. The changes made in 2023 are only the beginning to a marked improvement of central governance to the Road Racing scene.

The domestic racing scene has been bolstered by the growth of high-level racing, in the form of National Series. This spans multiple disciplines, including Road, Cyclo-cross, Downhill, Cross-country, BMX and Para-cycling. The latter of which has been identified as a key area for growth going forward, given the continued success of Ireland's Para-cycling athletes on the international stage.

CI has continued to support its marque events, which showcases the best that Ireland has to offer, alongside top riders from across the continent. Road events such as the Junior Tour of Ireland, Rás Tailteann and Rás na mBan have attracted some of Europe's top riders, whilst giving home grown riders the

opportunity to showcase their talents. The Dublin Track International and Cross Clonmel have both placed Ireland on the international stage through their status as UCI Class 2 events.

The hallmark event in 2023 was the UCI Cyclo-cross World Cup, with Round 5 of the 2023-24 season taking place on the Sport Ireland Campus in Dublin, delivered in conjunction with Flanders Classics. Returning for a second consecutive season, the event underwent several key improvements to the event infrastructure, fan experience and course lay-out. Sunday's main event was supported through participation events on the Saturday, the latter of which was successfully organised via the Cycling Ireland Off-Road Commission. CI worked closely with Sport Ireland throughout the entire event, with evaluation reports estimating positive social and economic impact, in the region of €550.000 to the local economy.

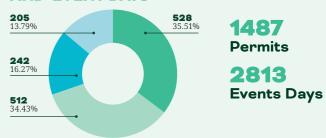
Aaron Johnson

Events Coordinator

EVENTS STATISTICS



TOTAL PERMITS AND 'EVENT DAYS'



TOTAL COMPETITIVE PERMITS AND 'EVENT DAYS'



TOTAL LEISURE PERMITS AND 'EVENT DAYS'



631
Permits
797
Events Days

*please note, all data reports were transitioned to 2024 database on November 1st 2023, in line with 2024 membership renewal = data from Nov/Dec 2023 is listed 2024 on our database.



MEMBERSHIP

26K+ PEOPLE REACHED

Cycling Ireland's annual membership report, highlights our continued progress and achievements throughout 2023.

In 2023, Cycling Ireland (CI) celebrated a significant milestone, surpassing 26,000 members.

Our Leisure membership segment remains strong, attracting enthusiasts of all backgrounds and abilities. Notably, we have consolidated our offerings by including personal accident insurance with all leisure memberships to enhance value and security for our members. We are committed to growth and inclusion as we adapt to the evolving needs of our community.

Throughout 2023, CI implemented upgrades and introduced new features to our membership and events systems, hosted by Eventmaster. This focus on enhanced functionality and accessibility underpins our development plans for 2024 and beyond. As we look to the future, the implementation of our customer relationship management (CRM) system will facilitate resource sharing and provide comprehensive guides to benefit our members.

Our commitment to delivering benefits and value to our members is evident for 2024. In addition to comprehensive insurance coverage, our members enjoy exclusive discounts and access to resources such as the Bike-Fit Studio, Gym + Coffee apparel, Kinetica Nutrition, and a range of enticing offers. These benefits and discount codes are now conveniently hosted together in the 'Membership Benefits' section. The positive feedback and strong uptake of these benefits highlights their

REPORT		TOTAL
GROUP	CATEGORY	MEMBERS
Full Competition	A+	10
	A1	183
	A2	291
	A3	802
	A4	1124
Limited Competition		2675
Leisure		18560
Commuter		79
Cycling Supporter		612
Youth	Junior	273
	U10	393
	U12	418
	U14	412
	U16	388
	U8	495
Total		26715

significance in enriching the CI membership experience.

Here's to another year of navigating twists, conquering climbs, and embracing the journey of progress. Thank you for your support and commitment to Cycling Ireland.

Lastly, I extend my appreciation to the dedicated Cycling Ireland team. Your passion and commitment have been instrumental in our collective achievements. Together, we pave the way for another successful year, and I am grateful to work alongside a talented and dedicated team.

Eoin O' Neill

Membership Coordinator

ORGANISATION	DISCOUNT
Cycle Superstore (online or in-store)	€20 voucher and 12.5% VIP discount
See.Sense Lights	30% OFF
Gym+Coffee	25% OFF
Kinetica	15% OFF
TrainingPeaks	20% OFF
Bikmo Bike Insurance	7.5% OFF
Bike Fit Studio	€50 voucher
Spoked Training	2 months free
Bike Register	15% OFF
Training Hub	FREE





COACH EDUCATION AND DEVELOPMENT

2023 was a busy year in Coach Education and Development, not least having our Candidate Management System (TahDah) fully operational, whilst continually testing the digital system to improve its functionality and user experience.

Cycling Ireland (CI) delivered four UCI Level One Coaching Courses, one in each province, in 2023. Delivered in partnership with the UCI,. the courses were subsidised for our members and offered an exciting educational an opportunity to upskill and gain a coaching qualification as part of the world governing body's Coach Development Programme. Following the success of the courses, CI aim to deliver further UCI Level One Coaching Courses as well as Level Two Coaching Courses in 2024. 2023 saw the number of Coaches and Leaders increase by 429, with almost 60 courses being run throughout the year. This has exceeded our targets from Sport Ireland Coaching (SIC).

There are now over 5,000 coaches or leaders on our coaching database.

COURSE NAME	COURSES RUN TO DATE	COACHES/ LEADERS
Ride Leader	25	223
Foundation	2	16
Balance Bike (new for 2023)	2	11
Level 1 Off- Road pilot	1	8
Cycling Skills (new for 2023)	2	19
TCL	9	36
TCL assessments	13	52*
MBL assessments (max 4)	1	3*
UCI Level 1	4	61
UCI Level 2	4	61

^{*}Max 4 Participants

In May, we launched our own a Coach Developer CPD programme for both existing and new Coach Developers. The new programme comprised of seven online sessions and a face-to-face day on the 21st of October in Slieve Bloom. The programme has been a huge success with all Coach Developers being very positive about the support and learning.

We work with SIC in the endorsement of trainee Coach Developers for their coach development programme called the 'Certificate in Sports Coach Development', which typically only runs once a year.



Following a seven-year absence, we were delighted to see the return of the annual coaching conference. Run in conjunction with Triathlon Ireland, the 'Level Up Coaching Skills Conference' took place on March 11th.

Held on the Sport Ireland Campus, the conference was aimed towards coaches of all levels and focused on skill acquisition through sessions with speakers, discussion and collaboration. Speakers included Dr. Phil Kearney, Neill Delahaye, Dr. Alan Dunton and Denise Murphy.

The next conference is already planned for the 2nd of March 2024 to be held in Tollymore National Outdoor Centre, County Down.

Róisín Hickey

Coach Education and Development Administrator





2023 was another busy year for Cycling Ireland's Marketing and Communications department.

The department focused on raising the output of news stories on the Cycling Ireland website, generating more media coverage, attending and covering national and international events and increasing engagement on Cycling Ireland (CI) social media channels.

MEDIA COVERAGE

Over the course of the year Cycling Ireland secured media coverage in several major national publications, including RTÉ, The Irish Times, The Irish Independent and The Irish Examiner.

Throughout 2023, the department worked to build and develop relationships with cycling-specific journalists as well as national and regional journalists. This helped increase engagement and generate more coverage, bringing cycling to a wider audience.

An example of this was the UCI Cycling World Championships in August where the department provided in-depth reporting and coverage of the Irish performances. This resulted in significant media coverage over the two-week period of the championships, including coverage on RTÉ Six One news.

SOCIAL MEDIA

The @CyclingIreland social media channels continue to grow. Our follower count continues to grow year on year allowing us to connect with a wider audience. The addition of a TikTok account has provided us with an opportunity to reach a younger audience and showcase all disciplines.

A highlight of the year included receiving over 650,000 impressions on Twitter on the day of the Junior Women and Senior Men's Road Race National Championships as fans in Ireland and abroad tuned in to follow live updates.

PLATFORM	FOLLOWERS	REACH
Facebook	30k	1.3m
Twitter	19.8k	4.8m
Instagram	17.3k	238k

TikTok video 315k views

Twitter impressions

958k during 2023 Road National Championships

Cyclo-cross National Championships Live Stream



WEBSITE

Since the launch of the new optimized website in June 2021, the Cycling Ireland website continues to grow in terms of viewership numbers and users, making it the key platform for people to find information about all cycling disciplines.

USER	rs .	VIEWS
275k		1.1m

SPONSORSHIP AND PARTNERSHIPS

Cycling Ireland are proud to be partnered with the following brands and would like to thank them for their continued support.

- Alaya Yoga Official Yoga Partner
- Argon 18 Official Bicycle Supplier
- Bikmo Official Cycle Insurance Partner
- Eventmaster Official Event Registration and Membership System Partner
- Gym+Coffee Official Athleisure Clothing Supplier
- InfoCrank Official Power Meter Supplier
- Kinetica Sports Official Nutrition Supplier
- See.Sense Official Bicycle Light and Ride Insights Supplier
- Spin 11 Official Technical Clothing Supplier
- Wahoo Fitness Official Training and Bike Computer Supplier

In 2023 CI began working with sports marketing and commercial innovation agency, 1920 Worldwide. They conducted a review of CI's commercial and partnership activities and are now working towards bringing new partners on board, with several discussions ongoing.

ennifer Bonham

 ${\bf Marketing\ and\ Communications\ Coordinator}$





IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

REPORT AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2023

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

COMPANY INFORMATION

Directors Conor Campbell

Carl Fullerton William Byrne

Catherine Mahoney (appointed 27 November 2023)

Emma Hunt-Duffy

Gary McIlroy

Helen Rachel Kerrane (resigned 25 September 2023)

Tom Daly Susan Ahern Louise Julia Reilly Claire Young

Company secretary Myra McGlynn

Registered number 134567

Registered office The Clock House

National Sports Campus Snugborough Road

Dublin 15

Independent auditors OSK Audit Limited

Eastpoint Plaza Eastpoint Dublin 3

Bankers Bank of Ireland

33 Aaran Quay Smithfield Dublin 7

Solicitors Ogier Leman Solicitors

8 - 34 Percy Place

Dublin 2

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

CONTENTS

	Page
Directors' report	1 - 5
Independent auditors' report	6 - 8
Income and expenditure account	9
Statement of financial position	10
Statement of cash flows	11
Notes to the financial statements	12 - 26
The following pages do not form part of the statutory financial statements:	
Detailed income and expenditure account and summaries	27 - 34

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

DIRECTORS' REPORT FOR THE YEAR ENDED 31 DECEMBER 2023

The directors present their annual report and the audited financial statements for the year ended 31 December 2023.

