

## **Cycling Ireland Off-road Commission (CIORC)**

### **2020 Overview**

The Off-road Commission (CIORC) covers cross-country, cyclo-cross, downhill and enduro.

Cross-country: We had four rounds of the National Point Series (NPS) planned with the national championships in July. None of these events took place. Website: [www.irishxcnps.ie](http://www.irishxcnps.ie). Biking.ie did manage to run three early season events in their BikingBlitz series.

Cyclocross: We had a great National Championships at Castlefield, Enniscrone, Co Sligo back in January thanks to Ballina CC. Coverage was on TG4. The commission sent 4 riders to the World Championships in Dübendorf, Switzerland (1-2 Feb 2020). There were coaching sessions in all provinces. The upcoming season is looking positive and we expect a reasonably active programme of racing.

Downhill: As per the cross-country, we had four rounds of the IDMS planned with the National Championships in July. None of these events took place. Website: [www.irishdownhillseries.com](http://www.irishdownhillseries.com). Glencullen Adventure Park (the GAP) did manage to run two rounds of their Spring Downhill series.

Enduro: The Vitus First Tracks, Gravity Enduro and Grassroots Enduro together formed a comprehensive Enduro series. The pandemic cancelled the events from mid-March to mid-August which included the National Championships. The Gap and the new Gortin trails at Omagh had been planned venues which were going to be supplied with basic coaching.

### **Strategic objectives for 2021**

*Section 2.22 of the Cycling Ireland Strategic Plan is: Development of a High Performance pathway for Off-road and BMX to consistently develop World and Olympic podium standard athletes.*

The Off-road Commission is committed to providing a structured pathway for off-road riders in Ireland. This will involve rider coaching as well as competitive opportunities.

#### Competitive opportunities.

The four off-road disciplines currently offer opportunities for newcomers to take part in events with suitable categories. There are already discipline representatives who can provide information to newcomers. Riders in all disciplines must compete outside of Ireland before they are selected for any international teams. This has been part of our selection criteria for the last few

years. The commission rep can help riders to select international races to target as part of their development.

### Coaching

Enduro and cyclocross have been leading the way with organising coaching sessions. The commission see the need to have coaching support at all levels, for all disciplines, from club, through to provincial and up to national levels. The national commission would be targeting their coaching to the top end talent in all four disciplines, arranging coaches to provide high level specialist skills to further enhance these riders to compete at an international level.

### **Commission Members and Roles 2021**

Our AGM has not been held yet. We can forward details of the members when this happens. The current positions we have are:

<b>Position</b>	<b>Email</b>	<b>Name</b>	<b>Phone number</b>
Chair	<a href="mailto:chair@offroadcyclingireland.ie">chair@offroadcyclingireland.ie</a>		
Treasurer	<a href="mailto:treasurer@offroadcyclingireland.ie">treasurer@offroadcyclingireland.ie</a>		
Secretary	<a href="mailto:secretary@offroadcyclingireland.ie">secretary@offroadcyclingireland.ie</a>		
Cross-country rep	<a href="mailto:Cross.country@offroadcyclingireland.ie">Cross.country@offroadcyclingireland.ie</a>		
Cyclo-cross rep	<a href="mailto:cyclocross@offroadcyclingireland.ie">cyclocross@offroadcyclingireland.ie</a>		
Downhill rep	<a href="mailto:downhill@offroadcyclingireland.ie">downhill@offroadcyclingireland.ie</a>		
Enduro rep	<a href="mailto:enduro@offroadcyclingireland.ie">enduro@offroadcyclingireland.ie</a>		

We have a group email address: [commission@offroadcyclingireland.ie](mailto:commission@offroadcyclingireland.ie)

We have a website: [www.offroadcyclingireland.ie](http://www.offroadcyclingireland.ie)