



**U23 European Track  
Championships**

**Gent**

**2019**

**Selection Policy & Criteria  
May 2019**



## **Athlete – Selection Policy & Selection Standards**

### **Introduction**

- 1 This selection policy has been agreed by Cycling Ireland (CI). It provides detail on the process by which CI will arrive at athlete selections.
- 2 Cycling Ireland will consider athletes who have qualified under the Cycling Specific Selection Standards stated below. Exception may be given where allocation of places exceeds the number of athletes meeting the minimum standards, CI may consider athletes fractionally under these standards as a development opportunity, subject to budget restraints.

### **Cycling Ireland General Selection Policy Aim**

- 3 CI will select a team that performs with distinction in 2019, The European Championship will give U23 athletes, on a long term Olympic pathway, the opportunity to experience a major Championship environment.
- 4 This Cycling policy is consistent with the aim.
- 5 All priorities listed above are subject to change due to performance, athlete availability or budgetary considerations

### **Athlete Eligibility**

- 6 The athlete must hold a current UCI licence which permits them to ride in the discipline(s) they are being considered for and which has an “IRL” UCI licence code or Nationality which states Ireland/Irlande.
- 7 The athlete must hold, or is eligible to hold, a valid Irish passport (note that riders who have transferred from another nationality must meet the UCI transfer requirements. Passport expiry dates must be at least 90 days past the competition date).
- 8 The athlete has signed Cycling Ireland’s Code of Conduct for riders.
- 9 The athlete must not be currently under disqualification or suspension by Cycling Ireland, or UCI International Federation or under the World Anti-Doping Code.

### **Competition Format**

- 10 The cycling competition comprises: Track Sprint and Endurance events.

## **Sport Specific selection Standards**

11 Below are the key selection details:

- i. By achieving the required selection standard in the manner defined for each discipline within the last 12 months, athletes are eligible for consideration to be selected to the European Championship 2019 team.
- ii. Where times are set, these must be recorded in official competition, under competition rules and or on a Cycling Ireland lead training camp recorded by a cycling Ireland official coach with official sheets to verify times achieved.
- iii. Where a clear medal potential is identified for the Scratch and / or Points Race, selections will be based solely on supporting that or those individuals

### **Notes:**

- I. The omnium shall be the final overall result only.
- II. Points & Scratch Race: Except for where (I) above is brought into effect, the selection panel shall nominate individuals from those having met standards, for the events that they feel provide the best chance of success across both the points race and scratch race. Once selected, riders may be entered into different events to those where they have met the criteria at the discretion of the team management.
- III. Where more riders meet the criteria than places available, selections will be made to provide the best chance of a medal in each event. Riders meeting selection criteria in other disciplines will also be considered with the best possible result in mind.
- IV. All timed results must be achieved in official competition, under competition rules and regulations, in line with those of the UCI, and be timed using electronic timing.
- V. All timed results must be recorded on a track less than 1000m above sea level.

# Cycling Ireland Track Time Standards

This document lays out the minimum time standards track cycling athletes must achieve in order to be part of national track programs. These standards will be updated from time to time to reflect changes in the international competitive environment.

## **Endurance Omnium/ bunch timed standards(on bunch bike)**

	Men	women
<b>Flying 1km</b>	1:04	
<b>Flying 500m</b>		32.50
<b>Standing 3k</b>	3:45	
<b>Standing 2k</b>		2:42

## **Individual /Team Pursuit standards(on pursuit bike)**

Event	Men	Women
<b>Individual Pursuit</b>	4:30:00	3:45
<b>Team Pursuit</b>	4:15:00	4:38:00
<b>Standing 3k</b>	3:23	
<b>Standing 3k</b>		2:28

## **Sprint standards**

Event	Men	Women
<b>Sprint (flying 200 m)</b>	10.30	11:80
<b>Standing 1,000 m TT</b>	1:06	
<b>Standing 500 m TT</b>		37:00

# Cycling Ireland Track performance indicators

This document lays out the performance indicators that have historically proven to be effective when gauging an athletes ability and potential to perform to the required standard at European championships

<b>Performance Criteria for 2019 Euro U23 track Championships</b>	
Athletes Demonstrated Form in current season <ul style="list-style-type: none"> <li>• Taking into account performances in the National Track Championships in Dublin</li> <li>• Performances in senior domestic road/ events</li> </ul>	
Proven Track Record as an international Class Performer in Specific Discipline of selection <ul style="list-style-type: none"> <li>• Past performances at International level events</li> </ul>	
Technical Ability in specific event (i.e. Madison etc) <ul style="list-style-type: none"> <li>• Athletes demonstrated ability to deliver the required technical performance in training camps and events</li> </ul>	

### **Other factors for consideration**

- 12 In instances where an athlete has had evidence to justify selection prior to injury/illness which precluded them from qualifying within the period, selection may be possible provided there is sufficient objective evidence to suggest that the athlete in question has returned to the previous standard.
- 13 In addition to the Specific Selection Criteria, selection will take into consideration any one or more of the following additional factors in selecting riders for any Team:
  - i. Consistent and successful individual performances of the rider in the 12-month period prior to the selection to pool or team in international competition;
  - ii. The rider's ability to work within a team structure when selected to a National Team
  - iii. The rider's technical ability and bicycle handling skills;
  - iv. The rider's tactical ability. The ability to read and react to the race, including passive or aggressive racing tactics, that leads to individual or team performances;
  - v. The rider's participation in an intense training or competition program that may have affected current performances;
  - vi. The rider's demonstrated willingness to promote cycling in a positive manner;
  - vii. The rider's demonstrated ability to take personal responsibility for self and their results;
  - viii. The rider's proven ability to be reliable within a team structure.
  - ix. The results of any of the rider's sports science tests including biomechanical and physiological.

### **Selection process and timelines.**

1. Cycling Ireland will have a selection meeting on the 1<sup>st</sup> of July 2019
2. Athlete's will be informed of selection, non-selection on the 2<sup>nd</sup> of July 2019.
3. Appeals must be registered within 24 hours of receipt of the selection, non-selection email ([click here to see appeals process](#))

### **De-Selection**

- 14 Anti-Doping: Athletes suspended by their Governing Body as a result of ongoing or concluded anti-doping violation allegations, will be deselected.
- 15 Injury Management: Where injury issues are identified at or after selection, a fitness test may be used to determine if the athlete is capable of performing to the level that they were selected for the Event. This will be specific to cycling and the athlete's condition.
- 16 Breach of Policy: Athletes in breach of CI policies, code of conduct and team agreement may be de-selected.