Directors' responsibilities statement

The directors are responsible for preparing the Directors' report and the financial statements in accordance with Irish law and regulations.

Irish company law requires the directors to prepare the financial statements for each financial year giving a true and fair view of the state of the affairs of the company. Under the law, the directors have elected to prepare the financial statements in accordance with Irish Generally Accepted Accounting Practice in Ireland, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' applying Section 1A of the Standard, which is issued by the Financial Reporting Council.

Under company law, the directors must not approve the financial statements unless they are satisfied they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date, of the surplus or deficit for that financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company's financial statements and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and surplus or deficit of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' report comply with the Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Principal activities

The principal activity of the company is the organisation, development and promotion of cycing in all its forms on the island of Ireland.

Results

The deficit for the year, after taxation, amounted to €2,577 (2022 - deficit €184,642).

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

<u>DIRECTORS' REPORT (CONTINUED)</u> FOR THE YEAR ENDED 31 DECEMBER 2023

Directors and secretary's interests

No director has any beneficial interest in the company.

The directors who served during the year were:

Conor Campbell
Carl Fullerton
William Byrne
Catherine Mahoney (appointed 27 November 2023)
Emma Hunt-Duffy
Gary McIlroy
Helen Rachel Kerrane (resigned 25 September 2023)
Tom Daly
Susan Ahern
Louise Julia Reilly
Claire Young

Governance

Over the course of 2023 continuing efforts were made to embed and build upon the governance changes that occurred in the preceding financial year. Those efforts bore fruit as the organisation turned a corner in terms of its financial position which is reflected in the 2023 Annual Accounts. However, there continues to be financial risk to the organisation and tight procedures are in place with an active three-year plan to return to a surplus and rebuild the reserves of the organisation.

A significant change was the approval and introduction of the new Cycling Ireland Constitution, which was given unanimous approval at the AGM. It brings our formative document in line with current best practice under the Governance Code for Sport. Thank you to the membership for travelling this difficult path with us, supporting the changes, and putting the organisation on a firmer footing, ensuring its stability, and creating a strong platform for growth.

There was more stability in the organisation during the year and the board was able to focus on overall governance and other areas which were not crisis or finance led. There was one board resignation, Helen Kerrane, and following an online EGM election process she was replaced by Catherine Mahoney in November. Helen has not been lost to Cycling Ireland however as she has taken on the role of Women in Sport Lead. At the Executive level, the Interim CEO Chris Kitchen completed his mandate in May 2023 was replaced at the helm by our new CEO James Quilligan, who hit the ground running. With the support of Sport Ireland, we were able to retain Chris for an additional three-month period with a particular project focus and this benefited the organisation which at the time was amid arranging its future funding options.

Other notable changes in the governance context during 2023 included the introduction and embedding of a series of new financial controls and authorisation protocols, a revised budgeting process which puts the Cycling Ireland Departments at the heart of finance management and accountability within their areas, together with revised sign-off mechanisms with the Commissions and Provinces.

The improvements in our structures and governance have resulted in increased funding from our stakeholders. The governance journey is not over, it has just begun.

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

DIRECTORS' REPORT (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

Membership

Membership continued to grow, and a full calendar of events and programmes was undertaken including National Championships and National Series in a range of disciplines. In 2023, 1,210 (719 -2022) event permits were issued, equating to over 1,000 days of cycling, covering competitive and non-competitive events across all disciplines of cycling.

Cycling Ireland supported the hosting of Ireland's second UCI Cyclo-Cross World Cup, which took place on the Sport Ireland Campus and drew a crowd of over 5,000 fans and spectators.

The Cycle Right programme, funded by the Department of Transport, continued and safety training was delivered to 33,400 (2022 - 29,303) primary school children.

Membership numbers for the year 2023 were 26,715 (2022 - 26,427), which represented growth of 1%. Membership growth was strongest within the Leisure membership category reaching 18,560 (2022 - 17,553). The number of full competition license holders was 2,410 (2022 - 2,568) with limited competition license holders was 2,675 (2022 - 2,854). A renewed focus is required to grow these areas along with youth and junior membership in the years ahead. Working groups have been set up to look at youth membership and racing membership and proposals are due in mid-2024.

Concluding remarks

Overall, 2023 was another particularly challenging year for the organisation in terms of cash flow and financial stability. However, the strong progress made in 2023 in stabilising the finances will allow the organisation to reset and aim to grow in 2024. The constitution improvements has also moved Cycling Ireland to a firmer footing and allows it to make progress. New leadership positions were created in 2023 such as a new Sports and Operations director and a participation manager was appointed for the first time with new funding sought to develop our regions and schools' programs in 2024. Several new policies have been developed and strengthened in 2023. The selection policy and appeals process were all improved in 2023 and our website now shows these procedures.

Our volunteers continue to be the main stay of the organisation and without their support and dedication, events could not take place and their contribution is fully acknowledged and appreciated again in 2023.

The continuing support of our key external stakeholders and sponsors was also greatly appreciated, including Sport Ireland, Sport Northern Ireland, The Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media, Paralympics Ireland, the Olympic Federation of Ireland, the Department of Transport, and the RSA.

Principal risks and uncertainties

As is common with all companies operating in Ireland in this sector, the company faces risks and uncertainties. Such as limited government funding, staff retention, and the ongoing requirement to maintain the highest standards of corporate governance in the context of a sporting organisation.

The Directors have assessed the risks in relation to the financial position and have prepared budgets and projections and are confident that the company is able to manage the risks and continue as a going concern with the ongoing support of our funders.

Environmental matters

The company seeks to minimise adverse impacts on the environment from its activities, whilst continuing to address health, safety, and economic issues. We are working with Sport Ireland, and they hope to give guidance on how we can support the environmental matters to a greater extent in the years ahead.

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

<u>DIRECTORS' REPORT (CONTINUED)</u> FOR THE YEAR ENDED 31 DECEMBER 2023

Accounting records

The measures taken by the directors to ensure compliance with the requirements of Sections 281 to 285 of the Companies Act 2014 with regard to the keeping of accounting records, are the employment of appropriately qualified accounting personnel and the maintenance of computerised accounting systems. The company's accounting records are maintained at the company's registered office at The Clock House, National Sports Campus, Snugborough Road, Dublin 15.

Statement on relevant audit information

Each of the persons who are directors at the time when this Directors' report is approved has confirmed that:

- so far as the director is aware, there is no relevant audit information of which the company's auditors are unaware, and
- the director has taken all the steps that ought to have been taken as a director in order to be aware of any relevant audit information and to establish that the company's auditors are aware of that information.

Small companies exemption

The entity has availed of the small company exemption contained in the Companies Act 2014 with regards to the requirements for exclusion of certain information in the directors report.

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

DIRECTORS' REPORT (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

Auditors

The auditors, OSK Audit Limited, continue in office in accordance with section 383(2) of the Companies Act 2014.

This report was approved by the board on 22 April 2024 and signed on its behalf.

Tom Dal

William Byrne Director

WIN HE

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

Report on the audit of the financial statements

Opinion

We have audited the financial statements of Irish Cycling Federation CLG T/A Cycling Ireland (the 'company') for the year ended 31 December 2023, which comprise the Income and expenditure account, the Statement of financial position, the Statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish law and accounting standards issued by the Financial Reporting Council, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' applying section 1A of that standard.

In our opinion, the accompanying financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 31 December 2023 and of its deficit for the year ended;
- have been properly prepared in accordance with Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Company's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND (CONTINUED)

Other information

The directors are responsible for the other information. The other information comprises the information included in the Annual report, other than the financial statements and our Auditors' report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2014

Based solely on the work undertaken in the course of the audit, we report that:

- in our opinion, the information given in the Directors' Report is consistent with the financial statements; and
- in our opinion, the Directors' Report has been prepared in accordance with applicable legal requirements.

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited, and the financial statements are in agreement with the accounting records.

Matters on which we are required to report by exception

Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the Directors' Report.

The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act are not made. We have nothing to report in this regard.

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND (CONTINUED)

Respective responsibilities and restrictions on use

Responsibilities of directors for the financial statements

As explained more fully in the Directors' responsibilities statement on page 1, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the management either intends to liquidate the company or to cease operations, or has no realistic alternative but to do so.

Auditors' responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the IAASA's website at: https://www.iaasa.ie/Publications/ISA-700-(Ireland). This description forms part of our Auditors' report.

The purpose of our audit work and to whom we owe our responsibilities

This report is made solely to the company's members, as a body, in accordance with Section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members, as a body, for our audit work, for this report, or for the opinions we have formed.

Deirdre McDermott for and on behalf of OSK Audit Limited Statutory Audit Firm Eastpoint Plaza Eastpoint Dublin 3

Fiche un ama

22 April 2024

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 DECEMBER 2023

	Note	2023 €	2022 €
Income	4	5,515,888	5,107,247
Administrative expenses		(5,518,465)	(5,691,889)
Gain from changes in fair value of investment property	11	<u> </u>	400,000
(Deficit) for the financial year	5	(2,577)	(184,642)
Retained earnings at the beginning of the financial year		1,071,587	1,256,231
(Deficit) for the financial year		(2,577)	(184,642)
Retained earnings at the end of the financial year		1,069,010	1,071,589

There were no recognised gains or losses for 2023 or 2022 other than those included in the income and expenditure account.

William Byrne

Signed on behalf of the board:

Tom Daly

Director Director

Date: 22 April 2024

The notes on pages 12 to 26 form part of these financial statements.

