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Last updated June 2019

## Selection Criteria for the Cycling Ireland Paracycling Team

<b>Event :</b>	2019 UCI Paracycling Road World Championship, Emmen
<b>Event Dates :</b>	12th – 15th September 2019
<b>Selection Committee :</b>	Neill Delahaye, Brian Nugent
<b>Selection Meeting :</b>	12 Aug 2019

### 1 OBJECTIVES

1.0 To select riders with the following objectives:

- Capabilities to medal at the 2019 UCI Paracycling Road World Championships
- Capabilities to progress towards challenging for medals at the 2020 Paralympic Games
- To target rider qualification points for 2020 Paralympic Games

### 2 TEAM SELECTION

2.0 To be considered for selection for the 2019 UCI Paracycling Road World Championships Team, riders must meet at least one of the criteria below:

- Be awarded a Podium grant by the Irish Sports Council for the current year
- Be a current Road or Track World Medallist (and still competing)
- Achieved Top 10 Finish in UCI Road World Championships 2018
- Achieved a Top 4 Finish in a UCI Paracycling Road World Cup 2019
- Achieved Top 4 Finish in UCI Track World Championships 2019 (endurance disciplines)

- 2.1 Meeting the above criteria does not guarantee selection to the Cycling Ireland Paracycling Team for the 2019 UCI Paracycling Road Worlds.
- 2.2 All riders must meet the eligibility criteria as laid out in the Eligibility Document for Cycling Ireland Teams <http://www.cyclingireland.ie/page/high-performance/eligibility-criteria>
- 2.3 All riders must agree to and sign the Cycling Ireland Team Member Agreement 2019
- 2.4 Riders will be selected for both TT & Road Race and must compete in both. Where a rider is selected for a non-speciality event, it is expected that the athlete prepares and competes to the utmost of their capacity in order to secure Nation Ranking Points.
- 2.5 Any rider seeking selection for the 2019 UCI Paracycling Road Worlds must have participated in and completed at least 1 UCI Paracycling Road World Cup in 2019

### **3 OTHER SELECTION FACTORS**

- 3.0 Selectors may make discretionary selections for riders that have not met the criteria in clause 2.1 but have:
  - 3.0.1 demonstrated ability and rate of progression that could lead to Medal challenging performances at World Championship & Paralympic Games Level in the future.
  - 3.0.2 It is deemed by the CI Selection Panel that the athlete can collect a high number of UCI points that will contribute to Ireland athlete allocations for the Tokyo 2020 Paralympic Games.
- 3.1 Where an athlete does not meet the criteria 2.1 and is seeking selection for:
  - 3.1.1 a Class where UCI slot(s) have been allocated
  - 3.1.2 where there is more athletes seeking selection than there are allocated slots
  - 3.1.3 where there is more than 1 athlete in a given class seeking selection
  - 3.1.4 where more than 1 athlete has met the criteria in clause 2.1

the CI selection Panel will use the Scoring Chart (See Appendix 1) of this Selection Criteria document to assist with the decision of which rider(s) will be selected. The rider scoring highest will be chosen.

## **4 PILOT SELECTION**

- 4.0 Pilots will be subject to the selection criteria laid out in sections 2 & 3
- 4.1 The selection committee reserve the right to choose pilots based on additional criteria such as results in able bodied races, level of commitment to the Paracycling programme, level of experience in Paracycling events and relationships with stokers.
- 4.2 Cycling Ireland reserve the right to assign pilots to stokers to optimise performance and Nations Ranking Qualification. In general it is the intention to rotate pilots and stokers on a regular basis. But Cycling Ireland reserve the right to assign particular pilots and stokers together for a long term relationship if they see a developmental benefit in this for the riders concerned.
- 4.3 When selection for competitions occurs the selection committee reserve the right to pair up pilots and stokers who may have little or no experience working together if they see increased qualification opportunity and/or medal prospects by making such a match.

## **5 INVESTMENT**

- 5.0 Cycling Ireland will contribute funds to athletes who have met the eligibility criteria under Clause 2.1 and is selected to represent Ireland at the UCI 2019 Para Cycling Road World Championships
- 5.1 Any athlete who is selected to compete at the UCI 2019 Para Cycling Road World Championships under Clauses 3.0 & 3.1 will be required to fully or partially self-fund.

## APPENDIX 1

<b>Paracycling Selection Scoring Chart</b>	
<b>Criteria Items</b>	<b>Max Points</b>
Recent Form - <i>within current season</i>	<b>15</b>
Past International Performances	<b>5</b>
Timed Effort 1 – <i>this would usually represent a full race distance effort or an actual race</i>	<b>50</b>
Timed Effort 2 – <i>this would usually be a shorter duration maximal effort</i>	<b>30</b>
Commitment to Programme	<b>30</b>
Testing*, Racing & Training Power Data	<b>25</b>
Technical Ability & Skill Level	<b>10</b>
Suitability of rider to Event Parcours	<b>10</b>
Depth of International Field	<b>15</b>
Training age, development potential, rate of improvement, potential to perform in the future	<b>15</b>
Fasttrack / Talent ID / Talent Transfer athlete	<b>15</b>
Profile of the rider: ability to form part of a cohesive team, accepting direction from relevant staff or event volunteers & officials and their interaction with other Cycling Ireland support personnel, psychological capacities	<b>10</b>
Classification Status	<b>5</b>
<b>TOTAL POINTS</b>	<b>245</b>
<b>RANKING</b>	<b>0</b>

\*as per Appendix 2

## **APPENDIX 2**

### **Fitness Tests:**

Examples of fitness tests used are:

- Physiological Lab Test
- calibrated Powermeter Test (e.g. Wattbike, SRM, Powertap etc.)
- Road Test or Timed Effort

Cycling Ireland will decide all appropriate testing protocols. Fitness Testing protocols can be used as part of the process to:

a) assess a riders ability and potential capacity to perform
b) select a rider(s) for squad when multiple riders are in contention
c) replicate demands of race / event intensity and measure athlete response.
e) assess a riders physiological response to training plan

Physiological test results are a guideline to give riders an indication of the level required and selectors and coaches an insight into performance capacity. Satisfactory fitness test results can be part of a process and do not guarantee selection.