



## Dublin City

### **Phoenix Park Bikes**

Free Bike Hire – 1 hour Bike Ride. Phoenix Park Tour – Free 2 hour Bike Ride around the Phoenix Park, Bike Helmet and Guided all included- Run this twice across the week with 20 in each group. Free Bike Course – Learn how to fix: Punctures, Tyre Checks, Wheel Checks, Brake Checks, Gear Checks, how to show your Bike TLC the right way! Try before you buy – Thinking of buying a Bike, E Bike or Cargo Bike – Why not come along and try it for free before you buy. When booking use Promo Code: Bikeweek2024, For more information visit [www.PhoenixParkBikes.com](http://www.PhoenixParkBikes.com)

Time: All Day

Date: 11/05/2024-19/05/2024

Location: Phoenix Park Bikes

Suitability: All Ages

### **Ballymun Health & Fitness**

There will be a family cycle hosted around Poppintree Park. It will follow the loop of the Park Run and will be clearly marked out. The start line will include a DJ, bike maintenance and repairs and refreshments. There will be options of the distance people want to cycle, 5km, 10km, 15km and 20km. The event will have stewards both on foot and on bikes to ensure the safety of everyone involved,

Time: 12:00-13:00

Date: May 11th

Location: Poppintree Park

Suitability: Families

### **Phizzfest – Phibsborough Community & Arts Festival**

The public are invited to a fun cycle through and around Phibsborough and encouraged to dress up and bring their family. There will be music and a raffle and the emphasis is on leisure. For more information please visit <https://www.phizzfest.ie/>

Time: Sets off at 13:00, to finish at around 14:00

Date: 11/05/2024



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Location: Meeting point is Dalymount Park, entrance at St. Peters Road / opposite Norfork Road junction.

Suitability: Family Friendly

### **Recovery Road Cycling Club – Ballymun Community Cycle**

A free family fun event, in a safe enclosed environment with music, refreshments, all types of bikes welcome

Time: 12:00-14:00

Date: 11/05/2024

Location: Poppintree Park, Ballymun, Dublin 11

Suitability: Adults, children and families

### **Sporting Pride 11th May**

Sporting Pride invites LGBTQ+ community cycling enthusiasts to join us for a fun and informative workshop on bicycle safety checks with hands on elements covering simple repairs and a bicycle maintenance overview. After the workshop, we will go on a leisurely cycle to enjoy the fresh air, finishing up with teas, coffee and cake! For more information on Sporting Pride Event visit <https://www.sportingpride.ie/events>

Time: 14:00

Date: 11/05/2024

Location: The Bike Hub, Sundrive Pavillion, Eamonn Ceannt Park, Crumlin, D12

Suitability: Adults only

### **Pedalpalooza Cycle Parade**

Join us on Capel Street at 11am for a fun, family-friendly, traffic-free cycle through city streets. Led by Lord Mayor Daithí de Róiste we set off at 11.30am on a 5km route which will take us along the River Liffey and over to Fairview Park. With hundreds of us cycling together in convoy and music from our bike DJ, we'll take over the street so it's a great opportunity to experience a car-free cycle and see the city centre in a new way! Whether you're a seasoned cyclist or just looking for a leisurely ride, this event is perfect for all ages and skill levels.

Our destination is Fairview Park where the Pedalpalooza Bike Festival takes place from 12-4pm. The festival is a free family-friendly celebration of cycling with fun activities throughout the day



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including a cycle circus, bike decoration, magic show, vintage bike display, games, music, performances and opportunities to try out a range of different bikes or to take a trip on a trishaw.

Register to take part

Time: 11am – 12pm

Date: Sunday 12th May 2024

Location: Meeting at Capel Street. The cycle finishes at Fairview Park.

Suitability: Family friendly & cyclists of all ages and abilities.

### **Pedalpalooza Bike Festival**

A FREE day of family fun for cycling lovers of all ages, jam-packed from start to finish with great music, bike-related arts & crafts, exciting demonstrations.

Check out the main stage throughout the day for an entertaining mix of Irish music, magic and comedy for all ages, with performances from Magic Marta, Frankie Magilligan and Clontarf Ukelele to name but a few.