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

STATEMENT OF FINANCIAL POSITION AS AT 31 DECEMBER 2023

	Note		2023 €		2022 €
Fixed assets					
Tangible assets	10		209,137		247,623
Financial assets	11		850,000		850,000
		-	1,059,137	_	1,097,623
Current assets					
Stocks	12	-		20,380	
Debtors: amounts falling due within one year	13	270,251		496,203	
Cash at bank and in hand	14	2,380,004		1,756,023	
		2,650,255		2,272,606	
Creditors: amounts falling due within one year	15	(2,244,247)		(2,225,840)	
Net current assets			406,008		46,766
Total assets less current liabilities		-	1,465,145	-	1,144,389
Creditors: amounts falling due after more than one year	16		(396,134)		(72,800)
Net assets		-	1,069,011	-	1,071,589
Reserves					
Income and expenditure account	17		1,069,011		1,071,589
Members' funds		-	1,069,011	-	1,071,589
		;		:	

These financial statements have been prepared in accordance with the small companies regime.

The financial statements were approved and authorised for issue by the board:

Tom Daly

Director

William Byrne Director

Date: 22 April 2024

The notes on pages 12 to 26 form part of these financial statements.

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 DECEMBER 2023

	2023 €	2022 €
Cash flows from operating activities	•	C
(Deficit) for the financial year Adjustments for:	(2,577)	(184,642)
Depreciation of tangible assets	124,484	179,473
Decrease/(increase) in stocks	20,380	(11,487)
Decrease/(increase) in debtors	225,952	(226,939)
(Decrease)/increase in creditors	(111,263)	144,952
Net fair value (gains)/losses recognised in Income & Expenditure account	-	(400,000)
Corporation tax received	27,065	
Net cash generated from operating activities	284,041	(498,643)
Cash flows from investing activities		
Purchase of tangible fixed assets	(85,999)	(111,166)
Net cash from investing activities	(85,999)	(111,166)
Cash flows from financing activities		
New secured loans	425,939	-
Net cash used in financing activities	425,939	-
Net increase/(decrease) in cash and cash equivalents	623,981	(609,809)
Cash and cash equivalents at beginning of year	1,756,023	2,365,832
Cash and cash equivalents at the end of year	2,380,004	1,756,023
Cash and cash equivalents at the end of year comprise:		
Cash at bank and in hand	2,380,004	1,756,023
Net funds as at 31st December	2,380,004	1,756,023

The notes on pages 12 to 26 form part of these financial statements.

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

1. General information

The financial statements comprise of the income and expenditure account, the statement of financial position, cash flow statement and related notes that constitute the financial statements of Irish Cycling Federation CLG T/A Cycling Ireland for the financial year ended 31st December 2023.

The Irish Cycling Federation CLG T/A Cycling Ireland is a company limited by guarantee having no share capital, incorporated and registered in the Republic of Ireland (CRO number: 134567). The registered office is at The Clock House, National Sports Campus, Snugborough Road, Dublin 15 which is also the principal place of business of the company. The nature of the company's operations and its principal activities are set out in the Directors' report.

Statement of compliance

The financial statements have been prepared in accordance with FRS 102 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland' (FRS 102), applying section 1A of that standard.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared on the going concern basis in accordance with the historical cost convention modified to include certain items at fair value. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and FRS 102, the Financial Reporting Standard applicable in the United Kingdom and the Republic of Ireland issued by the Financial Reporting Council. The company qualifies as a small company for the period, as defined by section 280A of that Act, in respect of the financial year, and has applied the rules of the 'Small Companies Regime' in accordance with section 280C of the Act and Section 1A of FRS 102.

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements:

2.2 Foreign currency translation

Functional and presentation currency

The company's functional and presentational currency is Euro.

Transactions and balances

Foreign currency transactions are translated into the functional currency using the spot exchange rates at the dates of the transactions.

At each period end foreign currency monetary items are translated using the closing rate. Non-monetary items measured at historical cost are translated using the exchange rate at the date of the transaction and non-monetary items measured at fair value are measured using the exchange rate when fair value was determined.

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

2. Accounting policies (continued)

2.3 Income

Income comprises principally affiliation fees, sponsorship income, fee income and grant income. Grant income is accounted for as set out in the Grant accounting policy. Other income is accounted for as it falls due on an accruals basis.

Income is recognised to the extent that it is probable that the economic benefits will flow to the company and the revenue can be reliably measured. Income is measured as the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

2.4 Borrowing costs

All borrowing costs are recognised in the income and expenditure account in the year in which they are incurred.

2.5 Pensions

The company operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payment obligations.

The contributions are recognised as an expense in income and expenditure when they fall due. Amounts not paid are shown in accruals as a liability in the statement of financial position. The assets of the plan are held separately from the company in independently administered funds.

2.6 Government grants

Grants are accounted under the accruals model as permitted by FRS 102. Grants relating to expenditure on tangible fixed assets are credited to the income and expenditure account at the same rate as the depreciation on the assets to which the grant relates. The deferred element of grants is included in creditors as deferred income.

Grants of a revenue nature are recognised in the income and expenditure account in the same period as the related expenditure.

OSK confirm that Sport Ireland grants received during the year were expended for the purpose for which they were intended.

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

2. Accounting policies (continued)

2.7 Tangible fixed assets

Tangible fixed assets under the cost model are stated at historical cost less accumulated depreciation and any accumulated impairment losses. Historical cost includes expenditure that is directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management.

Depreciation is charged so as to allocate the cost of assets less their residual value over their estimated useful lives, using the striaght line method.

Depreciation is provided on the following basis:

Motor vehicles

Fixture and fittings

Cycling and other equipment

Computer equipment

- 25% on a straight line basis

- 20% on a straight line basis

- 25% on a straight line basis

- 33.33% on a straight line basis

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposals are determined by comparing the proceeds with the carrying amount and are recognised in the income and expenditure account.

2.8 Investment property

Investment property is carried at fair value determined annually by external valuers and derived from the current market rents and investment property yields for comparable real estate, adjusted if necessary for any difference in the nature, location or condition of the specific asset. No depreciation is provided. Changes in fair value are recognised in the income and expenditure account.

Rental income arising on investment property is accounted for on a straight-line basis over the lease term of the ongoing leases and is recognised in rental income in the income and expenditure account.

2.9 Stocks

Stocks are stated at the lower of cost and net realisable value, being the estimated selling price less costs to complete and sell. Cost is based on the cost of purchase on a first in, first out basis.

2.10 Debtors

Short term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method, less any impairment.

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

2. Accounting policies (continued)

2.11 Cash and cash equivalents

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

In the Statement of cash flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

2.12 Creditors

Short term creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

2.13 Financial instruments

The company only enters into basic financial instrument transactions that result in the recognition of financial assets and liabilities like trade and other debtors and creditors, loans from banks and other third parties, loans to related parties and investments in ordinary shares.

3. Judgments in applying accounting policies and key sources of estimation uncertainty

The preparation of these financial statements requires management to make judgements, estimates and assumptions that affect the application and policies and reported amounts of assets and liabilities,income and expenses.

Judgements and estimates are continually evaluated and are based on historical experiences and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Useful lives of tangible fixed assets

Long-lived assets comprising primarily of fixtures and fittings, computer equipment, motor vehicles and cycling and other equipment represent a significant portion of total assets. The annual depreciation and amortisation charge depends primarily on the estimated lives of each type of asset and, in certain circumstances, estimates of residual values. The directors regularly review these useful lives and change them if necessary to reflect current conditions. In determining these useful lives management consider technological change, patterns of consumption, physical condition and expected economic utilisation of the assets. Changes in the useful lives can have a significant impact on the depreciation and amortisation charge for the financial year.

Going concern

The company has prepared budgets for a period of at least twelve months from the date of approval of the financial statements, which demonstrate that there is no material uncertainty regarding the company's ability to meet its liabilities as they fall due, and to continue as a going concern. The company has a reasonable expectation, at the time of approving the financial statements, that the company has adequate resources to continue its operations. For this reason, the company continues to adopt the going concern basis in preparing its financial statements.

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

4. Income

An analysis of turnover by class of business is as follows:

	2023 €	2022 €
Sport Ireland grant income	2,243,941	2,072,882
Sport NI grant income	325,877	358,765
Other grant income	213,918	114,399
Affiliation fees	2,330,269	2,224,173
Sponsorship	-	24,477
Sponsorship in kind	5,000	35,000
Paralympics Ireland contribution	181,167	156,815
Rental income	35,000	35,000
The Rank Foundation - Ulster officer development contribution	35,000	23,321
AXA Bike Hub	-	29,754
Coaching, education, entry fees and other income	21,385	15,482
Insurance claim	100,741	-
Cycle Right program	14,070	7,528
Cycle Right other	9,520	9,651
	5,515,888	5,107,247

5. (Deficit) on ordinary activities

The (deficit) is stated after (crediting)/charging:

	2023 €	2022 €
Depreciation of tangible fixed assets	124,485	179,745
Deficit on foreign exchange	3,332	36,168
Rental income	(35,000)	(35,000)
Defined contribution pension cost	25,842	8,877
Capital grant amortisation	(29,503)	(20,906)

ANNUAL REPORT

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

6. Sport Ireland Grants

Sport Ireland - Core Funding Grant (Received in 2023 - €500,000)

This grant contributes towards the annual general administration costs incurred by Cycling Ireland. €440,000 of the 2023 grant has been expended in 2023 and is included in the Income and Expenditure account with €60,000 deferred into 2024 as highlighted in Note 7 within the Financial Statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - Women in Sport Funding Grant (Received in 2023 - €60,000)

This grant contributed towards expenditure incurred by Cycling Ireland in promoting women's participation in sport. €36,262 of the 2022 grant and €30,000 of the 2023 grant has been expended in 2023 and is included in the Income and Expenditure account with €30,000 deferred into 2024 as highlighted in Note 7 within the Financial Statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - Dormant Accounts Funding Grant (Received in 2023 - €234,750)

The 2023 grant contributed towards expenditure incurred by Cycling Ireland around the following areas: Get Ireland Cycling, Local Disability Sports Fund, Volunteer Supports and Her Moves. €171,981 of the 2022 grant has been expended in 2023 and is included in the Income and Expenditure account with €314,545 deferred into 2024 as highlighted in note 7 of the financial statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - Special Projects Grant (Received in 2023 - €163,000)

