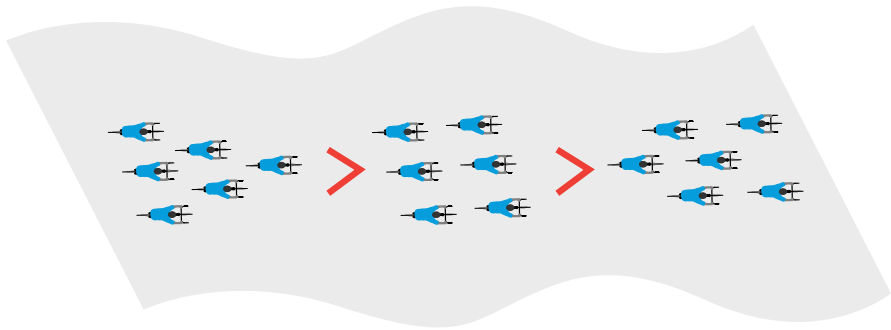


RED ARROWS



EQUIPMENT: No equipment necessary.

ACTIVITY: Instructor calls out a formation (i.e. 1,2,3 | 3,3 | 2,1,2,1), riders in the group to adopt the formation look around and collectively signal, with a show of hands, that the formation has been achieved.



**PROGRESSION
OR VARIATION:**

Use more complex combinations or impose a time limit for each formation to be complete.