Stop by the Dublin Bay Cycling Centre Obstacle Course to test your skills. Come along to see a BMX performance display by Irish World Championships representative, Dino Jeffers. Make sure to bring your own bikes along and join in the fun at the Craft Corner where you can Bling Your Bike or try out the Bike Tattoo station to customise your wheels!

Interested in trying out a new bike? Visit the Bleeper Bikes, Moby and Dublin Bikes stalls to test out their range of electric, cargo and longtail bikes. Or sit back and relax in a trishaw and be taken for a spin by one of our pilots.

Marvel at the skills of the unicycle display and admire the wide and varied selection of both classic and accessible bikes on site. With lots more to see and do for the whole family including delicious food and drink available to purchase, Pedalpalooza is shaping up to be a great, FREE day out for the whole family!

Time: 12 – 4pm

Date: Sunday 12th May

Location: Fairview Park, Dublin 3

Suitability: Family-friendly

### **Bike Maintenance**

A Team from Cycle Clinic will be on Guild Street in Dublin (alongside the bike lanes) doing free bike maintenance for the public. Bring your bike along if you'd like a check done or something



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fixed! The lads will be there all day but it is first come, first served so arrive as early as you can to avoid disappointment.

Time: 9.30am – 4.30pm

Date: Monday, 13 May

Location: Guild Street, Dublin 1

Suitability: All bike types

### **Sunset Cycle**

Join us and Fingal County Council for a free, family-friendly and traffic-free cycle in the beautiful Phoenix Park whilst the sun sets. The cycle will start and end on Chesterfield Avenue covering a 5km loop that is suitable for all the family. Come early from 7pm to soak up the atmosphere and enjoy a traffic-free Phoenix Park.

Time: 8 – 9pm

Date: Wednesday, 15 May

Location: Chesterfield Avenue, Phoenix Park

Suitability: Family-friendly

### **Cycle To Tolka Park**

Calling all Shels fans! Cycle to Tolka Park for the Shelbourne FC v Waterford FC on Friday, 17 May. The group will meet in Fairview Park at 6.30pm and make its way to the stadium together.

Time: 6.30pm

Date: Friday, 17 May

Location: Fairview Park

Suitability: Older children and adults

### **Community Gardens Cycle**

Bike Week is also Biodiversity Week and the Dublin Cycling Campaign has teamed up with Dublin Community Growers to organise community gardens cycle and biodiversity workshop on Saturday, 18 May. Events will take place on both the north and south sides of Dublin and are follows:



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#### Southside Route

Meet at 11am at Richmond Barracks / Stil Garden in Inchicore for a 20-minute tour. The group will then leave and head to Flanagan's Fields, Taplins Fields Bridgefoot Street and on to Mud Island in North Strand arriving at 1.15pm.

#### Northside Route

Meet at 11am at Raheny Village Community Garden for a 20-minute tour. The group will then leave and head to Killester Blooms, Mucky Lane and on to Mud Island in North Strand arriving at 1.15pm.

There will be refreshments at Mud Island until 2pm when the biodiversity workshop will begin.

Time: 11am – 3pm

Date: Saturday, 18 May

Location: Richmond Barracks, Inchicore OR Raheny Village Community Garden

Suitability: Family-friendly

#### **Sandymount Fun Cycle**

The Sandymount Fun Cycle is 3km long and accessible for all the family. Meeting at Bath Avenue, the cycle will do a loop and a finish in Sandymount Green. There will be treats for all and prizes for the best decorated bike. Fancy dress is encouraged and there will be music. The event will be officially marshalled and safe for all.

Time: 11am

Date: Sunday, 19 May

Location: Bath Avenue, Dublin 4 (across the Dodder from Lansdowne Tennis Club)

Suitability: Family-friendly

#### **Bike Town**

Date: Sunday, 19th of May

Time: 11am – 4pm

Location: Sundrive Velodrome, Eamonn Ceannt Park, Crumlin, Co. Dublin



Details: Bike Expo, Bike Tattoos, Free Safety Checks, Puncture Repair Lessons, Pedal Party, Accessible Bike Fleet Showcase, Trishaw Rides, Test Ride e-Cargo Bikes, Bike Polo Demo, Bike Jumble, Trade Stands. Family friendly and people of all ages and abilities.