This grant contributes towards special projects of Cycling Ireland. €43,000 of the 2023 grant has been expended in 2023 and is included in the Income and Expenditure account with €120,000 deferred into 2024 as highlighted in note 7 of the financial statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - HER Outdoors Week 2023 Grant (Received in 2023 - €2,200)

This grant contributes towards costs associated with HER Outdoors Week. €1,488 of the 2023 grant has been expended in 2023 and is included in the Income and Expenditure account with €712 deferred into 2024 as highlighted in Note 7 within the Financial Statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - High Performance Impact & Paris 2024 Support Grant (Received in 2023 - €130,000)

This grant contributes towards the costs incurred by Cycling Ireland to address reccommendations arising from the Tokyo review in respect of the athlete pathway and costs associated with Olympic qualification events. €110,000 of the 2023 grant has been expended in 2023 and is included in the Income and Expenditure account with €20,000 deferred into 2024 as highlighted in Note 7 within the Financial Statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - High Performance Core Grant (Received in 2023 - €520,000)

This grant contributes towards the costs incurred by Cycling Ireland in relation to its High Performance programme. The grant covers the calendar year ending on 31 December 2023. €520,000 was received in 2023 and is included in the Income and Expenditure Account for the financial year ended 31 December 2023. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

Sport Ireland - Healthy Ireland Funding - Get Ireland Cycling Grant (Received in 2023 - €138,500)

This grant is to support Get Ireland Cycling. €94,550 of the 2022 grant and €14,801 of the 2023 grant has been expended in 2023 and is included in the Income and Expenditure account with €123,700 deferred into 2024 as highlighted in Note 7 within the Financial Statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - International Carding Scheme Grant (Received in 2023 - €536,500)

This grant was awarded as part of the International Carding Scheme. The grant covers the calendar year ending on 31 December 2023. €4,688 of the 2022 grant and €524,000 of the 2023 grant has been expended in 2023 and is included in the Income and Expenditure account with €12,500 deferred into 2024 as highlighted in Note 7 within the Financial Statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - Great Dublin Bike Ride European Week of Sport Grant (Received in 2023 - €50,000)

This funding is in relation to the European Week of Sport 2023. The funding covers the calendar year ending on 31 December 2023. €50,000 was received in 2023 and is included in the Income and Expenditure Account for the financial year ended 31 December 2023. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - Athlete Career Transition Programme Grant (Received in 2023 - €NIL)

This programme provides financial and services support to carded athletes on retirement. €7,875 of the 2022 grant has been expended in 2023 and is included in the Income and Expenditure Account for the financial year ended 31 December 2023. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - COVID-19 Grant Scheme 2022 (Received in 2023 - €NIL)

This grant is to be used to overcome any barriers so that the Company can fully return to organised sport. €195,297 of the 2022 grant has been expended in 2023 and is included in the Income and Expenditure Account for the financial year ended 31 December 2023. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - Research Grant Scheme Allocation 2022-2023 (Received in 2023 - €NIL)

This grant is to be used to Conduct an appraisal of the needs of cyclists along the development continuum. The full 2022 grant amount being €13,500 has been deferred into 2024 as highlighted in Note 7 within the Financial Statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

7. Sport Ireland Deferred Grants

	2023 €	2022 €
Sport Ireland Dormant Accounts Funding		C
Grant received during the year	234,750	274,250
Unspent grant brought foward	251,776	112,005
Grant expenditure during the year	(171,981)	(100,129)
Capital element deferred	-	(34,350)
Grant deferred	314,545	251,776

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

	2023 €	2022 €		2023 €	2022 €
Sport Ireland Research Grant Scheme Allocation 2022-2023	·		Sport Ireland HER Outdoors Week 2023 Grant		Č
Grant received during the year	-	13,500	Grant received during the year	2,200	-
Unspent grant brought foward	13,500	-	Unspent grant brought forward	-	-
Grant expenditure during the year	-	-	Grant expenditure during the year	(1,488)	-
Grant deferred	13,500	13,500	Grant deferred	712	-
	2023	2022		2023	2022
On out Inches of the oldby, Inches of Francisco, Cod Inches of Carolina	€	€	On ant Incland COVID 40 On at Calcana 2000	€	€
Sport Ireland Healthy Ireland Funding - Get Ireland Cycling			Sport Ireland COVID-19 Grant Scheme 2022		
Grant received during the year	138,500	125,000	Grant received during the year	-	245,000
Unspent grant brought forward	94,551	62,500	Unspent grant brought forward	195,297	-
Grant expenditure during the year	(109,351)	(92,949)	Grant expenditure during the year	(195,297)	(49,703)
Grant deferred	123,700	94,551	Grant deferred	-	195,297
Sport Ireland Core Funding Grant	2023 €	2022 €	Sport Ireland High Performance Impact & Paris 2024 Support Funding	2023 €	2022 €
Grant received during the year	500,000	420,000	Grant received during the year	130,000	-
Unspent grant brought forward	-	120,000	Unspent grant brought forward	-	-
Grant expenditure during the year	(440,000)	(540,000)	Grant expenditure during the year	(110,000)	-
Grant deferred	60,000	-	Grant deferred	20,000	-
	2023	2022		2023	2022
Sport Ireland Women in Sport Funding Grant	€	€	Sport Ireland International Carding Scheme Grant	€	€
Grant received during the year	60,000	90,000	Grant received during the year	536,500	459,500
Unspent grant brought forward Grant expenditure during the year	36,262 (66,262)	18,801 (72,539)	Unspent grant brought forward Grant expenditure during the year	4,688 (528,688)	- (454,812)
Grant deferred	30,000	36,262	Grant deferred	12,500	<u>4,688</u>

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

Sport Ireland Athlete Career Transition Programme Grant	2023 €	2022 €
Grant received during the year Unspent grand brought forward Grant expenditure during the year Grant deferred	7,875 (7,875)	15,750 55,875 (63,750) 7,875
Sport Ireland Special Projects Grant	2023 €	2022 €
Grant received during the year Unspent grand brought forward Grant expenditure during the year	163,000 - (43,000)	- 4,000 (4,000)
Grant deferred	120,000	-
	2023 €	2022 €
Total of all Sport Ireland deferred grants at year end (note 15)	694,957 	603,949

8. Employees

The average monthly number of employees, including the directors, during the year was as follows:

No directors emoluments were paid during the year (2022 - nil).

	2023	2022
	No.	No.
Employees	28	26

Number of employees whose benefits (excluding pension) are €60,000 or greater:

	No. of	No. of employees	
	2023	2022	
€60,000	1	2	
€80,000	2	1	
€100.000	0	1	

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

9. Taxation status

The company is exempt from corporation tax under Section 235 TCA 1997.

The company is fully tax compliant and has a current Tax Clearance Certificate.

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

10. Tangible fixed assets

	Motor vehicles €	Fixtures & fittings €	Computer equipment €	Cycling & other equipment €	Total €
Cost or valuation					
At 1 January 2023	86,216	169,800	283,660	383,180	922,856
Additions	16,400	-	27,557	42,042	85,999
At 31 December 2023	102,616	169,800	311,217	425,222	1,008,855
Depreciation					
At 1 January 2023	60,646	149,012	191,337	274,238	675,233
Charge for the year on owned assets	13,557	8,851	51,378	50,699	124,485
At 31 December 2023	74,203	157,863	242,715	324,937	799,718
Net book value					
At 31 December 2023	28,413	11,937	68,502	100,285	209,137
At 31 December 2022	25,570	20,788	92,323	108,942	247,623

11. Financial Assets

	Investment property €
Valuation	
At 1 January 2023	850,000
At 31 December 2023	850,000

The freehold investment located at 619 North Circular Road, Dublin 1 was valued at €850,000 by FH Estates Limited, Docklands Innovation Park, East Wall Road, Dublin 3, as set out in their report dated 18th February 2023. The valuation was commissioned by the Irish Cycling Federation. The basis of the valuation used was the current open market value of the property.

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

12. Stocks

		2023 €	2022 €
	Finished goods and goods for resale	-	20,380
		-	20,380
13.	Debtors		
		2023 €	2022 €
	Trade debtors	15,360	17,045
	Other debtors	46,545	73,610
	Prepayments	83,124	173,502
	Sport NI grants receivable	92,055	232,046
	Other grants receivable	33,167	-
		270,251	496,203
14.	Cash and cash equivalents		
		2023 €	2022 €
	Cash at bank and in hand	2,380,004	1,756,023
		2,380,004	1,756,023

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

15. Creditors: Amounts falling due within one year

	2023 €	2022 €
Bank loan	67,867	-
Deferred Sport Ireland grant income	694,957	603,949
Deferred income	638,370	696,416
Trade creditors	88,711	320,728
PAYE/PRSI	31,914	97,303
Other creditors	615,423	370,958
Accruals	77,502	112,219
Deferred capital grants	29,503	24,267
	2,244,247	2,225,840

Details of security provided:

First legal mortgage/charge over the property at Kelly Roche House, 619 North Circular Road, Dublin 1 registered in the name of Irish Cycling Federation.

16. Creditors: Amounts falling due after more than one year

	2023 €	2022 €
Bank loan	358,072	-
Deferred capital grants	38,062	72,800
	396,134	72,800

17. Reserves

Income and expenditure account

The income and expenditure account reserve represents cumulative gains and losses recognised in the income and expenditure account, net of transfers to / from other reserves.

18. Company status

The company is limited by guarantee and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding €1 towards the assets of the company in the event of liquidation.

19. Pension commitments

The company operates a defined pension contribution pension scheme. The assets of the scheme are held seperately from those of the company in an independently administered fund. The pension cost charge represents contributions payable by the company to the fund amounted to €28,542 (2022 - €8,877).

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

20. Post balance sheet events

There have been no significant events affecting the company since the year end.

21. Approval of financial statements

The board of directors approved these financial statements for issue on 22 April 2024.

