**Code of Conduct for youth members travelling overnight or abroad with Cycling Ireland**

This Code is to be read and followed by Cycling Ireland riders under the age of 18 in conjunction with ‘Cycling Ireland’s Code of Practice and Safeguarding Procedures for Young and Vulnerable Cyclists’, with particular reference to page 6.

**This Code must be signed by the Rider and the Rider’s Parent/Guardian**

**The purpose of this Code is to ensure that:**

* Membership of the Irish Cycling Teams is a positive experience for everyone involved.
* Riders perform to the best of their ability when representing Cycling Ireland.
* The order and discipline required for best performance is maintained at all times.
* The good name and reputation of Cycling Ireland is enhanced.

**Code of Conduct**

**As a rider, you must respect the following code;**

1. Respect the rights, dignity and worth of everyone, regardless of gender, civil status, family status, sexual orientation, religion, age, disability, race or membership of the Traveller community.
2. Never display bullying behaviour towards team members, opponents, coaches or others. Cycling Ireland adopts a zero-tolerance policy towards bullying behaviour.
3. Obey all reasonable instructions from the Manager. The Team Manager has the authority to deal with all disciplinary matters and the duty to impose penalties.
4. Be conscious of any messages (including text, videos, images) that you send out on social media; messages should be positive and should uphold the ethos of Cycling Ireland. If another team member does not wish to have their image/name shared on Social Media accounts, then please respect this.
5. Punctuality is expected at all times.
6. Be polite and courteous to other team members and officials.
7. Avoid foul language or behaviour that could be misinterpreted by others.
8. Respect the rules of the game and embrace an ethos of ‘fairplay’.
9. Never engage in any activity that would bring themselves or Cycling Ireland into disrepute.
10. Use equipment and clothing provided by Cycling Ireland as instructed. Logos or advertising may not be added to or removed from Cycling Ireland equipment or clothing.
11. If you are bringing your own bicycle, please have it clean and in good working order.
12. The use of alcohol or narcotics is strictly forbidden.
13. Any form of sexual activity is considered inappropriate within a training and or competition environment and is therefore forbidden whilst the athlete is under the jurisdiction of the Team Management.
14. Inform the manager, prior to any event, of any medications that you are taking. Riders must inform coaches or other officials if they are injured or feeling unwell.
15. Cooperate with the media as requested by the Manager.
16. Riders selected for Irish Cycling Teams must not announce or publish their selection on any electronic medium such as via a website, twitter, text messaging or similar means prior to clearance from the Cycling Team Manager.

**\*\*\*Remember, you deserve to be treated with respect by all managers, coaches, team members and opponents. If you have a grievance, please communicate this to the Team Leader. If you are not satisfied with this response, please discuss the matter with the National Safeguarding Officer.\*\*\***

I ………………………..…………………..………..………………… (print name) agree to the terms and conditions outlined in this Code of Conduct.

|  |  |
| --- | --- |
| **Signed By:** |  |
| Rider’s Signature: |  |
| Parent’s/Guardian’s Signature: |  |
| Date: |  |