Dún Laoghaire Rathdown

### **Dublin Mountain Cycling Festival**

Date: Saturday, 11th of May

Time: 10am

Location: GAP, Glencullen, Co. Dublin

Details: A fantastic family event that will include a range of cycling activities with refreshments. A family event for all ages and abilities.

### **Mountain Bike Fest**

Date: Sunday, 12th of May

Time: 10am

Location: GAP, Glencullen, Co. Dublin

### **Mountain Bike Fest**

Date: Sunday 12th, Friday 17th and Saturday 18th of May

Time: 10am

Location: GAP, Glencullen, Co. Dublin

Details: Aimed at children and teens over the age of 12, skills session with free uplifts and bike hire. Tickets must be books in advance. Beginner coaching free, Advanced cost €15.

### **Pump Track Open Day**

Date: Saturday, 18th of May

Time: 6pm – 8pm

Location: Dun Laoghaire Pump Track, Co. Dublin.

Details: A fun and inclusive event aimed at children, teens and adults of all abilities.



### **Cargo Bike Championships**

The cargo bike championship is a fun filled family event. There will be a large array of cargo bikes on show that will be participating in a various mini fun races.

The objective is to showcase their capabilities and manoeuvrability to the public while having a ton a fun in the process!

There will be prizes to win on the day, this will be a family friendly event.

Time: 10.30am – 3pm

Date: Saturday 11th May 2024

Location: Dún Laoghaire Harbour, Old Ferry Terminal Car Park

Suitability: Open to everyone

### **Dublin Cycling Campaign Family Cycle**

The Dublin Cycling Campaign are hosting a Family Friendly Cycle.

The cycle will start from Blackrock Dart Station, joining Seapoint Avenue and finishing at the Ferry terminal in Dún Laoghaire harbour.

This event is in partnership with Dún Laoghaire-Rathdown County Council who will kindly be providing free ice cream to participants.

Time: 11am

Date: Saturday 11th May 2024

Location: Blackrock Dart Station

Suitability: Beginners, Family friendly

### **Cycling Training Workshops**

10.30-11.30am – Women only cycling

Bring your bike and get input on skills for safety and getting around on your bike.

11.30-12.30pm – Children's Learn to Cycle

Come along and see the stages of learning to cycle independently – get tips and find out where to access resources, you may even see a child cycle for the first time. Suitable for 4 years and upwards.

13.00-14.00pm – Children's Skills



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Bring a child along to this session to take part in fun skills which will help them become better at handling their bikes.

14.00-15.00pm – Parent and child session

Come along with your bike and child, learn skills for cycling with a child, where to position, how to support a child in becoming a confident cyclist and practice safe cycling on the road.

Time: 10.30am – 3pm

Date: Saturday 11th May 2024

Location: Dún Laoghaire Harbour, Old Ferry Terminal Car Park

Suitability: As per listing/s

### **DUBLIN MOUNTAINS ACTIVE FAMILY NIGHT AT THE GAP**

Join us for an unforgettable evening of outdoor adventure at the GAP in the Dublin Mountains! Bring your family and experience a fun filled night with BBQ, mountain bike lessons, nature trail walks, and more exciting activities.

This event, hosted in collaboration with Dún Laoghaire-Rathdown County Council, Cycling Ireland and the Dublin Mountain Partnership offers a perfect opportunity for families to bond and explore the stunning Dublin Mountains together.

You don't need to be a seasoned mountain biker, so try something new, there's plenty for everyone at the GAP Active Family Night. Discover this scenic location, test your skills with coaching for men, women, and children, and enjoy the thrill of outdoor exploration in a safe and welcoming environment.

Don't miss out on this fantastic opportunity to connect with nature, get active, and create lasting memories with your family. Join us for the Dublin Mountains Active Family Night at the GAP and embark on a journey of adventure and fun!