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

DETAILED ACCOUNTS

FOR THE YEAR ENDED 31 DECEMBER 2023



CYCLING IRELAND

ANNUAL REPORT

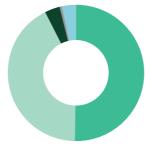
Cycling Ireland's 2023 Financial Statements and financial report are presented within the Annual Report available at cyclingireland.ie. The report provides a detailed overview of the Financial results, including the Auditors Report, the Directors' Report, Accounting Policies and Reserves position of the company.

Financially, 2023 saw a return to stability. Despite a budgeted deficit of €114k, we over-achieved this significantly being just marginally short of break-even. Internal financial management and budgetary control systems have been overhauled, and disciplined spending controls are in place. Our reports show that just over 50% of our funding come from Sport Ireland, Sport Northern Ireland, and other Government departments. As always, we remain extremely thankful to all our members and all our funders for this continued support.



INCOME		
Government Funds	€2,779,126	50.38%
Affiliation Fees	€2,330,269	42.25%
COVID-19 Relief Funds	€195,297	3.54%

INCOME		
Fundraising and Sponsorship	€40,000	0.73%
Programmes and Other projects	€171,196	3.10%



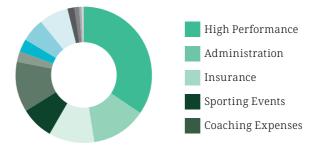




Programmes and Other projects

EXPENDITURE		
High Performance	€1,911,573	34.62%
Administration	€723,548	13.10%
Insurance	€584,817	10.60%
Sporting Events	€432,154	7.83%
Coaching Expenses	€656,753	11.91%
Marketing	€151,325	2.74%
Professional and Consultancy Fees	€154,135	2.79%

EXPENDITURE		
Provinces	€319,059	5.78%
Membership	€374,417	6.78%
Commissions	€95,195	1.72%
Financial Fees	€64,184	1.16%
Premisses	€30,959	0.56%
Motor and Travel	€20,346	0.37%







CYCLING IRELAND

ANNUAL REPORT

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

SCHEDULE TO THE DETAILED ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2023

	2023	2022
	€	€
Income		
Affiliation Fees	2,330,269	2,224,173
Sport Ireland - Core Grant *	440,000	540,000
Sport Ireland - Women in Sport Grant *	66,262	72,539
Sport Ireland - EWOS - Great Dublin Bike Ride *	50,000	50,000
Sport Ireland - Healthy Ireland - Keep Ireland Cycling *	109,350	92,950
Sport Ireland - High Performance Internatinal Carding Grant *	528,688	454,813
Sport Ireland - High Performance Core Grant *	520,000	520,000
Sport Ireland - 2023 Her Outdoors *	1,488	-
Sport Ireland - Dormant Accounts Funding Grant *	171,981	100,129
Sport Ireland - Special Project Grants *	43,000	29,000
Sport Ireland - ACT Carding Grant *	7,875	63,750
Sport Ireland - High Performance Impact Funding *	110,000	-
Sport Ireland - Covid-19 Grant Scheme IV Club Resilience Funding *	-	100,000
Sport Ireland - Covid Scheme 2022 *	195,297	49,703
Cycle Right Resource **	85,325	85,000
Cycle Right Other	9,520	9,651
Bike Week **	22,476	18,899
Cycle Right Programme Income	14,070	7,528
Sports Northern Ireland Grants	325,877	358,764
Olympic Ireland Funding	-	10,500
Sponsorship	5,000	59,477
Paralympics Ireland Contribution	181,167	156,815
The Rank Foundation - Ulster Officer Development Contribution	35,000	23,321
AXA Bike Hub - CBR	-	29,754
Department of Transport - CBR **	106,118	-
Coaching, Education, Entry Fees, Other Income	21,385	15,481
Rental Income	35,000	35,000
Insurance Claim	100,741	-
Total	5,515,888	5,107,247

^{*} The Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media is the sponsoring Department for all Sport Ireland grant income.

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

SCHEDULE TO THE DETAILED ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2023

Coaching Expenses	2023 €	2022 €
Gross Wages	75,979	186,965
Coach and other Expenses	15,941	7,928
Women in Sports Programmes	66,262	27,846
Cycle Right and Other Programmes	66,010	50,655
Coaching & Development Programmes & Coaching	50,315	39,217
Community Bike Rides/Get Ireland Cycling/Axa	210,264	74,910
Dormant Account Expenditure	171,981	100,129
Total	656,753	487,649
	2022	2022
O a manufaction o	€	€
Commissions		
Women's Commission	17,248	19,272
Road Activities	4,747	2,822
BMX Commission	25,014	44,078
Off Road Development	22,076	35,979
College of Commissaries	10,163	11,545
Youth Initiatives	-	28,058
Track Commission	5,953	1,473
Paralympics Commission	8,495	13,145
Others	1,500	10,660
Total	95,195	167,032

^{**} The Department of Transport is the sponsoring Department for Cycle Right and Bike Week, and CBR funding.

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

SCHEDULE TO THE DETAILED ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2023

	2023	2022
High Dayfaymanas Cantual Casta	€	€
High Performance Central Costs		
Gross Wages	398,888	270,164
Staff Expenses	16,735	24,282
Miscellaneous Expenses	7,289	21,716
Training Camp Majorca	2,844	45,933
Consultancy	44,142	65,141
Consumable Equipment	6,167	3,647
Equipment Adjustment	114,250	-
Depreciation	21,051	53,922
Total	611,366	484,805
	2023	2021
	€	€
Elite Track Training		
Sport Ireland International Carding Scheme	528,688	454,813
Sport NI - Athelete Awards	50,000	-
Cycling Ireland - Carding Contribution	-	20,000
Athlete Career Transition	7,875	84,900
High Performance - Competition	713,643	645,644
Tatal	4 200 007	4 005 057
Total	1,300,207	1,205,357
	2023	2022
	€	€
Membership Expenses	•	•
• •		
Gross Wages	141,168	139,328
Membership System and Other Support	183,200	95,957
Printing, Postage and Carriage	38,272	18,764
Printing of Licences and Handbooks	-	46,450
Website	1,263	360
Miscellaneous Expenses	3,222	5,525
Medals, Jerseys and Other	7,292	5,801
Total	374,417	312,185

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

SCHEDULE TO THE DETAILED ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2023

	2023	2022
On anting 9 France	€	€
Sporting & Events		
Gross Wages	166,614	120,397
Staff Expenses	22,317	20,555
Stage Race Grant and Others	-	17,235
Consultancy	24,838	34,906
Event Costs	153,386	215,413
GDBR Costs	65,000	124,703
SNI Club Development	-	6,634
Total	432,154	539,843
	2023	2022
	€	€
Professional Fees		
Payroll Fees	7,393	9,594
Board Expenses	11,434	38,231
Consultancy	26,482	85,814
Legal Fees	71,614	179,496
Audit Fees	15,375	10,950
Subscriptions	4,161	2,243
Sage 200 Fees	17,677	16,163
Total	154,135	342,491
	2023	2022
	€	€
Financial		
Bank and Online Payments Provider Charges	63,187	54,851
Loan Interest	4,310	-
Exchange Rate Difference/Currency Charges	(3,313)	36,169
Total	64,184	91,020

CYCLING IRELAND

ANNUAL REPORT

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

SCHEDULE TO THE DETAILED ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2023

	2023	2022
	€	€
Other Administration Expenses		
Gross Wages	269,110	251,934
Contractors	247,900	238,312
Staff Expenses	33,896	41,426
Staff Training	2,350	3,853
Telephone	15,166	10,024
Miscellaneous	8,188	650
Equipment Maintenance	3,684	2,554
IT Costs	52,205	45,609
Depreciation	84,001	104,606
Other Administrative Expenses	36,551	36,231
Capital Grant Amortisation	(29,503)	(20,906)
Revaluation Surplus	-	(400,000)
Insurance	584,817	576,000
Total	1,308,365	890,293
	2023	2022
	€	€
Premises		
Utilities	3,506	1,423
Rent and Rates	19,142	16,472
Service Course Expenses	6,466	16,081
Repairs and Maintenance	1,845	9,582
Total	30,959	43,557

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

SCHEDULE TO THE DETAILED ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2023

	2023 €	2022 €
Marketing		
Gross Wages	75,883	102,283
AGM Costs	13,124	27,309
Staff Expenses	7,083	4,900
Advertising	13,682	52,955
Members' Newsletter	7,846	6,763
Consultancy Fees	7,035	17,574
TV Production / Video Livestreaming	26,673	127,951
Miscellaneous and Other	-	7,601
Sponsorship in Kind	-	35,000
Total	151,325	382,336
	2023	2022
	€	€
Motor and Travel Expenses		
Repairs and Servicing	12,638	6,327
Vehicle Tax	2,031	1,093
Fuel and Oil	4,532	6,127
Miscellaneous Motor Expenses	1,145	1,010
Staff Expenses	-	1,338
Total	20,346	15,895

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

SCHEDULE TO THE DETAILED ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2023

Provinces	2023 €	2022 €
Connacht	20,359	18,871
Leinster	64,859	69,837
Munster	92,087	122,236
Ulster	141,754	118,482
Total	319,059	329,426









As the road racing scene began to wind down the Cyclo-

cross season took off in full swing. The Leinster League of

Cyclo-cross was held around Leinster again and many clubs

stepped up to run Cyclo-cross events for all categories. These races were well represented by all ages of racers with many

riders taking the opportunity to try this off-road discipline.

The Cycling Leinster AGM was held in October and all actions

on the night were accepted. There were a good number of new

members that joined the Cycling Leinster Executive and we are very pleased to have their enthusiasm and experience.



2023 has been all about building on initiatives that commenced over the previous couple of years.

The theme of 'Building for the future' continues to be a focus. Daire Feeley's role as Youth Development Officer has been pivotal in organising several summer camps and off-road youth training camps. Summer camps were delivered in Mayo, Roscommon, Galway and Sligo, with over 300 participants.

Building linkages with cycling clubs is a key component of this initiative. For 2023, we started out working with a targeted, select number of clubs, providing a €300 equipment grant per participating club, and plan to expand this going forward. Longer term success requires an All-Ireland strategy with a clear pathway for clubs, coaches and riders.

