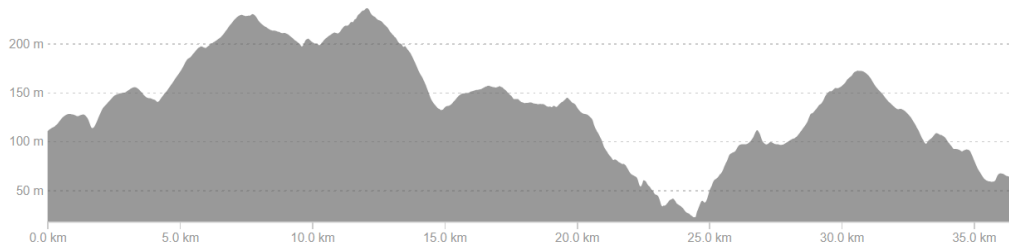
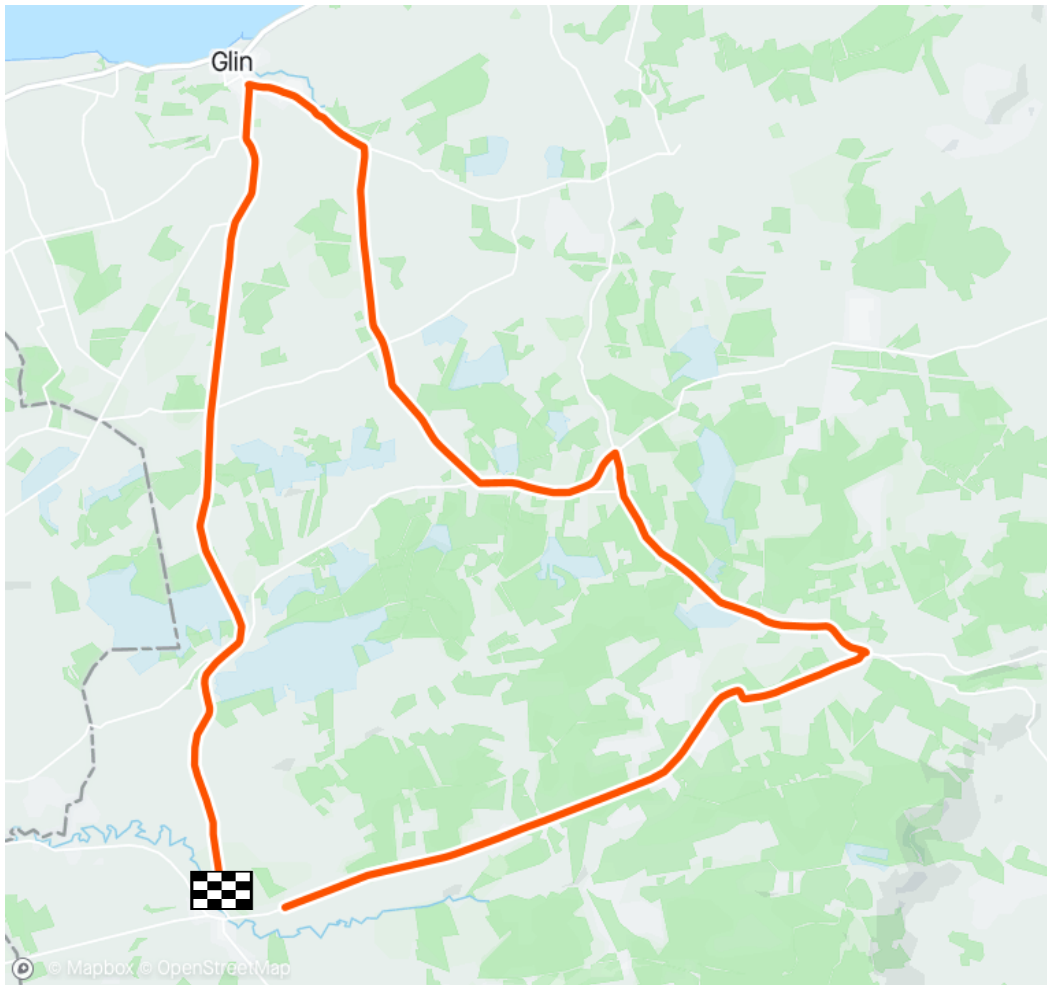


