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Selection Criteria for the Cycling Ireland Paracycling Team

Event :	2020 UCI Paracycling Track World Championship, Milton, CAN
Event Dates :	30 th January – 2nd February 2020
Selection Meeting :	20 Jan 2020

1 OBJECTIVES

1.0 To select riders with the following objectives:

- Capabilities to medal at the 2020 UCI Paracycling Track World Championships.
- Capabilities to progress towards challenging for medals at the 2020 Paralympic Games.
- To target rider qualification points for 2020 Paralympic Games.

2 TEAM SELECTION

2.0 To be eligible for selection for the 2020 UCI Paracycling Track World Championships Team, riders/bikes must meet minimum standards as outlined in Appendix 1. Standards must be met during the qualification period (14th March 2019 – January 20th 2020)

2.1 Riders/Bikes that have successfully achieved standard outlined in this section (2.1) will be considered for selection. In the case of tandems, qualifying race results only count when the Stoker/Pilot pairing is the same currently as which secured a result during the qualification period (14th March 2019 – January 20th 2020):

- Be awarded a Podium grant by Sport Ireland for the current year
- Be a current Road or Track World Medallist (and still competing)
- Achieved Top 5 Finish in UCI Road World Championships 2019
- Achieved a Podium Finish in a UCI Paracycling Track C1 2019

- Achieved Top 10 Finish in UCI Track World Championships 2019 (Paralympic disciplines)
- Achieve Track Performance Criteria as outlined in Appendix 1.

2.2 Meeting the above criteria does not guarantee selection to the Cycling Ireland Paracycling Team for the 2020 UCI Paracycling Track Worlds.

2.3 All riders must meet the eligibility terms as laid out in the **Cycling Ireland Selection Policy** which can be found [here](#).

2.4 All riders must agree to and sign the Cycling Ireland Team Member Agreement 2019 / 2020.

2.5 Riders may be selected for more than one discipline. Where a rider is selected for a non-speciality event, it is expected that athlete prepares and competes to the utmost of their capacity in order to secure Nation Ranking Points.

3 OTHER SELECTION FACTORS

3.0 Selectors may make discretionary selections for riders that have not met the criteria in clause 2.1 but have:

- 3.0.1 Demonstrated ability and rate of progression that could lead to Medal challenging performances at World Championship & Paralympic Games Level in the future.
- 3.0.2 It is deemed by the CI Selection Panel that the athlete can collect a high number of UCI points that will contribute to Ireland athlete allocations for the Tokyo 2020 Paralympic Games.

3.1 Where an athlete does not meet the criteria 2.1 and is seeking selection for:

- 3.1.1 a Class where UCI slot(s) have been allocated.
- 3.1.2 where there is more athletes seeking selection than there are allocated slots.
- 3.1.3 where there is more than 1 athlete in a given class seeking selection.
- 3.1.4 where more than 1 athlete has met the criteria in clause 2.1.

The CI selection Panel will use the Scoring Chart (See Appendix 2) of this Selection Criteria document to assist with the decision of which rider(s) will be selected. The rider scoring highest will be chosen. The CI selection Panel may also use, at their discretion, results from Appendix 3 – Fitness Tests to support their selection.

4 PILOT SELECTION

- 4.0 Pilots will be subject to the selection criteria laid out in sections 2 & 3
- 4.1 The selection panel reserve the right to choose pilots based on additional criteria such as results in able bodied races, level of commitment to the Paracycling programme, level of experience in Paracycling events and relationships with stokers.
- 4.2 Cycling Ireland reserve the right to assign pilots to stokers to optimise performance and Nations Ranking Qualification. In general it is the intention to rotate pilots and stokers on a regular basis, but Cycling Ireland reserve the right to assign particular pilots and stokers together for a long term relationship if they see a developmental benefit in this for the riders concerned.
- 4.3 When selection for competitions occurs the selection panel reserve the right to pair up pilots and stokers who may have little or no experience working together if they see increased qualification opportunity and/or medal prospects by making such a match.

5 INVESTMENT

- 5.0 Cycling Ireland will contribute funds to athletes who have met the eligibility criteria under Clause 2.1 and is selected to represent Ireland at the UCI 2020 Para Cycling Track World Championships
- 5.1 Any athlete who is selected to compete at the UCI 2020 Para Cycling Track World Championships under Clauses 3.0 & 3.1 may be required to fully or partially self-fund.

APPENDIX 1

Track Performance Criteria

The below times may be recorded in both competition and training provided they meet points (i) and (ii) below.

- (i) Where competition times are set, these must be recorded in official competition, under competition rules and regulations in line with those of the UCI and timed using electronic timing. Evidence of timing system used may be required along with official result sheets to verify times achieved.
- (ii) Where training times are recorded, these must be recorded in an official Cycling Ireland camp. (can be hand timed by a Cycling Ireland official and/or supported by video recording).

Men	Individual Pursuit	Kilo TT
MB	4:30 – 4km	1:06
C1	4:11 – 3km	1:23
C2	4.08 – 3km	1:19
C3	3:52 – 3km	1:16
C4	4.55 – 4km	1:12
C5	5.00 – 4km	1:12

Table 1: Track Performance Criteria - Male

Women	Individual Pursuit	Kilo TT / 500m
WB	3:40 – 3km	1:15
C1	5:22– 3km	0:50
C2	4:36– 3km	0:48
C3	4:33– 3km	0:46
C4	4:25– 3km	0:45
C5	3:55– 3km	0:45

Table 2: Track Performance Criteria - Female

APPENDIX 2

Paracycling Selection Scoring Chart	
Criteria Items	Max Points
Recent Form - <i>within defined qualification period (see section 2.1)</i>	15
Past International Performances	5
Timed Effort 1 – <i>this would usually be a full race distance effort**</i>	50
Timed Effort 2 – <i>this would usually be 75%-80% race distance effort**</i>	40
Timed Effort 3 – <i>this would usually be a shorter duration maximal effort**</i>	30
Testing*, Racing & Training Power Data	25
Technical Ability & Skill Level	10
Suitability of rider to Event Specific Physiological demand	10
Commitment to Programme	30
Training age, development potential and developmental stage of the rider and potential to perform in the future	10
Profile of the rider: ability to form part of a cohesive team, accepting direction from relevant staff or event volunteers & officials and their interaction with other Cycling Ireland support personnel, psychological capacities	10
TOTAL POINTS	225
RANKING	0

*Testing may not be conducted. If it is required, refer Appendix 3. ** Timed efforts must meet (i) and/or (ii) in Appendix 1.

APPENDIX 3

Fitness Tests:

Examples of fitness tests used are:

- Physiological Lab Test
- Calibrated Power meter Test (e.g. Wattbike, SRM, Powertap etc.)
- Track Test or Timed Effort
- Ongoing Review of above metrics & data during training & racing periods

Cycling Ireland will decide all appropriate testing protocols. Fitness Testing protocols can be used as part of the process to:

a) assess a riders ability and potential capacity to perform
b) select a rider(s) for squad when multiple riders are in contention
c) replicate demands of race / event intensity and measure athlete response.
e) assess a riders physiological response to training plan

Physiological test results are a guideline to give riders an indication of the level required and selectors and coaches an insight into performance capacity. Satisfactory fitness test results can be part of a process and do not guarantee selection.