Time: 6-9pm

Date: Saturday 11th May 2024

Location: Glencullen Adventure Park, Dublin Mountains

Suitability: Families, Outdoor lovers, Mountain users, Active Families

[Click here for more information.](#)





### **Cycling Without Age – Inclusive Cycling Demonstration**

Come along and experience this free service. Trained staff will be on hand to allow participants to try trishaws, tandems, trikes, wheelchair bikes, hand cycles and more.

Drop in, no booking required.

Time: 12-4pm

Date: Saturday 11th May

Location: The Bike Hub, Dún Laoghaire Harbour (opposite RNLI shop)

Suitability: Suitable for all.

### **Coastal Mobility Route Heritage Cycle Tour**

An easy heritage cycle hosted by the DLR Heritage Officer, Deirdre Black along the coastal mobility route. Discover the origin stories of this part of Dublin; King Laoghaire's fort, 18th century coffee shops, shipwrecks, the first trains and the eternal appeal of fresh sea air! End the trip with an optional free tour of the Joyce Tower Museum at Sandycove.

Max: 15 attendees

Time: 11am-12

Date: Sunday 12th May 2024

Location: Salthill to Sandycove. Assemble at Longford Gardens on the Coastal Mobility Route (the seating area beside Salthill and Monkstown Dart station) and finish at the Joyce Tower in Sandycove.

Suitability: Everyone

To book your place kindly email: [activetravelteam@dlrcoco.ie](mailto:activetravelteam@dlrcoco.ie) (please state Coastal Mobility Route Heritage Cycle Tour in your e mail)

### **Lunchtime Bike Safety Checks**

Free Lunchtime Bike Safety Checks at "Hub 17" Sandyford

The Bike Hub is popping up all over Dún Laoghaire-Rathdown County for Bike Week! Mechanics will be available to do free safety checks of your bike and let you know if you're ready to cycle into summer". The Bike safety check is an inspection of a bicycle to ensure that it is in good working condition and safe for riding. During a safety check, a technician will inspect various components of the bike such as the brakes, tires, wheels, pedals, chain, gears, and handlebars, among others.



Time: 11am-2pm

Date: Monday 13th May 2024

Location: Sandyford – Hub 17

Suitability: Everyone

### **Free Tune Up – UCD Bikes – Bike Week 2024**

Is your bike in good condition? Want to know for sure? Monday is the day you'll have the chance to have your entire bike adjusted for free, in addition to receiving super tips on how to make it even better! Book your spot via Eventbrite and we'll take care of the rest.

Time: 12.30-13.30

Date: Monday 13th May 2024

Location: UCD Bikes, University College Dublin Stillorgan Road, Dublin 4, D04 PR94, Ireland

Suitability: Everyone

### **Lunchtime Bike Safety Checks**

Free Lunchtime Bike Safety Checks at Dundrum Town Centre

The Bike Hub is popping up all over Dún Laoghaire-Rathdown County for Bike Week! Mechanics will be available to do free safety checks of your bike and let you know if you're ready to cycle into summer.

The Bike safety check is an inspection of a bicycle to ensure that it is in good working condition and safe for riding. During a safety check, a technician will inspect various components of the bike such as the brakes, tires, wheels, pedals, chain, gears, and handlebars, among others.

Time: 11am-4pm

Date: Tuesday 14th May 2024

Location: Dundrum Town Centre Courtyard (near the fountains)

Suitability: Everyone



### **Bike Accessory Giveaway (Blackrock)**

Members of the Dublin Cycling Campaign, An Garda Síochána and DLR CC will be providing some lucky commuters with free bike accessories.

Time: 5pm

Date: Tuesday 14th May 2024

Location: Blackrock Park

Suitability: All

### **Launch of the new Dundrum Town Centre Bike parking facilities**

Come along and join us for the official opening of the new Dundrum Town Centre Bike parking facilities. Located on level 2M in our Red Car Park.

Time: 10am

Date: Tuesday 14th May 2024

Location: Dundrum Town Centre Red Car Park 2M

Suitability: All

### **Try Before Buy – UCD Bikes – Bike Week 2024**

Don't know what kind of bike to buy? Have you tried an electric bike, road, cargo or foldable bike? Are you planning to buy a baby car seat or a trailer, but you don't know each one? If you like to have the experience first to make up your mind, This is your chance! On Tuesday, we will give you the opportunity to try any bike or accessory from our shop with the expert assistance of our team to solve all your doubts.