2024 Cycling Ireland Road National Championships	
Host	Newcastle West Cycling Club
Location	Co. Limerick - Munster
HQ	Athea GAA Club, R523, Templeathea West, Co. Limerick

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Time Trial National Championships			
Date	20/06/2024	Distance	36.3km
Start	18:30	Elevation Gain	435m

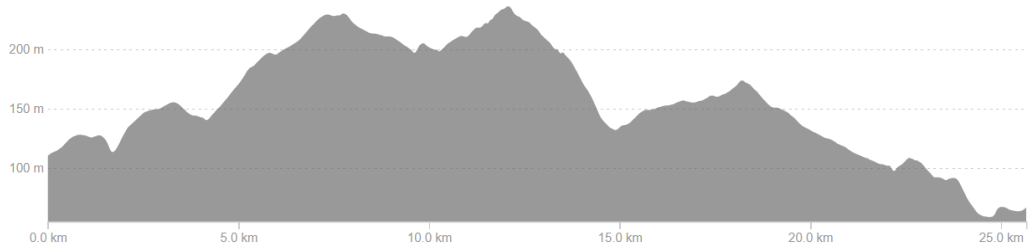
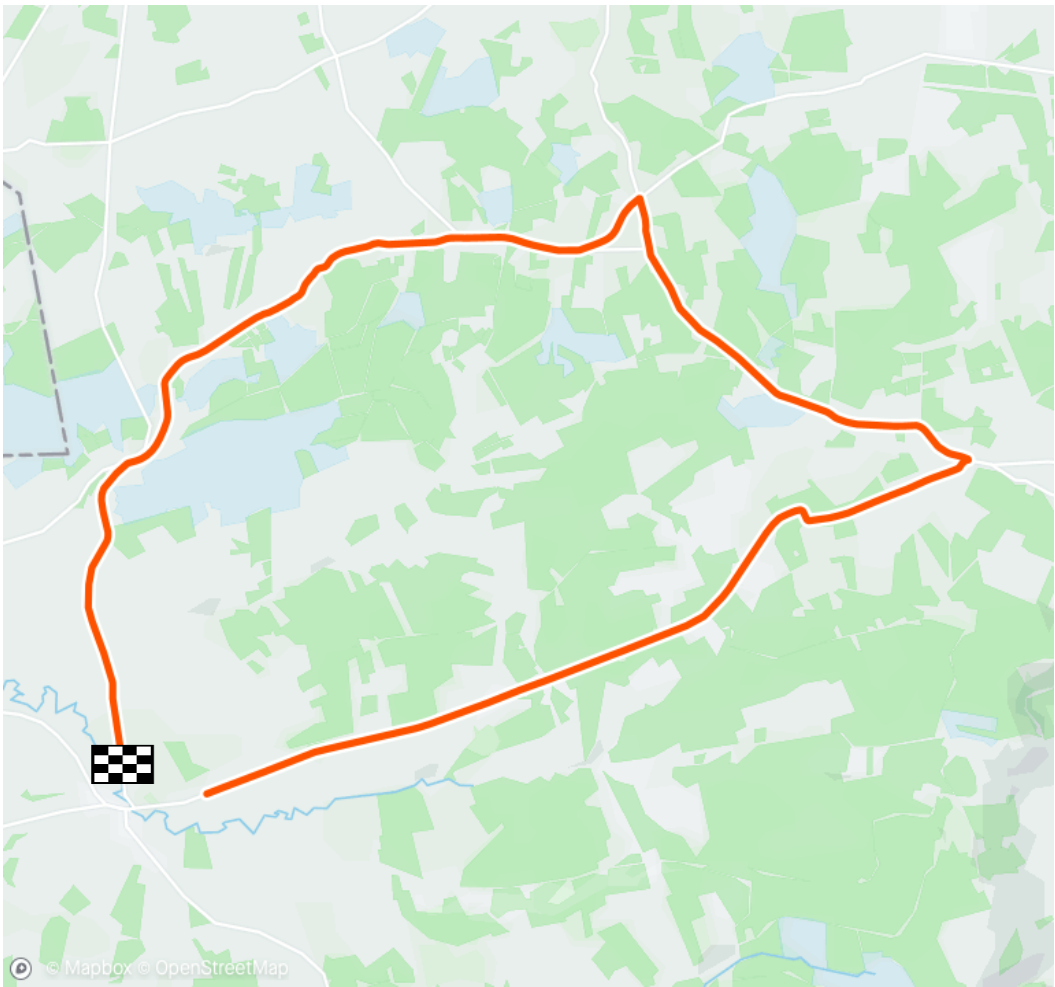


