

Cycling Ireland's High Performance Women's 2010 road and track race and training programme

<b>Date</b>	<b>Event</b>	<b>Location</b>	<b>Ranking</b>
February	Manchester track league	UK	League race
22 <sup>nd</sup> – 26 <sup>th</sup> February	Track Training camp	Aigle	Testing/Training
March	Manchester track league	UK	League race
6 <sup>th</sup> March	Wattbike Testing Day Development/Elite	Dublin	Testing/Training
9 <sup>th</sup> March	SINI testing Elite	Belfast	Testing/Training
11 <sup>th</sup> -14 <sup>th</sup> March	Track Testing Newport	UK	Testing/Training
17 <sup>th</sup> – 24 <sup>th</sup> March	Training Camp Majorca	Spain	Testing/Training
Easter	Gorey 3-Day	Ireland	Stage race
5 <sup>th</sup> – 7 <sup>th</sup> June	Cycling Pursuits 3-day (2 x teams TBC –non-Nat. Team)	Limerick	National
14 <sup>th</sup> – 18 <sup>th</sup> June	Belgium Racing	Belgium	International
19 <sup>th</sup> June	Dublin City Centre Criterium	Dublin	National
24 <sup>th</sup> June	National TT Championships	Sligo	NC
27 <sup>th</sup> June	National RR Championships	Sligo	NC
3 <sup>rd</sup> July	International Track GP	Sundrive Dublin	International
JULY TBC	Training Camp and testing SINI	Ireland	Testing/Training
JULY TBC	Track Camp and Road Racing	Alkmaar, Holland	International
08 <sup>th</sup> – 11 <sup>th</sup> July	Tour Feminine Krasna Lipa	Czech Republic	UCI 2.2
15 <sup>th</sup> – 18 <sup>th</sup> July	European U23 TT & Road Championships	Turkey	UCI Championships

23 <sup>rd</sup> -25 <sup>th</sup> July	National Track Champs	Sundrive Rd	NC
21 <sup>st</sup> - 25 <sup>th</sup> July	Tour Feminine en Limousin	SW France	UCI 2.2
July 31 <sup>st</sup>	Open de Suède Vargarda WC Team Time Trial	Switzerland	UCI WORLD CUP
1 <sup>st</sup> August	Open de Suède Vargarda WC RR	Switzerland	UCI WORLD CUP
OR			
21 <sup>st</sup> August	GP de Plouay-Bretagne	France	UCI WORLD CUP
August TBC	Training Camp and testing SINI	Ireland	Testing/Training
August 7 – 8 <sup>th</sup>	Ballirobe 2-day (2 x teams TBC –non- Nat. Team)	Ireland	National
24 <sup>th</sup> – 28 <sup>th</sup> August	Trophe d'Or Feminine	France	UCI 2.2
31 <sup>st</sup> August – 05 <sup>th</sup> September	OR Holland Ladies Tour	Holland	UCI 2.2
12 <sup>th</sup> – 15 <sup>th</sup> September	European U23 Track Championships	St Petersburg, Russia	UCI Championships
27 <sup>th</sup> September – 04 <sup>th</sup> October	World Championships	Melbourne, Australia	UCI World Road Championships
October/November	Track training camp	tbc	Track training block
2 <sup>nd</sup> – 4 <sup>th</sup> December	Track World Cup	Melbourne, Australia	UCI WC
16 <sup>th</sup> -18 <sup>th</sup> December	Track World Cup	Cali, Colombia	UCI WC

The UCI races above are provisional and are dependent on gaining entry, rider availability and budget.

Please contact Brian Nugent for further details on any of these races or training camps.