There are also two women-only sportives in the province: the Western Lakes Women's Sportif and the Women's Tour of Lough Gill. A significant highlight for 2023 was the inclusion of an eight-person women's team in the Mondello24. In addition to the event itself, there was a selection process and training programme, with widespread coverage and publicity that really raised the profile of women's cycling in Connacht. The team finished second overall, which is a testament to all the hard work that was put in by the team and coaches.

The Connacht Leisure Series continued into 2023 with five new clubs, one in each county, hosting the events. 2023 also saw the addition of a sponsor, Abbvie, with a focus on cycling safety. Participation in the series has really

helped the clubs involved who are reporting an increase in participation of between 50% and 75% compared when they ran the same event previously. The Cunga RAM was the Connacht event in the Cycling Ireland National Series 2023.

Cycling leagues were very much to the fore in 2023 with road race leagues taking place in Galway, Mayo and Sligo with good participation rates across all three. However, getting clubs to host provincial or national events continues to be a challenge due to the costs and risks involved.

In Off-road, both the MTB Cross-country and Cyclo-cross Connacht League Series were expanded with more clubs hosting rounds. Numbers participating have also increased, particularly in the youth categories. This is very encouraging as we are using these events to introduce the kids from the Youth Development Programme into the competitive side of the sport. The plan for next year is to try to encourage more clubs to host rounds and build on our relationships with Coillte, county councils and other landowners.

We finished off the year with an awards ceremony at the Ard Ri House Hotel in Tuam. In addition to the various category awards, lifetime achievement awards were presented to Martin O'Hara, Tony O'Neill and posthumously to Tommy Devereux.

In 2024 we hope to build on 2023 plans and initiatives set out including the development of junior and women's racing within the province, off-road and the leisure series.

COMMITTEE MEMBERS

LEINSTER

POSITION	NAME
Chairperson	Brian Hayden
Secretary	Nina Doyle
Treasurer	Hilda Mulrenna
Safe Guarding Officer/Womens Representative	Grainne Hanley
Youth Representative	Lorna Reilly
BMX Representative	Fiona Campbell
Cyclo-cross Representative	Liz Roche
Junior/U23 Road Selectors	Niall Doggett
	Stephen O'Shea
	Shay Murphy
Social Media	Shay Murphy
Track Representative	Genevieve Sheridan
Mountain Bike Representative	Lisa Davis
Commissaire Representatives	David Maguire
	Brian Carolan

COMMITTEE MEMBERS

POSITION	NAME
Chairperson	Pádraic Quinn
Secretary	Hannah Gibney
Treasurer	Kevin McMarrow
MTB/ Off Road Rep	Gary Collins
Leisure Rep	John Greene
Women's Rep	Stefanie Carr
PRO	Monique Stander
Sporting Rep	Mick Ruane
Safeguarding Rep	Hannah Gibney
Riders Rep	Richie O'Domhnaill
Technical Rep	Daire Mooney
Youth Rep	PJ McTavish





MUNSTER

Cycling Munster was the main organiser of Ras Mumhan 2023. Taking place over Easter Weekend and comprising of four stages, each stage was hosted by a club in Munster. Over 200 riders took part. The race was deemed a major success, with continued development and growth planned for 2024.

The Cycling Munster Leisure Commission page on Facebook has 227 followers to date and is successfully being used to advertise and promote leisure events in the province.

The Munster Leisure Series partnered with several clubs in the region. Events were selected for inclusion in the Munster Leisure Series and funding was allocated thanks to Cycling Munster.

In 2023 six leisure events took place as part of the 2023 Cycling Munster Leisure Series.

Kanturk Cycling Club organised the Track League. This proved very popular, and it is hoped that more events of this type will take place. There was Track open days which were well supported. The Munster Youth Academy travelled abroad to the United Kingdom for the North West Youth Tour and the Junior Tour of Wales, as well as Pennerbed and Ronde de Vallee in France and Acht van Vedel in Netherlands, with some great successes recorded. Junior and U23 Teams also took part in Ras Mumhan.

Sliabh Luachra hosted the Munster Youth Road Race in August with great success.

A team from Cycling Munster took part in the prestigious 2023 Ras na Mban in Kilkenny again this year. All riders finished well and their performance was a credit to the province.

To end the year out we had a very competitive and enjoyable Munster Cyclo-cross league in preparation for the 2024 Cyclo-cross National Championships to be hosted by Greenmount Cycling Academy.

Clonmel CC and Slievenamon CC brought UCI Cyclo-cross racing to Clonmel Co. Tipperary on the $14^{\rm th}$ and $15^{\rm th}$ of October 2023. The race was held at Powerstown Park in Clonmel the famous racecourse and coursing venue. This was the third year that this UCI C2 race as held in this location. Along with the UCI category races there was also a full complement of support races.

COMMITTEE MEMBERS

POSITION	NAME
Chairperson	Daniel Curtin
Secretary	Peter Finn
Treasurer	Pat Tarrant
Calendar Coordinator	John Breen
Member	Anthony Kenneally
	Roddy Keane

SUB COMMITTEE

POSITION	NAME
Welfare Officer	Joan Curtain
Women's Representative	Theresa Finn
Leisure Representative	Elaine McMahon
Cyclo-cross Representative	John Dempsey
Mountain Bike Representative	Dennis O'Shea
BMX Representative	Derek Jolly
Track Representative	Daniel Curtain

Cycling Ulster has to date funded 400 places for our members to complete their Accredited Marshal course. The scheme was awarded a Highly Commended at the RoadsafeNI awards. On the same awards night, the PSNI won the public sector category award for the 'Close Pass' Initiative, in collaboration with the Leisure Commission.

ULSTER

30 riders joined the MTB Development Squad, training for cross-country, enduro and downhill. The commission funded cross-country riders to attend four out of the five rounds of the British Series.

A cyclo-cross beginner's training day was held on September 10th with a morning session for youth and an afternoon session for those aged 14 and over.

The Ulster Cyclo-cross series had five rounds this year with an additional three events. The Off-road race series faced considerable challenges finding venues and hosts; many events did not run.

In May 2023 Belfast City Council undertook significant maintenance to the track at Ormeau Park with assistance/guidance from Belfast City BMX club.

A total of 29 riders from Ulster Clubs travelled to Glasgow for the UCI World Championships in August.

For the first time Ireland was represented in two BMX disciplines. Ulster rider Ryan Henderson and Dino Jeffers competed in the Freestyle and Flatland respectively.

Ulster was well represented on the road, a total of 10 Ulster riders represented Ireland in the European Championships in September.

The Leisure Commission ran their successful first 'Leisure Series'.

Clubs were asked by the Leisure Commission to report on their charitable activities. Over £200,000 has been raised in Ulster from cycling events. The Commission funded places for 15 new Ride Leaders and has a total of 21 bike stores on-board with the shop partnership, offering discounts to our members.

Track Cycling activities continued throughout 2023. The Monday sessions for up to Under 14 and Wednesdays for Under 16 proved successful. The squad performed well at the UK inter-regional event in Glasgow in August. Similar initiatives are planned for 2024, with a UK School Games combining Track and Road taking place in September.

The Women's Commission had a busy year increasing participation with Women's on Wheels Off- road programme and rider development with the 'Next Steps MTB' rides. A range of online talks were delivered on relevant subjects for our members.

Many levels of training were offered to our members from Foundation coaching to Trail cycle leaders to grow their group of female coaches.

Finally, the 'Big Day Out – Women's Cycling Festival' was a resounding success during its two day event with workshops and group rides.

We are extremely grateful to our sponsors O'Reilly Stewart, The Donnelly Group and Phillip McCallen for their continued support which greatly contributes to the success of our clubs and initiatives.

Our social media presence has taken an up-turn this last year, with more club and member engagement, helping to spread the good news around cycling.

COMMITTEE MEMBERS

POSITION	NAME
Chairperson, Finance Committee and External Engagement	Tommy McCague
Secretary, Finance Committee and BMX Commission Rep	Paul Sanders
Treasurer, Finance Committee and Off-road Commission Representative	Marian Lamb
Safeguarding Officer and Finance Committee	Pamela Ward
Executive Officer and Leisure Commission Representative	Joanna Gray
Executive Officer, Advocacy and Road Commission Representative	James McLaughlin
Executive Officer, Safety and Events	Stephen Connolly
Executive Officer	Sean McCourt

BMX COMMISION



The BMX Commission continues to make steady progress in the development of BMX racing in Ireland. In 2023, Post-Covid BMX licence holders increased by 10% from 672 in 2022 to 730 in 2023.

BMX Freestyle is now an Olympic and UCI affiliated discipline and will require support. The BMX Commission will be working with Matt Gillespie from Thunder Park in Belfast in 2024.

The BMX Commission also works closely with clubs to encourage local participation, coaching, commissaire training and race days. BMX clubs are now established as far apart as Cork and Larne in Co. Antrim. Track development is on-going.

The 2023 National Series consisted of five rounds that ran from April to September at five different venues. The BMX Commission successfully rolled out a new Mylaps/Sqorz timing system across five different clubs during 2023. The new technology was a great success and greatly received by the BMX Community and race organisers.

The 2023 BMX National Championships returned in July to Cork BMX Club facility. The Cycling Ireland BMX Commission would like to thank the fantastic volunteers of Cork BMX club for their tireless work to organise and host such a top-class event. A fantastic day was had by all who attended.

Ratoath BMX Club will host the 2024 National Championships in July.

We also saw some great results in the UK and farther afield, with Irish riders climbing the podiums across Europe and at the 2023 BMX World championships in Glasgow with Evan Bartley securing world ranking W3 in 12 Boys and Reuben Byrne claiming the W6 plate in Boys 14. Bynre also secured a European E4 plate in Basancon, France, in June 2023.

Freestyle BMX was also represented on the international scene for the first time by Ryan Henderson who managed to place inside the top 40 at the World Championships in Glasgow.

Dino Jeffers made history with an entry and finished inside the top 40 riders in the discipline of Flatland riding.

2024 STRATEGIC OBJECTIVES

Going forward into the 2024 season and beyond, the BMX Commission is committed to further promoting and developing BMX racing at club and national level, track building, encouraging local participation, and managing our national BMX squad to attain success at international level.