2024 Cycling Ireland Road National Championships	
Host	Newcastle West Cycling Club
Location	Co. Limerick - Munster
HQ	Athea GAA Club, R523, Templeathea West, Co. Limerick

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Para H Division Time Trial Mixed			
Date	20/06/2024	Distance	25.7km
Start	18:30	Elevation Gain	260m

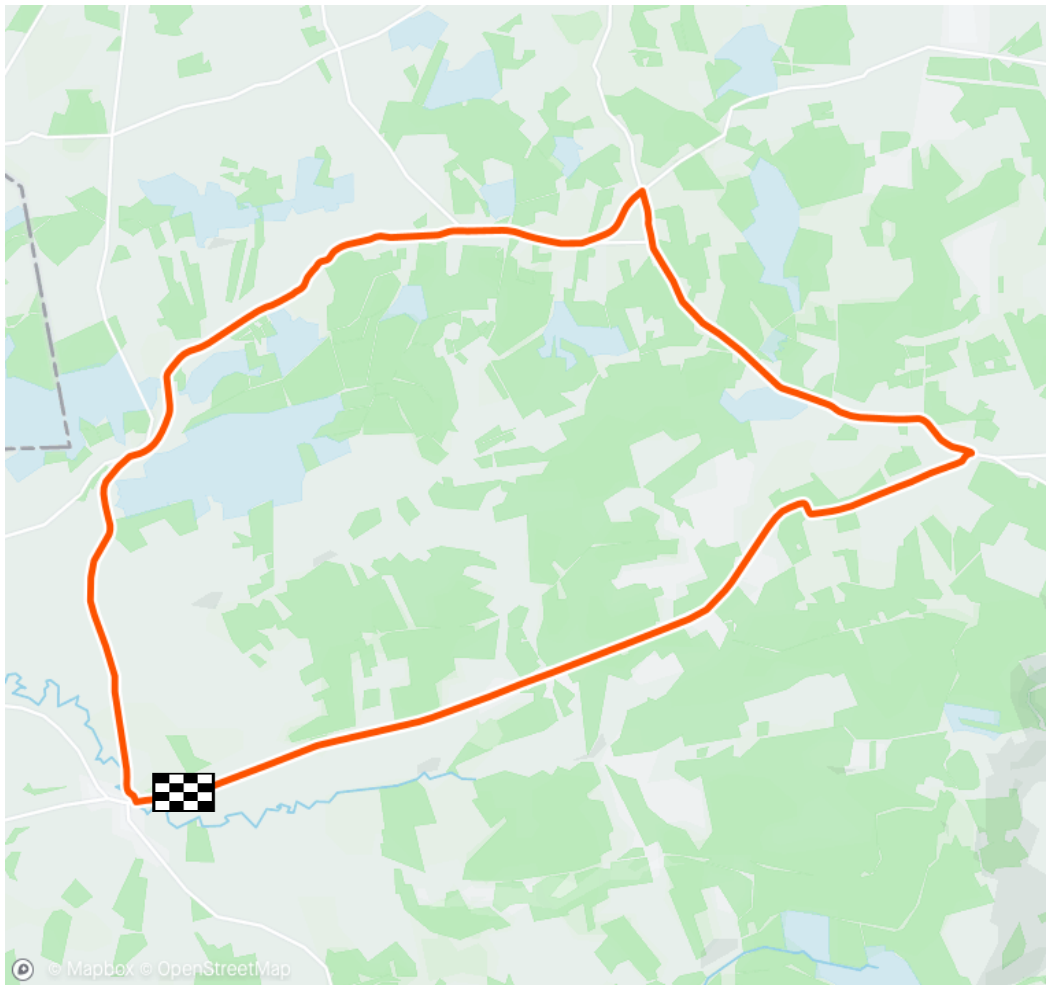


2024 Cycling Ireland Road National Championships	
Host	Newcastle West Cycling Club
Location	Co. Limerick - Munster
HQ	Con Colbert Community Hall, Athea R523, Templeathea West, Co. Limerick