Time: 10.00-16.30

Date: Tuesday 14th May 2024

Location: UCD Bikes, University College Dublin Stillorgan Road, Dublin 4, D04 PR94, Ireland

Suitability: All

### **Sofa To Saddle**

Cycle Programme for older adults aged 55+ Beginner / Novice Cyclists – Programme Launch. Free 6 Week Programme running Wednesday the 15th of May until Wednesday June 19th.



Programme developed and supported by The Bike Hub, Age & Opportunity and DLR Sports Partnership. Please note participants will be required to bring their own bicycle.

Time: 10am

Date: Wednesday 15th May 2024

Location: Blackrock Park

Suitability: Over 55's

For more information contact: [Kmalone@dlrcoco.ie](mailto:Kmalone@dlrcoco.ie)

### **Bike To Work Day**

National Bike to Work Day – Why not consider cycling to work today. The potential benefits of cycling are hard to deny, so what are you waiting for? Get those tires pumped up, hop on and give it a try!

Time: All day

Date: Wednesday 15th May 2024

Location: Countywide

Suitability: Everybody

### **Bike Accessory Giveaway Dundrum**

Members of the Dublin Cycling Campaign, An Garda Síochána and DLR CC will be providing some lucky commuters with free bike accessory's.

Time: 5PM

Date: Wednesday 15th May 2024

Location: Dundrum Luas Stop

Suitability: All

### **Free Bicycle Safety Check And Bike Tattoos**

Free Bicycle Safety Checks and Bike Tattoos at Dundrum Library

The Bike Hub is popping up all over Dún Laoghaire-Rathdown County for Bike Week! Mechanics will be available to do free safety checks of your bike and let you know if you're ready to cycle into summer.



The Bike safety check is an inspection of a bicycle to ensure that it is in good working condition and safe for riding. During a safety check, a technician will inspect various components of the bike such as the brakes, tires, wheels, pedals, chain, gears, and handlebars, among others.

Free Bike Tattoos

Bike Tattoos are permanent, but they don't hurt, we promise! Get a design of your choice "tattooed" onto your bike for free by expert bike painter: Explicit Bikes

Time: 3pm - 7pm

Date: Wednesday 15th May 2024

Location: Dundrum Library

Suitability: Everyone

### **Launch of the DLR Sports Partnership Balance Bike Programme**

This programme is delivered in local Primary Schools and provides ten bikes/helmets on loan for 4-6 weeks, alongside tutorial videos to support teachers and students learning the basics of cycling.

Date: Wednesday 15th May

Location: St. Colmcille Junior National School Ballybrack

### **Workshop – UCD Bikes – Bike Week 2024**

Are you tired of spending money on punctures or having an issue with the bike halfway through and not having anything to do? UCD Bikes will offer you the solution, Knowledge!

Wednesday is the day that we will offer a masterclass on basic bike care, we will teach simple maintenance like fixing punctures that everyone is able to do, and we will use all our experiences acquired in these long years of cycling to get you out there. And even better, it's not just food for your brain, but we'll also provide food for your stomach. Catering service is included. Avoid mistakes, save money and time, learn new things, and evolve with us. Making cycling more enjoyable and powerful is our mission, and sharing knowledge is the beginning of a new stage. Secure your spot on the Eventbrite app and don't miss out on this class that will change your life in the bike world.

Time: 12.30 - 14.30

Date: Wednesday 15th May

Location: UCD Bikes, University College Dublin Stillorgan Road, Dublin 4, D04 PR94, Ireland.

Suitability: Everyone



### **Free Bicycle Safety Check And Bike Tattoos**

Bicycle Safety Checks and Bike Tattoos at the Lexicon (Dún Laoghaire).

Bicycle Safety Checks – The Bike Hub is popping up all over Dún Laoghaire-Rathdown County for Bike Week! Mechanics will be available to do free safety checks of your bike and let you know if you're ready to cycle into summer.

