

# **XXI COMMONWEALTH GAMES**

## **Gold Coast, Australia, 4<sup>th</sup> – 15<sup>th</sup> April 2018**

### **Northern Ireland Cycling Team Qualification standards**

This document outlines the performance standards required for members of the Northern Ireland Cycling Team for the 2018 Commonwealth Games (CWG) in Australia.

Cycling has appointed Anthony Mitchell as the Coach/Manager, and Gary McKeegan as the Assistant Coach/Manager for these Games.

The key objective for the administration of the cycling programme is to assure that the best cyclists achieve nomination to the Commonwealth Games Council for selection to the Commonwealth Games team to represent Northern Ireland in selected cycling disciplines.

**The final selection to the Northern Ireland Commonwealth Games Team is *not* made by Cycling Ulster.**

The Northern Ireland Commonwealth Games Council will select the team based on nominations and therefore attaining the required performance levels does not guarantee selection.

Any cyclist who feels they meet the criteria should notify in writing the CWG Coach/Manager, Anthony Mitchell, to ensure they are kept fully informed of any changes in the criteria. Contact [cyclingulstercwgteam@gmail.com](mailto:cyclingulstercwgteam@gmail.com)

A copy of this document will be available via e-mail or hard copy, with updates added periodically. These will be forwarded to the Cycling Ulster Secretary and published on [www.cyclingulster.com](http://www.cyclingulster.com). Any athlete registered with the coach/manager will be kept updated by e-mail.

## **Eligibility**

Full details of eligibility are available from the Commonwealth Games Federation Constitution, <http://www.thecgf.com/about/constitution.pdf> with details in *appendix 1* of this document.

The following general conditions apply –

The competitor must have been born in the country that enters him or her.

*Or.*

The competitor must have had one of their two parents born in the country that enters them.

*And*

The competitor must be a Commonwealth citizen.

**Anthony Mitchell**  
**Gary McKeegan**

**March 2017.**

## XXI Commonwealth Games 2018

### Programme of Cycling events

Male	Female
Road Race	Road Race
Individual Time Trial	Individual Time Trial
Track Sprint	Track Sprint
1000m Time Trial	500m Time Trial
4000m Individual Pursuit	3000m Individual Pursuit
4000m Team Pursuit	4000m Team Pursuit
Team sprint 750m	Team Sprint 500m
15km scratch race	10km Scratch Race
40km Points race	25km Points race
Individual MTB Cross Country	Individual MTB Cross Country
Keirin	Keirin
B & Vi Sprint	B & Vi Sprint
B & Vi 1,000m Time Trial	B & Vi 1,000m Time Trial

**See appendix 2 for cycling event schedule.**

#### **Objective**

The objective is the selection of a team that will prepare and perform coherently with the objective of winning medals at the Games whilst broadly fitting within Cycling Ireland's High Performance plans.

#### **Selection Criteria**

Cyclists will be nominated by demonstrating their ability to compete in specific events and by achieving the required standard.

The selection criteria has been formalised by analysis of the performance results at previous Commonwealth Games and other events.

The qualification period for reaching the required standards will be January 2016 – 1<sup>st</sup> December 2017.

#### **General**

Meeting any of the qualification standards listed will result in the rider being considered for Commonwealth Games nomination, but is **no guarantee** of selection; and Northern Ireland will not necessarily enter riders in all events on the programme.

A panel of selectors will assess all eligible athletes after the qualification period.

## **Events & Disciplines.**

### **Road Race**

It is acknowledged that Road Racing is a team event, and nomination will be based on actual performances in high level 1-day races. The team will be structured on the specific nature of the event; its characteristics and location. It is envisaged that a flexible team will be assembled with a potential medal winning leader and dedicated support riders.

#### **Male**

By the end of the qualification period, riders considered for nomination will have, in order of preference -

Achieved a top 15 placing in a UCI ranked 1-day event,  
Achieved a top 15 GC placing in a UCI ranked multi-day event.  
Achieved a top 15 Stage placing in a UCI ranked multi-day event.  
Achieved a top 8 placing in a BC Elite Road Series event  
Achieved a National Road Race Championship medal.  
Achieved 2 top 3 placings in Irish National Series events.