We are expecting up to 15 riders will compete in the 2024 BMX racing challenge World championships and European championships in Rockhill NC, USA and Verona, Italy in 2024.

Coaching is the key word for 2024. Coaching programmes from beginner level fundamentals to L5 Elite level are now in place and are available for all clubs to avail of. Coach the Coach programmes are to be rolled out at club level by newly qualified coaches. We will also be running Commissaire training courses and Sqorz race software courses in 2024.

There has been a progressive and sustained race track and pump track building program in place. We have a busy schedule of track development and proposals across all provinces for 2024.

The National BMX Squad is heading into its eighth season being managed by Eugene Jackson and UK based coach Jeremy Hayes. The Senior High-Performance squad consists of Matthew Malone and Danny O'Gorman.

COMMITTEE MEMBERS

POSITION	NAME	PROVINCE
Chairperson	Tom Campbell	Leinster
Safeguarding and Rider Development	Eugene Jackson	Leinster
Treasurer/ Race team Organiser	Nathalie Lawlor	Leinster
Secretary	Sorcha McConnell	Ulster
Chief Commissaire	Kevin McShane	Ulster
Web and Cace entry	Shay McNally	Leinster
Track Development	Eamonn Wyer	Leinster
Women's Spokesperson	Noelle Noonan	Munster
Freestyle Assistant	Peter Caldwell	Ulster
Freestyle Development	Matt Gillespie	Ulster
IT	Eamonn Linehan	Leinster
Cycling Ireland Rep	Eoin O'Neill	

CO-OPTED COMMISSION MEMBERS & THEIR ROLES

POSITION	NAME
Media Design & Branding	Lar Massey
National BMX Development Coach	Jeremy Hayes

OFF-ROAD COMMISSION

PARACYCLING COMMISSION



It was another busy year for the Off-road Commission, who continue to work hard supporting clubs, coordinating calendars and overseeing the disciplines of cross-country, cyclocross, downhill and enduro in Ireland.

CROSS-COUNTRY

We had five rounds of the National XC Series this year with three new venues for the series. The National Championships took place at Bellurgan Park, Co. Louth, in July hosted by Bellurgan Wheelers.

Chris Dawson competed for Ireland at the World Championships in Glentress, Scotland in 2023.

CYCLO-CROSS

The 2023-24 season was a highlight for this discipline in Ireland. We had the third year of the UCI C2 event at Clonmel, the second year of the National Cyclo-cross series with six events, and our National Championships at the Limerick Racecourse, in January 2024 hosted by Greenmount Cycling Academy.

It was great to have the World Cup return to the Sport Ireland Campus. Some great racing from amateurs and professionals. We have worked at building a national CX development squad and have developed a good working relationship with Cycling Ireland's High Performance Unit.

DOWNHILL

The Irish Downhill Mountain bike Series (IDMS) is still as popular as ever, with events selling out in a matter of days. In 2023 there were three rounds, with the National Championships being held at The GAP in July.

The World Championships in Fort William had five riders competing, with Oisin O'Callaghan the highest placed taking 12th in the Elite Men's race.

ENDURO

There was a busy calendar of Enduro events, starting off with 2Enduro in Limerick. Events were also provided by Biking. ie, Vitus First Track and the Grassroots series. The National Championships were held in Ballyhoura, Co. Limerick, in August, hosted by Biking.ie, and utilised some of the new trail centre trails that were recently installed. Greg Callaghan and Leah Maunsell were crowned National Champions.

From the start of this year at our AGM, we had a change of personnel as Seamus Wall (Chairperson) and Declan Slevin (Secretary) retired and appointed Eamonn Byrne and Thomas Murphy as Chairperson and Secretary respectively. We added a new roll to our committee, a Participation Officer (Claire Ni Reachtagain), to facilitate a new aspect of the development squad.

We managed to have a couple of self-funded trips abroad with our development squad this year, one in March to Spain and then to the World Cup in Ostend in May - where our development athletes had a successful campaign and gained a lot of experience. Two of our development squad members were called up to the squad for the World Cup in Glasgow in August with the elite national team, which again was a great achievement for both athletes.

Domestically, we had a successful Road Race National Championships in Corkagh park and Track National

Championships at Sundrive Velodrome, following that with another well driven Time Trial National Championships up in Dungannon, Co. Tyrone. We had managed to get our Domestic Time Trial league up and running in April with six events.

We got a team involved in Mondello 24 to try and promote Para-cycling domestically. Claire was the lead coach/manager on this and it was a very successful event and we hope to expand this next year with two teams possibly.

On the promoting side, the committee put in great performances at the Next Gen campaign. They were successful for us, and potential athletes got real handson experience with hand bikes and watt bikes.

We finished off the domestic TT season in September up in Banbridge, were we had a presentation for league leaders in all categories.

There was a camp organised for a few riders in November for some winter training.

We also discussed in late November plans for 2024, with Mondello being a prime target for getting athletes of all abilities.

COMMITTEE MEMBERS

POSITION	NAME
Chairperson	Martin Grimley
Secretary	Gareth Gibbons
Treasurer	Bernie Commins
Downhill co-ordinator	Caroline Martinez
Cross-country co-ordinator	Paul Birchall
Enduro Rep	Al Redmond
Trail Development Rep	Kevin Moran
Women's Rep	Bernie Commins

COMMITTEE MEMBERS

POSITION	NAME
Chairperson	Eamonn Byrne
Secretary	Thomas Murphy
Participation Officer	Claire Ni Reachtagain
Manager	Andrea Ryan
Coach/ Mechanic	Tony Woods

TRACK COMMISSION

During 2023 the Track Commission faced some difficulties. A number of key elected members resigned. These included Chairperson, Paul Dixon, and members Anthony Mitchell and Nicola McKivergen. An Interim Chairperson was appointed during the year and subsequent to the AGM in December Autumn Collins was elected as the new Chairperson.

This year the Track Commission in association with Sundrive Velodrome Management organised the following:

- The Dublin Trackcycling International
- National Championships Junior, Youth, Senior, Masters, Team Track Championships, Omnium, Paracycling
- 4 single day events
- Members of the Commission were also involved in promoting sessions on Mondays (SQT), Tuesdays (Youth) and Saturdays (Senior and Youth)

Sundrive Track Team hosted all of the above National Championships.

Sundrive Velodrome Management (SVM) organised a successful project for the Ukrainian Crisis Committee supported by Dublin City Council. SVM are hoping to expand this project in 2024 to make it more inclusive.

There was definitely a downturn in attendances post Covid, but we believe we saw a slight reversal of this trend in 2023. We attribute this to the hard work and enthusiasm of the volunteers involved in running events.

In 2023 a Leinster Team, comprising of four girls and four boys, was invited to take part in the UK School Games in the Glasgow Velodrome. A considerable amount of work went into preparing the riders this event. It was a very worthwhile exercise, and it was agreed that the experience gained would benefit all involved.

The standard of our riders is improving but in the absence of an established 'Pathway' we are not seeing a noticeable increases in participants at any of the Velodromes. We need to encourage more people to assist in the running of events. We lost several of our Commissaires and trained support staff in 2023.

The organisers at Orangefield Track continued with their programme of training and running events but still struggle to attract Senior riders to training sessions. This is something they are trying to address. Due to the shared cycling / football activities in Orangefield the Youth Track Championships had to be transferred to Sundrive Track at short notice.

This year Sundrive Velodrome implemented some changes to see if they would improve attendance. Among the changes were:

- Alternating the midweek league between Sprinters and Endurance leagues.
- Expanded program of racing for Youth
- Open Team event
- Early season Women's Track League

Kanturk Velodrome is still a 'work in progress'. The Track Commission made efforts to improve communication to make activities in Ireland more inclusive. Track Commission have contacted Paul Watson directly to get his opinion on the suitability of this facility for hosting National competitions.

To sum up; we have excellent coaches and willing volunteers, however, these essential resources are finite and due to the work load are diminishing We are struggling with the lack of volunteers of coaching/timing/running events.

We would also welcome a Cycling Ireland Coaching Qualification, similar to Team GB (or other countries) and this is something we need particularly if the indoor Velodrome project is realised. We have been speaking to Dan Henchy, Neill Delahaye and Michael Black regarding this and it is something that we hope to develop sooner rather than later.

COMMITTEE MEMBERS

PRIOR TO AGM 18/12/2023

POSITION	NAME
Interim Chairperson	Eammon Byrne
Treasurer	John Coates
Secretary	Alec Darragh
Member	Liam Walker
Member	Ger Ivory
Member	Orla Hendron
Member	Hugh Byrne
Member	Colin McHale
Member	Peter Finn

COMMITTEE MEMBERS

PRIOR TO AGM 18/12/2023

POSITION	NAME
Chairperson	Autumn Collins
Treasurer	John Coates
Secretary	Colm Sevastopulo
Member	Alec Darragh
Member	Ger Ivory
Member	William Hamilton
Member	Dan Curtain
Member	Peter Finn
Member	Eamon Byrne
Member	Cian Keogh
Member	Niall McLoughlin



Women's Commission of Cycling Ireland has endeavoured this year to extend its profile in women's cycling. We continued to run our monthly meetings online.

Our provincial reps helped run and support events and training in their own province.

We supported and endeavoured to reduce the yellow carded female events. We also worked on the inclusion of U23 Road National Championships this year.

We ran an information day and Women's Forum in November to coincide with our AGM, a survey was held and collated and we will endeavour to work on the suggestions provided in 2024.

We were fortunate this year again in having Elaine Cahill, Cycling Ireland Women in Sport Officer, on our team her advice and guidance has been immeasurable. We wish Elaine and our new CEO James Quilligan the very best going forward.

TRAINING

Provincially and nationally, we ran road, offroad and BMX training camps. Details of some of our Training Camps are as follows:

Track Training camp in Alkamaar, Netherlands, was well supported with some riders having their first indoor experience.

ROAD

Road training day hosted in Navan, Co. Meath, with Eve McCrystal and Orla Hendron coaching a mixed experience group of cyclists preparing for the season ahead. An informational discussion was also held in the afternoon.