Bike Tattoos – Bike Tattoos are permanent, but they don't hurt, we promise! Get a design of your choice "tattooed" onto your bike for free by expert bike painter: Explicit Bikes

Time: 3pm-7pm

Date: Thursday 16th May 2024

Location: The Lexicon Library (Dún Laoghaire), lower-level entrance near the cafe

Suitability: Everyone

### **Cycle To The Show / Rehab Care**

It's got to be 50:50!' – Rehab Care Festival of Inclusion Concert – Cycle to Show event supported by DLR Bike Week. Supervised bike parking / bike goodies for those who travel by bike.

Time: 11am – 1pm

Date: Friday 17th May 2024

Location: Assembly Hall, DLR County Council, County Hall, Dún Laoghaire

Suitability: All

### **Free Bolt eBike Trial**

National Bike Week gives you a chance to evaluate your personal relationship with cars. Consider taking fewer car journeys this week and see if walking, cycling (or e-bikes) can replace some of those trips. To support you, Bolt and Dún Laoghaire-Rathdown County Council together are offering free e-bike trips\* (1 return trip, up to 20 mins each way) to Bolt users in DLR on Friday 17 May.

Give the eBikes a try and discover the enjoyment and fun that cycling can bring!

Please use discount code: BIKEWEEK24

Time: 00.00 am to 23.59 pm



Date: Friday 17th May 2024

Location: In all Bolt operating areas across DLR

Suitability: For all new and existing eBike riders over 18 years of age.

### **Art Challenge – UCD Bikes – Bike Week 2024**

Join UCD Bikes for an exciting ART CHALLENGE during BIKE WEEK 2024! Get ready to unleash your creativity and show off your artistic skills. We want to see photographs, drawings, paintings, music, any kind of art that evokes emotions, tells stories and encapsulates the essence of cycling for you.

To participate, simply tag us on social media or send us an email and at the end of Bike week we will be selecting the 3 best to give away super prizes.

Time: Anytime

Date: 17/05/2024

Location: Artworks to be shared online

Suitability: Everyone

### **Slang Greenway Heritage Cycle Tour**

An easy heritage cycle hosted by the DLR Heritage Officer, Deirdre Black along the Slang Greenway from Dundrum to Marlay Park. Enjoy new viewpoints on this part of Dublin; the creative innovation of Dun Emer Industries, Slang river nature, local cycling champions, views to mountain top monuments and historic Marlay Park. (Places Limited)

Time: 11am-12am

Date: Saturday 18th May

Location: Assemble at the Ardglass entrance to the Slang Greenway and finish at Marlay Park.

Suitability: All ages

To book your place kindly e mail: [activetravelteam@dlrcoco.ie](mailto:activetravelteam@dlrcoco.ie) (please state Slang Greenway Heritage Cycle Tour in your e mail)



### **Sportsability Day**

Date: Sunday, 26th of May

Time: 3pm - 5pm

Location: Ghaelscoil Sliabh Rua, Ballyogan Road, Dublin 18

Details: This is a fun free event to promote inclusion and accessible sport and activity in Dun Laoghaire Rathdown and the surrounding areas. Those showcasing on the day are welcome to bring any information or promotion material that they wish to share including flyers/ leaflets, pop ups etc. A table and display boards will be provided for each club and set up is from 2.15pm. There will also be an opportunity to demonstrate some activities in 'come and try' taster sessions. Attendees to the event will include people with a disability, families, local disability services, coaches and anyone who has an interest in disability sports.

## **Fingal**

### **Millennium Park Family Fun Day**

We're kicking off BikeWeek with a fantastic family fun day! Come along to Millennium Park Blanchardstown to meet the Active Travel team and try out the Velodrome, Bike Orienteering, or get your bike repaired! Street Velodrome, Bike Orienteering, Rediscovery Centre – bike repairs

Time: 11am-4pm

Date: Saturday 11th May 2024

Location: Millennium Park Blanchardstown

Suitability: Everyone

### **Inclusive Cycling Event**

An inclusive cycling come and try day for children and adults with physical and intellectual disabilities and additional needs. A range of adapted cycles will be available including accessible bikes, Trishaws, Wheelchair Bike. The event is also a chance for graduates of our kids and teens Learn 2 Cycle with a Disability lessons to try out their skills in a safe outdoor environment.