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2024 Cycling Ireland Junior Women Road Race National Championships			
Date	23/06/2024	Distance	54km
Start	09:00	Elevation Gain	620m
2x Outer Circuit CCW			

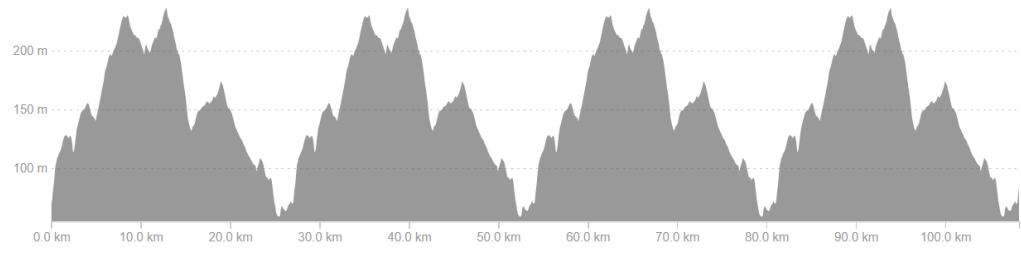
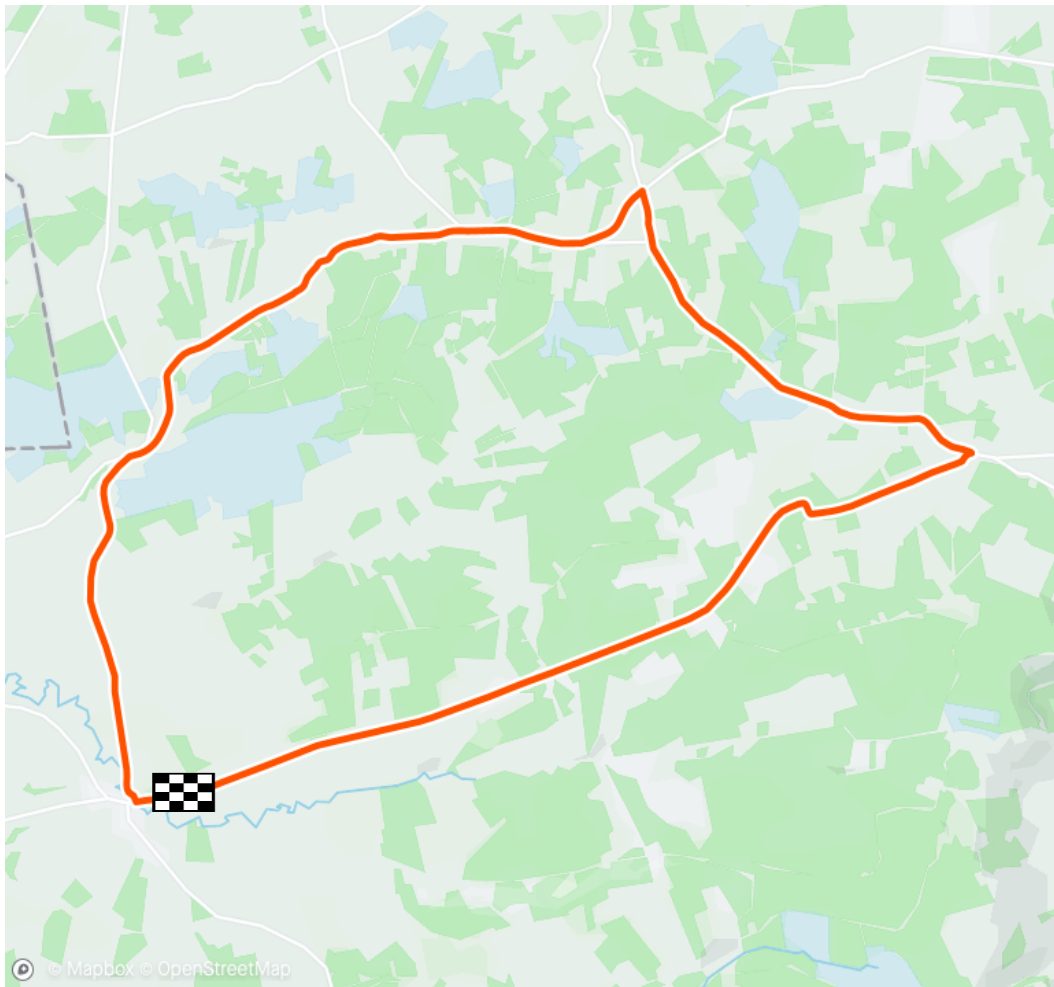


