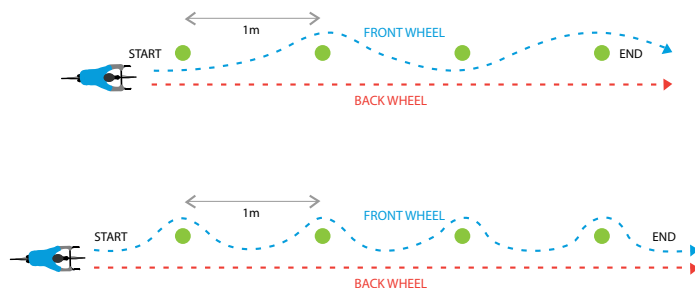


FRONT WHEEL SLALOM



EQUIPMENT: Set of marking cones.

ACTIVITY: Riders enter the slalom, while doing a normal slalom with the front wheel, riders keep the back wheel on the same side of the marking cones.



**PROGRESSION
OR VARIATION:**

To practise the skill and develop team spirit organise a relay with 2 or 3 balanced teams. As a progression riders go out and back. On the way out the back wheel is on the right side. On the way back, the back wheel is on the left side.