Time: 1pm - 3pm

Date: Sunday 12th May 2024

Location: Phoenix Park

Suitability: People with a Disability





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The boathouse in Balbriggan will host a pop-up bike hub for the duration of Bike Week, with a range of exciting events for everyone! Events include Bike Maintenance Workshops, learn the basics of bike maintenance with the Rediscovery Centre and the Bike Hub, Upcycled Arts Exhibition and art workshops with the Scéal Arts Collective, Bike Yoga workshop, arts upcycling workshops, and much more!

### **Arts Exhibition with Balbriggan's Scéal Arts Collective**

Upcycled arts and crafts workshops with Scéal Arts Collective. Bike Maintenance workshops and demos with the Bike Hub & the Rediscovery Centre.

Chance to try Bleeper bike's range of lease e-bikes, Bike Yoga, Other fun events including: Bike-themed quiz & music, Bike Tattoos- free tattoos for your bike!

Time: Various times see Bike Week | Fingal County Council

Date: All week, Sat 11th May – Sun 19th May 2024

Location: Boathouse Balbriggan

Suitability: Everyone

### **Special Education Cycle Lessons**

As part of Bike Week 2024 we are holding an inclusive come and try cycling event in Millennium Park, Blanchardstown on the New Learn 2 Cycle Track.

The event takes place on Tuesday 14th & Wednesday 15th May and is a great opportunity for Children and Teens with Additional needs to learn some cycling skills in a safe and secure setting. Please see the online form for more information

Time: 10am – 2pm

Date: Tuesday 14th May & Wednesday 15th May 2024

Location: Millennium Park, Blanchardstown

Suitability: Children and teens with additional need

### **Sunset Cycle**

Join us for a relaxed social cycle around the Phoenix Park, with summer tunes from the Dublin Cycling Campaign, Route approx. 5km

Meeting Point: Phoenix Monument Roundabout



Time: 8pm – 9pm

Date: Wednesday 15th May 2024

Location: Meeting Point: Phoenix Monument Roundabout

Suitability: suitable for everyone

### **Lucan BMX Come And Try Sessions For Schools**

Time: 10am – 2pm

Date: Wednesday 15th, Thursday 16th and Friday 17th May 2024

Location: BMX track, St. Catherine's Park

Suitability: Closed event for registered students

### **Lucan BMX Come And Try Sessions For Schools**

Time: 10am – 2pm

Date: Thursday 16th 2024

Location: BMX track, St. Catherine's Park

Suitability: Closed event for registered students

### **Lucan BMX Come and Try Sessions for Schools**

Time: 10am – 2pm

Date: Friday 17th May 2024

Location: BMX track, St. Catherine's Park

Suitability: Closed event for registered students

### **Cycling Without Age Come & Try Event**

A chance to come and try a spin on our Baldoyle Cycling Without Age Trishaw.

Time: 11am – 2pm

Date: Friday 17th May 2024

Location: Racecourse Park, Baldoyle



Suitability: Older Adults and people with mobility restrictions

### **Skerries Community Cycle**

Join us for a spin around Skerries town

Time: 4.45pm

Date: Friday 17th May 2024

Location: Meet at Skerries Mills Car Park

Suitability: Everyone

### **BMX Come and Try Session**

Date: Saturday, 18th of May

Time: 12pm

Location: Lucan BMX Track, St. Catherine's Park, Lucan, Co. Dublin

Details: An introduction to BMX for all ages and abilities. Bikes and helmets will be provided (please wear long sleeves, long trousers and gloves). Aimed at beginners with little to no experience of BMX – open to all ages and abilities.

### **Beginner Cycle**

Date: Saturday, 18th of May

Time: 12pm

Location: Castleknock, Dublin 15

Details: Take part in a social cycle with Castleknock Cycling Club with refreshments after the spin. Newcomers with a reasonable level of fitness to ride 20km (1 hour).

### **Bike Hub – Bike Maintenance Workshop**

Bike maintenance training workshops for general public including bike safety checks.