2024 Cycling Ireland Road National Championships	
Host	Newcastle West Cycling Club
Location	Co. Limerick - Munster
HQ	Con Colbert Community Hall, Athea R523, Templeathea West, Co. Limerick

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2024 Cycling Ireland Junior Men Road Race National Championships			
Date	22/06/2024	Distance	108km
Start	09:00	Elevation Gain	1229m
4x Outer Circuit CCW			

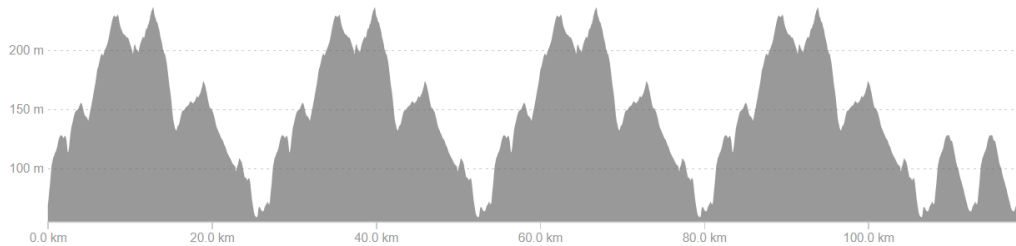
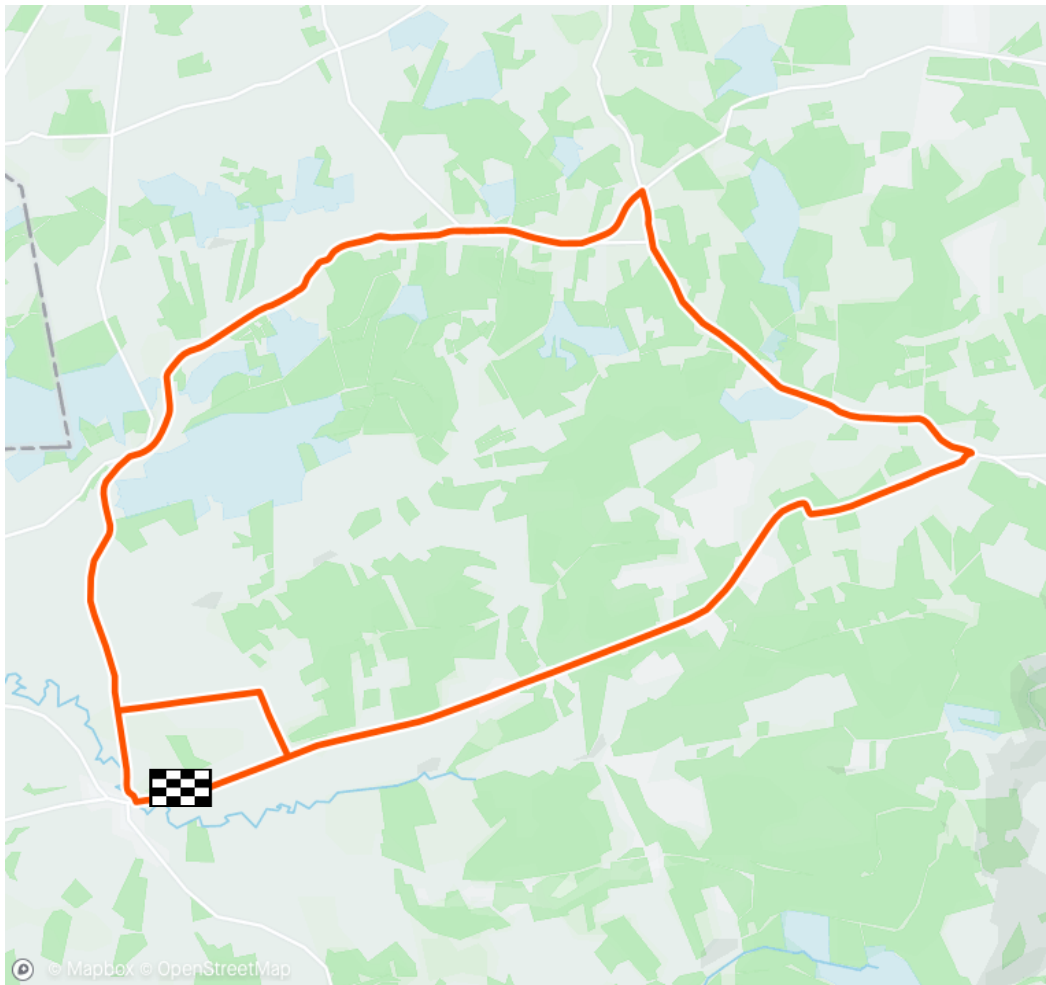


