



Youth Commission – EYO Selection Criteria and Castlebar Camp

1. Castlebar Coaching Camp

- A coaching camp will be held on 19th/20th February in **Castlebar** at which Martin O’Loughlin will give riders an insight into preparing for races. The camp is open to under 14 and under 16 boys and girls and those intending attending must first confirm with their Provincial Youth Representative (Cycling Ulster – Mickey McKenna 086 3298860, Cycling Munster – Dan Curtin 087 2304365, Cycling Connacht – Martin McNally 087 2226260, Cycling Leinster – Colm Rigley 085 1740544). Once cleared contact Martin McNally to book your place on 087 2226260, martincovey@gmail.com. Bookings close on **12th February** so book early to confirm your place.

2. EYO Background

- The EYO are held every two years , the 2011 EYO will be held in Trabzon, Turkey between 24th to 27th July.
- Each country sends three male representatives who must have been born in either 1995 or 1996.
- The competition consists of three disciplines – road race (c. 70 kms), criterium (c. 40 minutes) and a time trial (c. 8 Kms). Each participant competes in all three disciplines.
- Limited details can be found at <http://www.trabzon2011.org/detay/1484/Yas-Gruplari.html#yas>
- 2009 EYO results can be found at: http://www.tampere.fi/material/attachments/e/5kf1jbljp/EYOF_tampere09_results_lowres.pdf The road race (64 kms on a hilly circuit) was won at an average speed of 37.65 kph, the time trial (7.1 kms) was won at an average speed of 43.10 kph.

3. Selection Criteria

- The purpose of the selection criteria is to provide a transparent means of selecting representatives for the European Youth Olympics (“EYO”).
- The EYO fall under the remit of the Olympic Council of Ireland (“OCI”), the OCI may decide on a performance threshold (e.g., a time trial test) that must be met in order to send athletes to the EYO.

2011 European Youth Olympics Squad Selection Criteria	
Race	Notes
Rás na nÓg Stage Race (09 th /10 th April)	Those finishing in the first ten of each of the three stages to score points as follows: 10 points for 1 st , 9 points for 2 nd , 8 points for 3 rd , 7 points for 4 th , 6 points for 5 th , 5 points for 6 th , 4 points for 7 th , 3 points for 8 th , 2 points for 9 th and 1 point for 10 th .
Stamullen One-day Race (17 th April)	10 points for 1 st , 9 points for 2 nd , 8 points for 3 rd , 7 points for 4 th , 6 points for 5 th , 5 points for 6 th , 4 points for 7 th , 3 points for 8 th , 2 points for 9 th and 1 point for 10 th .
Results at Kanturk 3 Day (30 th April, 01 st /02 nd May)	Those finishing in the first ten of each of the three stages to score points as follows: 10 points for 1 st , 9 points for 2 nd , 8 points for 3 rd , 7 points for 4 th , 6 points for 5 th , 5 points for 6 th , 4 points for 7 th , 3 points for 8 th , 2 points for 9 th and 1 point for 10 th .

- There are a total of seven scoring events above (three at each stage race, one one-day race) and a rider's five best results from the seven count.
- Those selected must satisfy any EYO/OCI eligibility criteria.
- Using the above criteria squad (maximum 8) will be named with the squad taking part in preparation events. The final three will be selected based on performances at preparation events.
- The selectors' decision is final, selectors are Martin McNally, Dan Curtin and Colm Rigley.
- Those selected must agree to the Cycling Ireland Squad/Team Agreement.