Time: 10am - 1pm

Date: Saturday 18th May 2024

Location: The Boathouse Balbriggan



Suitability: All, Registration Required

### **Balbriggan Community Bike Ride**

Meeting at Castlelands Community Centre and Cycling to Millpond Park for the Our Nature Festival Picnic

Time: 1pm – 2pm

Date: Saturday 18th May 2024

Location: Meeting at Castlelands Community Centre and Cycling to Millpond Park to join the Our Nature Festival Picnic

Suitability: All, families

### **Bike In Music/Movies At The Warehouse Balbriggan**

Sceal Arts – Bike In Quiz & Music Event. Fun Quiz & Free Concert from Local Music Acts.

Time: 4.30pm-6.30pm

Date: Saturday 18th May 2024

Location: The Warehouse Balbriggan

Suitability: All

### **Portmarnock Community Cycle**

Join us for a relaxed cycle along the Portmarnock to Baldoyle Greenway.

Time: 4pm – 6pm

Date: Saturday 18th May 2024

Location: Meet at Centra on Station Road

Suitability: All, families, child friendly

### **BMX Come and Try Session**

Date: Sunday, 19th of May

Time: 12pm

Location: Lucan BMX Track, St. Catherine's Park, Lucan, Co. Dublin



**CYCLING  
IRELAND**



Details: An introduction to BMX for all ages and abilities. Bikes and helmets will be provided (please wear long sleeves, long trousers and gloves). Aimed at beginners with little to no experience of BMX – open to all ages and abilities.

### **Malahide Bike Parade**

Dress your bike and join us for a bike parade from New Street to join the Family Fun Day at Malahide Castle & Gardens!

No registration required

Time: 10:30am

Date: Sunday, 19th May

Location: Meet at New Street Malahide for cycle to Malahide Castle & Gardens

Suitability: All, Families

### **Malahide Family Fun Day**

Leave the car at home and join us by bike, on foot or by public transport for fun and free activities including:

Family friendly cycle-in movies on the lawn – why not bring a picnic blanket and relax? Bike repairs with the Rediscovery Centre, outdoor games, pedal powered games, trishaw journeys for older people around the Demesne in our Cycling Without Age bike

Time: 11am – 5pm

Date: Sunday 19th May

Location: Malahide Castle & Gardens

Suitability: All, Families

## **South Dublin**

### **Dodder Greenway Community Cycle – Pedal for your Medal**

Time: 11.00am-1.00pm

Date: Saturday 11th May 2024

Location: Start of Cycle Carpark opposite Speaker Connolly, Firhouse



Suitability: All Ages

Link will be available through Eventbrite from Tuesday afternoon 7th May.

### **Sofa To Saddle 50+**

Time: 10am-12pm

Date: Sunday 12th May 2024

Location: Collinstown Sports and Leisure complex

Suitability: For over 50's who want to boost their confidence at cycling

### **Bike Maintenance Clinics At South Dublin Schools**

Time: 8.30am - 3.30pm

Date: Monday 13th May 2024

Location: Various Schools across South Dublin

Suitability: School Students

### **Webinar On Cycling Network**

Time: 7pm-8pm

Date: Tuesday 14th May 2024

Location: Online through Teams

Suitability: All Ages Welcome

Link will be available through Eventbrite from Tuesday afternoon 7th May.

### **Bike To Workday**

Time: All day

Date: Wednesday 15th May 2024

Location: County Hall Tallaght

Suitability: Everyone interested in Cycling



### **Webinar On Making Cycling Fun**

Time 7pm-8pm

Date: Thursday 16th May 2024

Location: Online through Team

Suitability: All Ages Welcome

Link will be available through Eventbrite from Tuesday afternoon 7th May.

### **Women On Wheels**

Time: 6.30pm – 8.30pm

Date: Friday 17th May 2024

Location: Collinstown Sports and Leisure Complex

Suitability: Confidence training for women to start back cycling

### **Pump Track Open Day**

Date: Saturday, 18th of May

Time: 12pm

Location: Dodder Valley Pump Track, Firhouse, Dublin 24

Details: A fun and inclusive event aimed at children 8+, teens and adults of all abilities.