

Selection criteria for the U23 Endurance & Sprint Women's European Track Championships

Portugal July 26th – 31st 2011



The criteria below will be used for selecting riders for the U23 Women's Endurance & Sprint Events at the 2011 European Track Championships in Portugal:

1. Endurance

No	Criteria	Rating	Points
1	Top 20 placing in UCI ranked track events from 1st October 2010 to 26 th June 2011, (15 – 1 st , 12 – 2 nd , 10 – 3 rd , 8 – 4 th , 6 – 5 th , 5 – 6 th , 4 – 7 th , 3 – 8 th -10 th , 2 – 12 th - 15 th , 1 – 16 th - 20 th)	15	
2	Podium places in National (outside Ireland) track races (e.g. Belgium, UK, France, USA (of an suitable standard)) from 1st October 2010 to 26 th June 2011, (12 – 1 st , 10 – 2 nd , 8 – 3 rd)	12	
3	Podium places in home open track races (Ireland) from 1st March 11 to 26 th June 2011, (10 – 1 st , 8 – 2 nd , 6 – 3 rd)	10	
4	Fitness index (>21.5) and power to weight (>3.5) this will be a sliding scale depending on age and experience, the older and more experienced riders will be expected to perform to higher levels) – this will require a SRM/Wattbike test during 2011. If you have no test results in 2011 please apply to have a test carried out	10	
5	Suitability of the rider to track endurance events	8	
6	Commitment to Cycling Ireland and UCI anti doping regulations (including completion of UCI True Champion or Cheat programme)	8	
7	Ability and commitment to ride as part of a team and in a support role if required, (depending how many places we have)	8	
8	Commitment to the National Team and its programme	8	
SCORE		79	

Riders must score 40 or over to be considered:

Results to the 26th June 2011 will be considered and any riders selected will be announced immediately after this date.

The selection panel will score each rider and the final decision will be the Performance Director's. If no riders are deemed to be competitive in the endurance events, the selection panel will not send any U23 Women riders to the 2011 European Track Championships.

If you wish to be considered for the U23 Women's endurance events in 2011 please send key results (to date) to phil@cyclingireland.ie by June 20th 2011. Any rider who feels they fall slightly short of this

criteria but believe they have a valid case for consideration please include a covering letter. Final teams and places may be constrained by available funding.

2. Sprint events

No	Criteria	Rating	Points
1	Top 20 placing in UCI ranked track events from 1st October 2010 to 26 th June 2011, (15 – 1 st , 12 – 2 nd , 10 – 3 rd , 8 – 4 th , 6 – 5 th , 5 – 6 th , 4 – 7 th , 3 – 8 th -10 th , 2 – 12 th - 15 th , 1 – 16 th - 20 th)	15	
2	Podium places in National (outside Ireland) track races (e.g. Belgium, UK, France, USA (of an suitable standard)) from 1st October 2010 to 26 th June 2011, (12 – 1 st , 10 – 2 nd , 8– 3 rd)	12	
3	Podium places in home open track races (Ireland) from 1st March 11 to 26 th June 2011, (10 – 1 st , 8 – 2 nd , 6 – 3 rd)	10	
4	Peak power >950W this will be a sliding scale depending on age and experience, the older and more experienced riders will be expected to perform to higher levels) – this will require a SRM/Wattbike test during 2011. - If you have no test results in 2011 please apply to have a test carried out	10	
5	Suitability of the rider to track sprint events	8	
6	Commitment to Cycling Ireland and UCI anti doping regulations (including completion of UCI True Champion or Cheat programme)	8	
7	Ability and commitment to ride as part of a team and in a support role if required, (depending how many places we have)	8	
8	Commitment to the National Team and its programme	8	
SCORE		79	

Riders must score 40 or over to be considered:

Results to the 26th June 2011 will be considered and any riders selected will be announced immediately after this date.

The selection panel will score each rider and the final decision will be the Performance Director's. If no riders are deemed to be competitive in the sprint events, the selection panel will not send any U23 Women sprint track riders to the 2011 European Championships.

If you wish to be considered for the U23 Women's Sprint events in 2011 please send key results (to date) to phil@cyclingireland.ie by June 20th 2011. Any rider who feels they fall slightly short of this criteria but believe they have a valid case for consideration please include a covering letter. Final teams and places may be constrained by available funding.