#### **Female**

By the end of the qualification period riders considered for nomination will have, in order of preference –

Achieved a top 15 placing in a senior UCI ranked 1-day event.  
Achieved a National Road Race Championship medal.  
Achieved 2 top 3 placings in the Irish Women's National League events.

### **Time Trial**

#### **Male & Female**

By the end of the qualification period riders considered for nomination will have –

Consistently achieved times –

Achieved a top 15 finish in a UCI Time Trial event of a similar distance (40k)  
Male 25miles. Sub-50 Minutes.  
Female 25 miles. Sub-53 Minutes.  
Achieved a National Championship medal in a similar distance event.

## Track

Event	Time
Male Kilometre TT	Sub-1.03.60
Female 500m TT	Sub-36.60
Male Sprint flying 200m TT	Sub-10.2
Female Sprint flying 200m TT	Sub-11.6
Male 4k Individual Pursuit	Sub-4min 29sec
Female 3k Individual Pursuit	Sub-3min 40 sec
Male 4k Team Pursuit	Sub-4min 12sec
Female 4k Team Pursuit	Sub-4min 35sec
Points Race (M&F)	Top 5 in an international Track event. National Championship medal.
Scratch Race (M&F)	Top 5 in an international Track event. National Championship medal.
Keirin (M&F)	Top 5 in an international Track event. National Championship medal.
Team Sprint (male)	National Championship medal.
Team Sprint (female)	Sub-36 sec ride. National Championship medal.

## Mountain Bike. Cross Country. (Male & Female).

Achieved a top 15 placing in a UCI XC 1-day event.  
Achieved a top 8 placing in a BC NPS 1-day event  
Achieved a National XC medal.  
Achieved 2 top 3 places in Irish NPS events

**Being within the top 12 *Commonwealth* riders in the UCI senior rankings in any relevant discipline will also be considered.**

### Appendix 1.

#### **Commonwealth Games Eligibility**

(Excerpt from the CWG Federation Constitution as at March 2017.)

#### **ARTICLE 25. Eligibility**

1. Subject to Article 25(2), as a condition of entry to compete in the Commonwealth Games, all competitors must be citizens or subjects of the Commonwealth Country that enters them and must:

(a) not be currently under disqualification or suspension by the Federation, or their respective Affiliated CGA or IF or under the World Anti-Doping Code; 16

(b) comply with all applicable rules and regulations of the Federation, their respective IFs and the World Anti-Doping Code as may be modified and applied by the Federation to ensure that the overriding principles of the Commonwealth Games are observed.

2. Subject to Article 25(3), where a competitor was born in a Commonwealth Country that has common citizenship/passport with other Commonwealth Countries, the competitor may initially represent either the competitor's Commonwealth Country of birth; or the Commonwealth Country of birth of his or her father or mother that shares the same citizenship/passport.

3. After having represented one Commonwealth Country at the Commonwealth Games, a competitor may not represent another Commonwealth Country unless he or she receives the approval of the Federation, the relevant IF and the Affiliated CGAs of the two Commonwealth Countries concerned. Applications under this article must be submitted to the Executive Board at least 12 months prior to the commencement of the Games.

4. It is the responsibility of all Affiliated CGAs to ensure that their competitors are fully aware of and comply with the eligibility rules of the Federation. 5. The Executive Board shall have the power to waive the provisions of Articles 25 (1-3) in its discretion.

## Appendix 2.

### Cycling Schedule for Gold Coast 2018. (Correct at 1<sup>st</sup> march 2017.)

Date	Event	Details
Wed 4 <sup>th</sup> April	<b>Opening Ceremony.</b>	Carrara Stadium.
Thurs 5 <sup>th</sup> – Sun 8 <sup>th</sup>	Track programme	Anna Meares Velodrome
Tue 10 <sup>th</sup> April	Road Time trial	Currumbin Beach Front
Thurs 12 <sup>th</sup> April	MTB XC	Nerang MTB Trails
Sat 14 <sup>th</sup> April	Road Race	Currumbin Beach Front
Sun 15 <sup>th</sup> April	<b>Closing Ceremony</b>	Carrara Stadium.

## Appendix 3. Appeals.

A copy of the Appeals process is available on request.