2024 Cycling Ireland Road National Championships	
Host	Newcastle West Cycling Club
Location	Co. Limerick - Munster
HQ	Con Colbert Community Hall, Athea R523, Templeathea West, Co. Limerick

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2024 Cycling Ireland Senior Women inc. U23 Road Race National Championships			
Date	22/06/2024	Distance	118km
Start	12:30	Elevation Gain	1361m
4x Outer Circuit CCW, 2x Inner Circuit CCW			

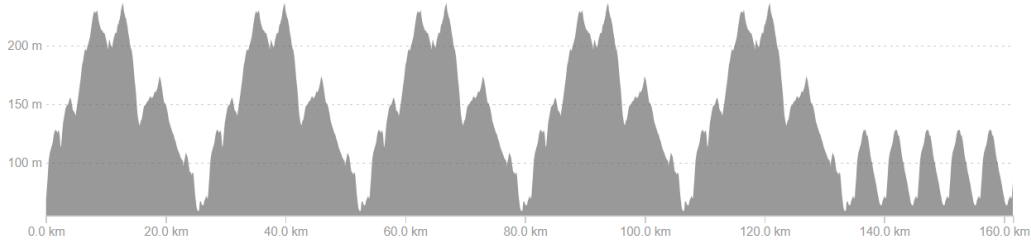
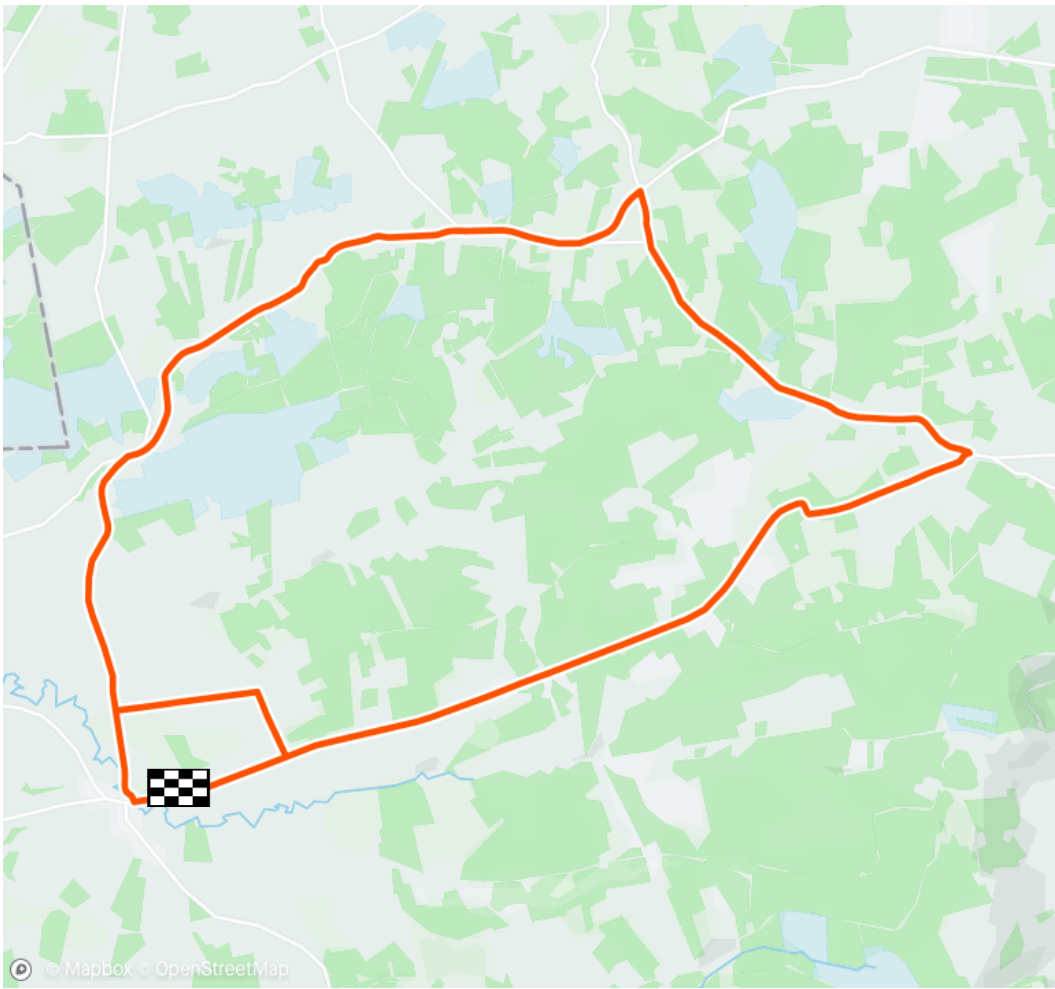


