

Selection criteria for membership of the Women's Elite Team Pursuit Track Squad 2010-2011



The criteria below will be used for selecting 5 riders for membership of the 2010-2011 Elite Women's Team Pursuit Track Squad:

No	Criteria	Rating	Points
1	Standing Start 2km Time (Sub 2min 35sec. This must be completed in rolling 12month period and will be age related, i.e., times in the last 12months will count.)	15	
2	Fitness index (22.5) and power to weight (5.5) but this will be a sliding scale depending on age and experience, the older and more experienced riders will be expected to perform to higher levels) – this will require a further SRM/Wattbike test (results in the last 3 months will count)	15	
3	Results in track races (Nationals, Open track races, Europeans, World Cups, etc.) in last 12 months	15	
4	Suitability of the rider to the track racing discipline	10	
5	Track Skill – lines, changing, starts etc	10	
6	Trainability	10	
7	Commitment to the National Team and its programme	10	
8	Experience, reliability and consistency of performances	5	
9	Ability and commitment to ride as part of a team and in a support role if required	5	
10	Commitment to Cycling Ireland and UCI anti doping regulations (including completion of UCI True Champion or Cheat programme)	5	
SCORE		100	

Riders must score 70 or over to be considered:

The selection panel will score each rider and the final decision will be the Performance Director's.

It is envisaged that best 6 riders will be selected. The track squad for 2010/2011 will be announced by 20th August 2010.

Once on the squad, any member will be eligible to race in any event deemed suitable by the High performance Team. Further selection for Major Championships will be released after the squad has been announced. Minimum standards must be met to compete in Major championships. Squad members will be required to meet the required standards outlined above on an ongoing basis to remain on the squad. New members will be considered when they have achieved standards that are equal to or better than existing squad members. Squad members must make themselves available for regular testing. Cycling Ireland reserve the right to change the size of the squad.