

## Selection criteria for the Elite Women's World Road Race and Time Trial Championships 2011

Copenhagen, Denmark 21<sup>st</sup> – 25<sup>th</sup> September 2011



The criteria(s) below will be used for selecting Elite women riders for the Road Race and Time Trial at the 2011 World Road Championships in Copenhagen, Denmark:

### 1. Road race:

No	Criteria	Rating	Points
1	Top 20 placing in World Cup events, 2.1 stages and overall (stage race), 1.1 UCI ranked International races from 1st March 2010 to 28 <sup>th</sup> August 2011, (15 – 1 <sup>st</sup> , 12 – 2 <sup>nd</sup> , 10 – 3 <sup>rd</sup> , 8 – 4 <sup>th</sup> , 6 – 5 <sup>th</sup> , 5 – 6 <sup>th</sup> , 4 – 7 <sup>th</sup> , 3 – 8 <sup>th</sup> -10 <sup>th</sup> , 2 – 12 <sup>th</sup> -15 <sup>th</sup> , 1 – 16 <sup>th</sup> - 20 <sup>th</sup> )	15	
2	Top 15 UCI 2.2 stages and overall (stage race), 1.2 of UCI ranked International stage races from 1st March 2010 to 28 <sup>th</sup> August 2011, (15 – 1 <sup>st</sup> , 12 – 2 <sup>nd</sup> , 10 – 3 <sup>rd</sup> , 8 – 4 <sup>th</sup> , 6 – 5 <sup>th</sup> , 5 – 6 <sup>th</sup> , 4 – 7 <sup>th</sup> , 3 – 8 <sup>th</sup> , 2 – 9 <sup>th</sup> -11 <sup>th</sup> , 1 – 12 <sup>th</sup> - 15 <sup>th</sup> )	15	
3	Podium places in National (outside Ireland*) races (e.g. Belgium, UK, France, USA (of an agreed standard)) from 1st March 11 to 28 <sup>th</sup> August 11, (12 – 1 <sup>st</sup> , 10 – 2 <sup>nd</sup> , 8 – 3 <sup>rd</sup> )	12	
4	Top 10 placing in National Road Races (1 <sup>st</sup> -10 to 10 <sup>th</sup> – 1 point)	10	
5	National Championship RR result (2011) (10 points for 1 <sup>st</sup> , 1 point for 10 <sup>th</sup> )	10	
6	UCI ranking during 2011 (12 top 25, 8 for top 50, 5 for top 100, 2 if ranked, 0 if no UCI points)	10	
7	Fitness index (>23.0) and power to weight (>4.5) this will be a sliding scale depending on age and experience, the older and more experienced riders will be expected to perform to higher levels) – this will require a further SRM/Wattbike test during July/August 2011	10	
8	Suitability of the rider to the nature of the course	8	
9	Commitment to Cycling Ireland and UCI anti doping regulations (including completion of UCI True Champion or Cheat programme)	8	
10	Ability and commitment to ride as part of a team and in a support role if required, (depending how many places we have)	8	
11	Commitment to the National Team and its programme	8	
12	Rider profile selected to ensure optimal team composition	8	
13	Potential to be competitive in the road race	8	
<b>SCORE</b>		130	

*Riders must score 90 or over to be considered:*

\*Except Ras na mBan in Ireland

Results to the 28<sup>th</sup> August 2011 will be considered and any riders selected will be announced immediately after this date. Please send results to [phil@cyclingireland.ie](mailto:phil@cyclingireland.ie)

## 2. Time Trial:

No	Criteria	Rating	Points
1	Top 20 placing in UCI ranked International TT's from 1st March 2010 to 28 <sup>th</sup> August 2011, (15 – 1 <sup>st</sup> , 12 – 2 <sup>nd</sup> , 10 – 3 <sup>rd</sup> , 8 – 4 <sup>th</sup> , 6 – 5 <sup>th</sup> , 5 – 6 <sup>th</sup> , 4 – 7 <sup>th</sup> , 3 – 8 <sup>th</sup> -10 <sup>th</sup> , 2 – 12 <sup>th</sup> - 15 <sup>th</sup> , 1 – 16 <sup>th</sup> - 20 <sup>th</sup> )	15	
2	Top 10 in National (outside Ireland) TT's (e.g. Belgium, UK, France, USA etc.) from 1st March 2010 to 28 <sup>th</sup> August 2011, (12 – 1 <sup>st</sup> , 10 – 2 <sup>nd</sup> , 8 – 3 <sup>rd</sup> , 7 - 4 <sup>th</sup> , 6 – 5 <sup>th</sup> , 5 – 6 <sup>th</sup> , 4 – 7 <sup>th</sup> , 3 – 8 <sup>th</sup> , 2 – 9 <sup>th</sup> , 1 – 10 <sup>th</sup> )	12	
3	Top 10 placing in National TT races (1 <sup>st</sup> -10 to 10 <sup>th</sup> – 1 point)	10	
4	National Championship TT result (2011) (10 points for 1 <sup>st</sup> , 1 point for 10 <sup>th</sup> )	10	
5	UCI ranking (12 top 25, 8 for top 50, 5 for top 100, 2 if ranked, 0 if no UCI points)	10	
6	Fitness index (>23.5) and power to weight (>5.0) this will be a sliding scale depending on age and experience, the older and more experienced riders will be expected to perform to higher levels) – this will require a further SRM/Wattbike test during July/August 2011	10	
7	Suitability of the rider to the nature of the course	8	
8	Commitment to Cycling Ireland and UCI anti doping regulations (including completion of UCI True Champion or Cheat programme)	8	
9	Ability and commitment to ride as part of a team and in a support role (RR) if required, (depending how many places we have)	8	
10	Commitment to the National Team and its programme	8	
11	Potential to be competitive in the time trial	8	
<b>SCORE</b>		107	

*Riders must score over 78 to be considered:*

Results to the 28<sup>th</sup> August 2011 will be considered and any riders selected will be announced immediately after this date.

The selection panel will score each rider and the final decision will be the Performance Director's. If no riders are deemed to be competitive in either the road race or the time trial the selection panel will not send any riders or a junior women's team to the 2011 World Championships.

If you wish to be considered for the Junior Women's TT in 2011 please send key results (to date) and arrange to have a power test by contacting [phil@cyclingireland.ie](mailto:phil@cyclingireland.ie) by July 20th 2011.