2024 Cycling Ireland Road National Championships	
Host	Newcastle West Cycling Club
Location	Co. Limerick - Munster
HQ	Con Colbert Community Hall, Athea R523, Templeathea West, Co. Limerick

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2024 Cycling Ireland Senior Men inc. U23 Road Race National Championships			
Date	23/06/2024	Distance	161km
Start	12:00	Elevation Gain	1857m
5x Outer Circuit CCW, 5x Inner Circuit CCW			



2024 Cycling Ireland Road National Championships

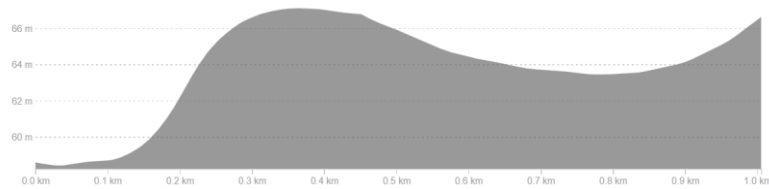
Host	Newcastle West Cycling Club
36.6km Time Trial Circuit Link	https://www.strava.com/routes/3166344293036580110
27km Outer Circuit Link	https://www.strava.com/routes/3081944390878033744
5km Inner Circuit Link	https://www.strava.com/routes/3151446854161609666

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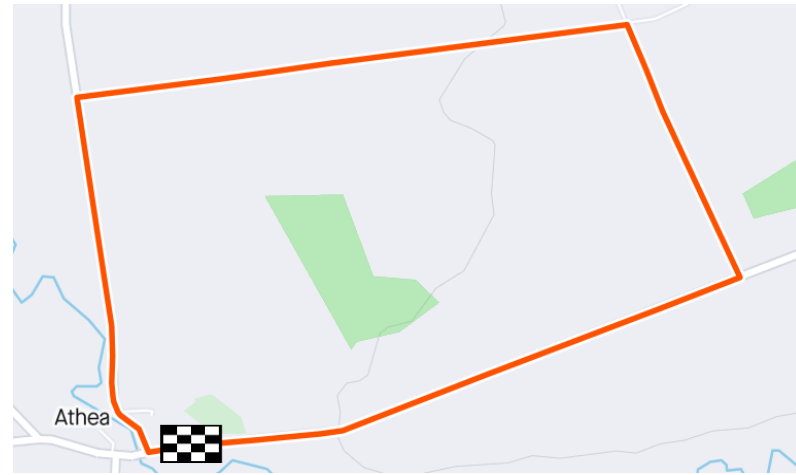
Time Trial - Final km

Distance	1km	Elevation Gain	11m
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Road Race - Inner Circuit

Distance	5.2km	Elevation Gain	64m
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Road Race - Final km

Distance	1km	Elevation Gain	20m
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