OFF-ROAD

Off-road training sessions took place in a variety of venues during the year geared toward beginners, intermediate and advanced riders.

- Women off-road and BMX and MTB weekend were ran, supported with full days of coaching.
- Bike trailside repair workshops, social spins, beginner, and improver skills coaching. Bike rentals provided to encourage new riders.
- Winter skills training sessions.
- General Enduro-focussed sessions featuring flat skills, followed by trails with an emphasis on cornering and drops.
- There was a downhill coaching session

with a focus on drops and jumps.

INTERMEDIATE LEAGUE

Our Intermediate League took place earlier this year with four rounds taking place, incorporating road races and criterium racing, the league was run by various clubs.

Our provincial reps helped run and support events and training in their own province. We hope to run some further training sessions in the coming months.

We supported and endeavoured to reduce the yellow carded female events. We also worked on the inclusion of U23 Road National Championships this year.

Full details of our events during the year and our plans going forward will be in our AGM report.

We were fortunate this year again in having Elaine Cahill, Cycling Ireland Women in Sport Officer, on our team her advice and guidance has been immeasurable. We wish Elaine and our new CEO James Quilligan the very best going forward.

CORKAGH PARK

We ran race training sessions before our track league at Corkagh Park which was a huge success. Corkagh Park is an ideal venue for an introduction to racing and again this year we saw steady participation numbers.

Over 175 entries over a 12-week period catering for W1 to W3 abilities.

Weekly racing was hosted by a variety of clubs and the Women's Commission.

MONDELLO 24

We entered a team of eight riders from a variety of disciplines to compete in Mondello 24. A unique event where riders raced over a 24-hour period. The team and support crew gained invaluable experience. Winning overall Women's Team.

INTERMEDIATE LEAGUE

Our Intermediate League took place earlier this year with four rounds taking place, incorporating road races and criterium racing, the league was run by various clubs.

BURSARIES

We had four recipients of our 2023 Bursary, covering Track, Downhill, and XC MTB. All of whom gained valuable experience.

COMMITTEE MEMBERS

2023

POSITION	NAME
Chairperson	Colin Mac Hale
Secretary	Theresa Finn
Treasurer	Jennifer Bates
Leinster Rep	Alison Smith
Ulster Rep	Julie Rea
Connacht Rep	Stefanie Carr
Munster Rep	Theresa Finn
Off road Rep	Aisling Cullen
Corkagh Rep	Hannah Gibney
Master Rep	Orla Hendron

COMMITTEE MEMBERS

2024

POSITION	NAME
Chairperson	Jennifer Bates
Secretary	Theresa Finn
Treasurer	Aideen Keenan
Leinster Rep	Alison Smith
Ulster Rep	Una McGlone
Connacht Rep	Stefanie Carr
Munster Rep	Theresa Finn
Off road Rep	Aisling Cullen/Niamh Stephens
Corkagh Rep	Josephine Lynch
Master Rep	Orla Hendron
Track Rep:	Autumn Collins



The Leisure Commission continues its work representing the leisure membership of Cycling Ireland (CI) and supporting event organisers. This year, the Commission have worked closely with Cycling Ireland's Get Ireland Cycling Officer, Paul Norton, who was appointed to the post earlier this year.

Despite having a restricted budget, the Commission secured support for a Leisure National Series for 2023. Four events, one in each province, was supported by Cycling Ireland - totalling €2000.

Outside of the National Series, there was also a leisure series in Connacht, Ulster and Munster. The Commission believes that both the support from CI and the Provincial Boards is vital to clubs who organise and run leisure events

Prior to and following the Cycling Ireland (CI) AGM on September 30th the Leisure Commission made a number of observations in relation to the following:

- The Great Dublin Bike Ride (GDBR), the One Day Permit fees and the motion to reduce same. Discussions took place and clarification was sought on a number of issues.
- The Commission were concerned in relation to the cost of the GDBR totalling €124K in 2022. The issue in relation to the One Day Permit (ODP) was highlighted, the Commission believed this would have a negative impact on event participation numbers and raise the cost for families to take part in local charity events.

From September to December the Leisure Commission continued to work closely with CI on a range of topics, including the following:

• It was highlighted by the Commission that CI affiliated clubs were organising events outside of the CI process and utilising Eventbrite not Eventmaster as the registration platform for events.

- The final event in the Munster Leisure Series took place in Co. Clare. The event got good exposure on the Cycling Ireland Facebook page.
- Again, the Commission highlighted how the increase in the ODP affected families taking part in events and a case study from an event was forwarded to CI detailing the impact.
- The Commission brought it to the attention of CI that a recent Get Ireland Active map released by Catherine Martin TD featured no cycling clubs or activities across Ireland.
- There was a transfer of responsibility for Commissions to CEO in early November.
- The Commission received a list of events for 2024 season for approval in November.
- The Commission highlighted the requests coming from private event companies to have registrations opened early for events in early November, observing that there was a pre-registration condition being attached to registration for these events in that a participant would have to renew their CI Licence nearly two months prior to it lapsing in order to be guaranteed a place in the event.

Looking ahead to 2024, the Leisure Commission Budget for 2024 is €5000. A breakdown of how the budget would be spent was emailed to CI in return. Supporting National Leisure Series, Provincial Leisure Series, meetings, travel expenses for ESO's, promoting leisure membership campaigns. etc.

An issue relating to correct club information and contact detail was highlighted – the new affiliation online process would address this into 2024.

John Greene, Cycling Connacht was in attendance in a meeting with Aaron Johnson, Cycling Ireland Events Co-ordinator regarding leisure events in 2024 and future plans, including plans for a Gran Fondo type series also discussed.

John Maloney

Chairperson Leisure Commisssion

COMMITTEE MEMBERS

POSITION	NAME
Chairperson	John Maloney
Secretary	Joanna Gray
Treasurer	Kieran Gardiner
Connacht member	John Greene
Connacht member	Edel Gallagher
Leinster member	Gerry Wallace
Leinster member	Canice Bennett

COLLEGE OF COMMISSAIRES

Following a review of lessons learned, the College agreed and decided to introduce new and formal roles within the commission to manage key perpetual tasks for which the College are responsible, thus spreading the load of responsibility and tasks assigned to commission members.

These include appointments of suitable Commissaires to identified national and international events on the Cycling Ireland (CI) calendar, and coordination of uniforms and clothing stock for CI Commissaires. Loch Miwa was duly elected and appointed as the National Appointments Officer with David Maguire elected and appointed as the Uniform and Clothing Officer.

The 2023 season started on a very positive note with the promotion of a Cyclo-cross Commissaire Course at McCrystal's Track, Bellurgan. The course was well attended, and as a result we have had two new Cyclo-cross Commissaires promoted to National Cyclo-cross Commissaires, namely Liz Roche and Lorna Reilly.

COMMITTEE MEMBERS

POSITION	NAME				
Chairperson	John Breen				
Secretary	Aaron Wallace				
Treasurer	Jack Watson				
National Appointments Officer	Loch Miwa				
Uniform and Clothing Officer	David Maguire				
Member	Laura Wilson				
Ulster co-ordinator	Martin Montague				
Leinster co-ordinator	Brian Carolan				
Munster co-ordinator	Anthony Kenneally				

We also had eight National Trainee Road Commissaires promoted to Grade B National Commissaires for the 2023 season following practical assessments throughout 2022;

- Noel Murphy
- Stephen Daly
 - Conor Griffin
- Eamon Mooney
- Alison Smith
- John Colleran
- Peter Finn
- Theresa Finn

Continuing with the progress in Commissaire training and development, the College promoted a National Grade A upgrade course ahead of the 2024 season. This had a very positive uptake with 15 Cycling Ireland Grade B Commissaires registering for and attending the course, with 13 Commissaires progressing through the written and verbal examination. They will now progress to practical assessments throughout the 2024/25 seasons before consideration for upgrade.

Congratulations to all those who have been promoted or are on the promotion path and many thanks for your continued support as a valued cycling volunteer. Thanks are due to those volunteers who assisted with the organisation or hosting of the various training courses and assessments.

The College has successfully assigned Chief Commissaires to all National Road and Cyclo-cross Championships, international races, national stage races of three days or more, and National Series races.

This has proved very challenging at times with a limited number of Grade A, or above, qualified Commissaires and has been exasperated by several national level event clashes which resulted in experienced technical officials being thinly spread for event coverage. The forecasted Grade A upgrades from the aforementioned training course should certainly assist with meeting the demand of assigned appropriately qualified Commissaires for all required national and international events.

We have commenced the rebranding of the CI Commissaire Clothing in line with the CI rebranding exercise but are somewhat behind the pace in this area with only a limited number of Commissaires in rebranded uniforms due to reduced budgets.

The College has been actively reviewing and assessing the reach or scope of our responsibilities and are actively liaising with the BMX Commission to facilitate a standard approach and fee structure for all CI Commissaires across all disciplines.

BOARD ATTENDANCE RECORD

	16/01/2023 (IN PERSON)	20/02/2023 (VIRTUAL)	21/03/2023 (VIRTUAL)	03/04/2023 (VIRTUAL)	22/05/2023 (VIRTUAL)	21/06/2023 (IN PERSON)	24/07/2023 (VIRTUAL)	21/08/2023 (VIRTUAL)	18/09/2023 (VIRTUAL)	24/10/2023 (VIRTUAL)	11/12/2023 (IN PERSON)
Conor Campbell	Y	Y	Y	Y	Υ	Y	Y	Y	Y	Y	N
Carl Fullerton	Y	Y	Y	Y	Y	N	Y	Y	Y	Y	Y
Emma Hunt Duffy	Y	N	Y	Y	Υ	Y	Y	Y	Y	Y	Y
Susan Ahern	Y	Y	Y	Y	Y	N	Y	N	N	Y	N
Tom Daly	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Gary McIlroy	Y	N	Y	Y	Υ	Y	Y	Y	Y	Y	Y
Louise Reilly	Y	Y	Y	Y	N	Y	Y	N	N	Y	N
Claire Young	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Will Byrne	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Helen Kerrane	Y	Y	Y	Y	Y	Y	Y	Y	Y	N/A	N/A
Catherine Mahoney	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Y

